

KOBIETY NA 5+ :: BIEG

Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
 Data: 2019-05-26
 Miejsce: Jastrzębie-Zdrój
 Dystans: 5.3 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE



B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

KOBIETY NA 5+ :: BIEG, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|--------------------------------|------|---------------------------------------|----------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 1 | ŚLĘZAK SYLWIA | 3 | 1 SECOND TEAM | CZĘSTOCHOWA | POLSKA | 20-29 | 1 | 1 | 00:07:57 | 00:18:30.40 | 00:18:31.00 | 3:29 | 17.2 |
| 2 | MICHALAK SANDRA | 4 | TRIATHLON X TEAM / FIZJO SPORT SANDRA | SOSNOWIEC | POLSKA | 30-39 | 1 | 2 | 00:08:05 | 00:19:10.50 | 00:19:11.05 | 3:37 | 16.6 |
| 3 | SUWAJ ANETA | 1 | AZS-AWF KATOWICE/ALPINSPO RT TEAM | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 2 | 3 | 00:08:34 | 00:19:15.10 | 00:19:15.85 | 3:37 | 16.5 |
| 4 | MENDECKA MICHALINA | 2 | MOSIR ŁAZISKA GÓRNE/1 SECOND TEAM | ŁAZISKA GÓRNE | POLSKA | 20-29 | 2 | 4 | 00:08:16 | 00:19:24.80 | 00:19:25.45 | 3:39 | 16.4 |
| 5 | PATAS MAGDALENA | 5 | FORMA WODZISŁAW ŚLĄSKI | WODZISŁAW ŚLĄSKI | POLSKA | 20-29 | 3 | 5 | 00:08:37 | 00:19:56.15 | 00:19:57.05 | 3:45 | 15.9 |
| 6 | MENDECKA DARIA | 363 | MOSIR ŁAZISKA GÓRNE/1 SECOND TEAM | RUDA ŚLĄSKA | POLSKA | 20-29 | 4 | 6 | 00:08:46 | 00:20:17.85 | 00:20:18.45 | 3:49 | 15.7 |
| 7 | BIELIŃSKA MONIKA | 1075 | | PRZYSZOWICE | POLSKA | 30-39 | 3 | 7 | 00:08:46 | 00:20:28.55 | 00:20:29.45 | 3:51 | 15.5 |
| 8 | SZELEST BARBARA | 6 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 40-49 | 1 | 8 | 00:08:51 | 00:20:36.95 | 00:20:37.70 | 3:53 | 15.4 |
| 9 | RENCZ MAŁGORZATA | 586 | MORS HUBERTUS MYSŁOWICE | ORZESZE | POLSKA | 40-49 | 2 | 9 | 00:08:48 | 00:20:41.90 | 00:20:42.65 | 3:54 | 15.4 |
| 10 | ADAMCZYK-NOWAK BEATA | 600 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 3 | 10 | 00:09:05 | 00:20:51.85 | 00:20:54.35 | 3:56 | 15.2 |
| 11 | WOJTASZEWSKA SABINA | 9 | KLUB BIEGNĘ BO LUBIĘ RACIBÓRZ | RACIBÓRZ | POLSKA | 30-39 | 4 | 11 | 00:08:55 | 00:21:03.95 | 00:21:05.40 | 3:58 | 15.1 |
| 12 | KANCLERZ-JANUSZEWSKA KATARZYNA | 676 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 1 | 12 | 00:09:07 | 00:21:06.90 | 00:21:08.30 | 3:59 | 15.1 |
| 13 | ADAMUS-KOWALSKA JUSTYNA | 10 | LKS IMIELIN | IMIELIN | POLSKA | 40-49 | 4 | 13 | 00:08:54 | 00:21:23.70 | 00:21:25.15 | 4:02 | 14.9 |
| 14 | JANKO ANNA | 107 | HRMAX ŻORY | ŻORY | POLSKA | 20-29 | 5 | 14 | 00:09:16 | 00:21:26.35 | 00:21:27.80 | 4:02 | 14.8 |
| 15 | PAWTEL AGATA | 8 | | RYBNIK | POLSKA | 30-39 | 5 | 15 | 00:09:09 | 00:21:38.20 | 00:21:39.40 | 4:04 | 14.7 |
| 16 | WODZIŃSKA DANUTA | 145 | | KRAPKOWICE | POLSKA | 40-49 | 5 | 16 | 00:09:26 | 00:21:48.45 | 00:21:50.00 | 4:06 | 14.6 |
| 17 | WRONSKA BEATA | 857 | NASZA SZKOŁA ZABRZE | CHORZÓW | POLSKA | 30-39 | 6 | 17 | 00:09:23 | 00:21:54.75 | 00:21:56.00 | 4:08 | 14.5 |
| 18 | PIETRAS SYLWIA | 190 | MIECHOWICKA GRUPA BIEGOWA | ZABRZE | POLSKA | 30-39 | 7 | 18 | 00:09:41 | 00:21:56.80 | 00:22:02.45 | 4:08 | 14.5 |
| 19 | BISKUP ANNA | 278 | STS BIEGATON MIKOŁÓW | ORNONTOWICE | POLSKA | 40-49 | 6 | 19 | 00:09:25 | 00:22:04.70 | 00:22:05.70 | 4:09 | 14.4 |
| 20 | KRUPOWICZ WIKTORIA | 1188 | | MYSŁOWICE | POLSKA | 20-29 | 6 | 20 | 00:09:39 | 00:22:23.10 | 00:22:28.90 | 4:13 | 14.2 |
| 21 | SZAFARCZYK EUGENIA | 483 | RUNSZ-TEAM | OCHABY MAŁE | POLSKA | 50-59 | 2 | 21 | 00:09:46 | 00:22:34.15 | 00:22:35.05 | 4:15 | 14.1 |
| 22 | KAJTOCH JOLANTA | 366 | BIE RUN | BIERUŃ | POLSKA | 30-39 | 8 | 22 | 00:09:49 | 00:22:38.50 | 00:22:40.45 | 4:16 | 14 |
| 23 | MYSLIWIEC ELA | 396 | DYSTANS LUBOMIA | LUBOMIA | POLSKA | 30-39 | 10 | 23 | 00:09:42 | 00:22:42.90 | 00:22:44.65 | 4:17 | 14 |
| 24 | MALEJKA KATARZYNA | 415 | ADS MASNA | KATOWICE | POLSKA | 40-49 | 7 | 24 | 00:09:46 | 00:22:39.20 | 00:22:46.45 | 4:16 | 14 |
| 25 | BODNAR ANNA | 670 | 1 LIGA TEAM | CIESZYN | POLSKA | 30-39 | 11 | 25 | 00:09:52 | 00:22:50.15 | 00:22:52.45 | 4:18 | 13.9 |
| 26 | RYBICA ELIZA | 845 | KRYTA PŁYWALNIA LAGUNA | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 13 | 26 | 00:09:31 | 00:23:02.75 | 00:23:04.20 | 4:20 | 13.8 |
| 27 | KUDIO DARIA | 1034 | | RYBNIK | POLSKA | 30-39 | 12 | 27 | 00:10:05 | 00:23:01.30 | 00:23:05.95 | 4:20 | 13.8 |
| 28 | KRZYWIŃSKA PATRYCJA | 342 | RUN BABY POLSKA | GLIWICE | POLSKA | 30-39 | 14 | 28 | 00:10:03 | 00:23:06.05 | 00:23:07.00 | 4:21 | 13.8 |
| 29 | PORCZYŃSKA PATRYCJA | 891 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 30-39 | 9 | 29 | 00:09:58 | 00:22:41.90 | 00:23:13.75 | 4:16 | 14 |
| 30 | MISTEROWICZ KINGA | 371 | RUNSZ-TEAM | OCHABY MAŁE | POLSKA | 20-29 | 7 | 30 | 00:10:10 | 00:23:19.55 | 00:23:20.20 | 4:24 | 13.6 |
| 31 | PIWISZKIS BARBARA | 149 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 15 | 31 | 00:09:39 | 00:23:32.55 | 00:23:34.55 | 4:26 | 13.5 |
| 32 | LEGIERSKA NATALIA | 972 | KB MOSIR JASTRZĘBIE | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 16 | 32 | 00:10:24 | 00:23:39.00 | 00:23:40.50 | 4:27 | 13.4 |
| 33 | KONSEK EDYTA | 1086 | | GOLASOWICE | POLSKA | 16-19 | 1 | 33 | 00:10:04 | 00:23:43.60 | 00:23:50.60 | 4:28 | 13.4 |
| 34 | ZĘBIK GRAŻYNA | 519 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 8 | 34 | 00:09:54 | 00:23:48.00 | 00:23:50.85 | 4:29 | 13.4 |
| 35 | GLOGOWSKA-BYRTEK KAMILA | 986 | EKOIDEA/JUSTFEELFIT | WĘGIERSKA GÓRKA | POLSKA | 30-39 | 17 | 35 | 00:10:00 | 00:23:55.65 | 00:23:57.35 | 4:30 | 13.3 |
| 36 | POZNIAK MAŁGORZATA | 1132 | | DOBRZEŃ WIELKI | POLSKA | 16-19 | 2 | 36 | 00:10:24 | 00:23:49.35 | 00:23:58.80 | 4:29 | 13.4 |
| 37 | ANDROSZ BEATA | 781 | | RUDA ŚLĄSKA | POLSKA | 40-49 | 10 | 37 | 00:09:59 | 00:23:58.95 | 00:24:01.30 | 4:31 | 13.3 |
| 38 | JURECZKO MONIKA | 423 | STS BIEGATON | KATOWICE | POLSKA | 40-49 | 11 | 38 | 00:10:11 | 00:23:59.15 | 00:24:01.75 | 4:31 | 13.3 |
| 39 | KWAPISZ-BONUSIAK DOROTA | 456 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 18 | 39 | 00:10:29 | 00:24:00.65 | 00:24:05.60 | 4:31 | 13.2 |
| 40 | STUHLIK MAGDALENA | 258 | AKTYWNA PSZCZYNA RUNNERS TEAM | JARZĄBKOWICE | POLSKA | 30-39 | 19 | 40 | 00:10:08 | 00:24:03.25 | 00:24:05.80 | 4:32 | 13.2 |
| 41 | WINIARSKA MONIKA | 738 | BIEGIEM PRZEZ GÓRY | ŻORY | POLSKA | 30-39 | 20 | 41 | 00:10:08 | 00:24:03.75 | 00:24:06.10 | 4:32 | 13.2 |
| 42 | STĘPIEN-WYROBIEC OLGA | 446 | JKŁA JAWOR JAWORZNO | JAWORZNO | POLSKA | 40-49 | 9 | 42 | 00:10:06 | 00:23:57.10 | 00:24:06.50 | 4:31 | 13.3 |
| 43 | WYSOCKA AGNIESZKA | 834 | NESSI TEAM | CZECHOWICE-DZIEDZICE | POLSKA | 40-49 | 12 | 43 | 00:10:05 | 00:24:03.10 | 00:24:07.30 | 4:32 | 13.2 |
| 44 | MENŻYK JOANNA | 43 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 40-49 | 13 | 44 | 00:10:14 | 00:24:08.80 | 00:24:10.55 | 4:33 | 13.2 |
| 45 | JONKISZ DOROTA | 856 | BIELSZCZANKI BIEGAJĄ | CZECHOWICE DZIEDZICE | POLSKA | 50-59 | 3 | 45 | 00:10:12 | 00:24:10.00 | 00:24:13.90 | 4:33 | 13.2 |
| 46 | LERCH BOŻENA | 740 | RUNTEAM PAWŁOWICE | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 21 | 46 | 00:10:23 | 00:24:11.85 | 00:24:16.35 | 4:33 | 13.1 |
| 47 | FEDEROWICZ PAULINA | 304 | | GÓRKI WIELKIE | POLSKA | 20-29 | 8 | 47 | 00:10:21 | 00:24:09.30 | 00:24:18.45 | 4:33 | 13.2 |
| 48 | LECHOCKA PATRYCJA | 1006 | EKO-OKNA RUNNERS | PSZÓW | POLSKA | 30-39 | 22 | 48 | 00:10:20 | 00:24:12.90 | 00:24:21.20 | 4:34 | 13.1 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|--------------------------|------|---|------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 49 | POZNIAK MARIA | 1136 | | DOBRZEŃ WIELKI | POLSKA | 20-29 | 9 | 49 | 00:10:26 | 00:24:17.40 | 00:24:26.25 | 4:35 | 13.1 |
| 50 | STANULA KAROLINA | 958 | ŻORY | ŻORY | POLSKA | 40-49 | 14 | 50 | 00:10:50 | 00:24:24.30 | 00:24:32.70 | 4:36 | 13 |
| 51 | SOBOTKA DOMINIKA | 308 | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | RYBNIK | POLSKA | 30-39 | 24 | 51 | 00:10:25 | 00:24:26.90 | 00:24:33.85 | 4:36 | 13 |
| 52 | NGUYEM DOROTA | 322 | RYBNICKA GRUPA BIEGOWA | RADLIN | POLSKA | 30-39 | 23 | 52 | 00:10:24 | 00:24:26.65 | 00:24:34.15 | 4:36 | 13 |
| 53 | FIEC WIKTORIA | 69 | INŻYNIERIA BIEGANIA | RYBNIK | POLSKA | 20-29 | 10 | 53 | 00:10:24 | 00:24:31.95 | 00:24:34.90 | 4:37 | 13 |
| 54 | KURASZ JOANNA | 160 | STS BIEGATON MIKOŁÓW | MIKOŁÓW | POLSKA | 30-39 | 26 | 54 | 00:10:38 | 00:24:37.15 | 00:24:40.40 | 4:38 | 12.9 |
| 55 | LORANC IZABELA | 819 | NUTREND BIEGA | BIELSKO-BIAŁA | POLSKA | 40-49 | 15 | 55 | 00:10:42 | 00:24:38.15 | 00:24:40.65 | 4:38 | 12.9 |
| 56 | JURASZEK ELZBIETA | 219 | JUSTFEELFIT | JELEŚNIA | POLSKA | 30-39 | 25 | 56 | 00:10:48 | 00:24:34.15 | 00:24:41.80 | 4:38 | 12.9 |
| 57 | OPALSKA KAROLINA | 1134 | NESSI TEAM | BRZESZCZE | POLSKA | 30-39 | 27 | 57 | 00:10:30 | 00:24:37.55 | 00:24:44.50 | 4:38 | 12.9 |
| 58 | OLBRYCH MONIKA | 755 | MORS HUBERTUS MYŚŁOWICE | MYŚŁOWICE | POLSKA | 30-39 | 28 | 58 | 00:10:44 | 00:24:45.10 | 00:24:47.15 | 4:40 | 12.8 |
| 59 | SOKOŁOWSKA ANNA | 1173 | BRAK | MESZNA | POLSKA | 50-59 | 4 | 59 | 00:10:14 | 00:24:50.50 | 00:24:52.25 | 4:41 | 12.8 |
| 60 | BORKOWSKA PAULINA | 830 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 30 | 60 | 00:10:38 | 00:24:52.65 | 00:24:57.20 | 4:41 | 12.8 |
| 61 | KANIA AGNIESZKA | 794 | | MYŚŁOWICE | POLSKA | 30-39 | 29 | 61 | 00:10:36 | 00:24:50.10 | 00:24:59.45 | 4:41 | 12.8 |
| 62 | PARZYCH KATARZYNA | 112 | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | RYBNIK | POLSKA | 40-49 | 16 | 62 | 00:10:37 | 00:24:59.80 | 00:25:06.80 | 4:42 | 12.7 |
| 63 | FRANKE ILONA | 1058 | STS BIEGATON MIKOŁÓW | MIKOŁÓW | POLSKA | 50-59 | 5 | 63 | 00:10:38 | 00:25:04.70 | 00:25:08.15 | 4:43 | 12.7 |
| 64 | PAWEŁEK PAULINA | 555 | OŚRODEK REWALIDACYJNO - WYCHOWAWCZY DLA DZIECI W JASTRZĘBIU - ZDROJU. | GOLASOWICE | POLSKA | 30-39 | 32 | 64 | 00:10:50 | 00:24:55.30 | 00:25:08.15 | 4:42 | 12.8 |
| 65 | KAROLAK MARTYNA | 584 | RUNTEAM PAWŁOWICE | GOLASOWICE | POLSKA | 30-39 | 31 | 65 | 00:10:49 | 00:24:55.25 | 00:25:08.45 | 4:42 | 12.8 |
| 66 | CZYŻ LEONARDA | 1197 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 17 | 66 | 00:10:44 | 00:25:06.15 | 00:25:09.05 | 4:44 | 12.7 |
| 67 | NIESŁANCZYK MAŁGORZATA | 161 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 18 | 67 | 00:10:30 | 00:25:06.65 | 00:25:09.55 | 4:44 | 12.7 |
| 68 | KUŁAKOWSKA PATRYCJA | 108 | | JASTRZĘBIE-ZDROJ | POLSKA | 20-29 | 11 | 68 | 00:10:28 | 00:25:07.85 | 00:25:10.95 | 4:44 | 12.7 |
| 69 | KOPIEC IZABELA | 137 | KOSZULKA HYNIA | SKRZYSZÓW | POLSKA | 30-39 | 33 | 69 | 00:10:45 | 00:25:09.00 | 00:25:11.35 | 4:44 | 12.6 |
| 70 | MORAWSKA JULIA | 495 | UKS CHROMIK MYŚŁOWICE | MYŚŁOWICE | POLSKA | 16-19 | 3 | 70 | 00:10:23 | 00:25:14.70 | 00:25:15.85 | 4:45 | 12.6 |
| 71 | WOWRY SYLWIA | 1258 | OLZA CIESZYN | CIESZYN | POLSKA | 30-39 | 34 | 71 | 00:10:45 | 00:25:13.70 | 00:25:16.80 | 4:45 | 12.6 |
| 72 | NOWAK BEATA | 1207 | OLZA CIESZYN | PUNĆÓW | POLSKA | 40-49 | 19 | 72 | 00:10:43 | 00:25:14.05 | 00:25:17.15 | 4:45 | 12.6 |
| 73 | KONIECZNY SANDRA | 271 | DYCUZ TEAM | ZDZIESZOWICE | POLSKA | 30-39 | 35 | 73 | 00:10:49 | 00:25:15.30 | 00:25:19.35 | 4:45 | 12.6 |
| 74 | GĘBOŁYŚ BEATA | 1271 | CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI | BIERUŃ | POLSKA | 40-49 | 20 | 74 | 00:10:45 | 00:25:15.70 | 00:25:19.40 | 4:46 | 12.6 |
| 75 | MRACHACZ DOROTA | 1008 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 50-59 | 6 | 75 | 00:10:49 | 00:25:07.35 | 00:25:20.25 | 4:44 | 12.7 |
| 76 | DOMIN-ZBYL AGNIESZKA | 1035 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 21 | 76 | 00:10:38 | 00:25:22.50 | 00:25:27.00 | 4:47 | 12.5 |
| 77 | PASŁAWSKA KATARZYNA | 105 | KOBIETY NA 5 + | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 22 | 77 | 00:10:44 | 00:25:23.50 | 00:25:27.35 | 4:47 | 12.5 |
| 78 | SICH- SOSNA AGNIESZKA | 204 | | ŁAZISKA | POLSKA | 40-49 | 23 | 78 | 00:11:02 | 00:25:25.25 | 00:25:27.90 | 4:47 | 12.5 |
| 79 | SICH-SWIATAŁA MAŁGORZATA | 180 | | KROSTOSZOWICE | POLSKA | 40-49 | 24 | 79 | 00:11:02 | 00:25:25.65 | 00:25:28.20 | 4:47 | 12.5 |
| 80 | GORZELAK JOANNA | 753 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 37 | 80 | 00:10:48 | 00:25:24.00 | 00:25:30.60 | 4:47 | 12.5 |
| 81 | WŁOKA JESSICA | 1187 | BIEGAMY Z OSZCZEPEM | KATOWICE | POLSKA | 20-29 | 12 | 81 | 00:10:35 | 00:25:24.50 | 00:25:32.15 | 4:47 | 12.5 |
| 82 | ŻAK SONIA | 377 | ORŁY Z KNUROWA | KNURÓW | POLSKA | 30-39 | 36 | 82 | 00:11:04 | 00:25:22.00 | 00:25:34.55 | 4:47 | 12.5 |
| 83 | MANISZEWSKA DOROTA | 437 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 27 | 83 | 00:10:43 | 00:25:32.35 | 00:25:37.45 | 4:49 | 12.5 |
| 84 | LEDNIEWSKA WERONIKA | 1103 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 16-19 | 4 | 84 | 00:10:41 | 00:25:31.85 | 00:25:38.50 | 4:49 | 12.5 |
| 85 | BROCKOWSKA SYLWIA | 186 | | ŻORY | POLSKA | 40-49 | 28 | 85 | 00:10:37 | 00:25:34.35 | 00:25:38.60 | 4:49 | 12.4 |
| 86 | WILCZEK MAŁGORZATA | 745 | | CIESZYN | POLSKA | 20-29 | 13 | 86 | 00:11:02 | 00:25:25.45 | 00:25:39.20 | 4:47 | 12.5 |
| 87 | GREENE AGNIESZKA | 1170 | | USTRÓŃ | POLSKA | 40-49 | 26 | 87 | 00:11:00 | 00:25:28.60 | 00:25:39.45 | 4:48 | 12.5 |
| 88 | KASPERCZYK ALEKSANDRA | 927 | | RUDA ŚLĄSKA | POLSKA | 40-49 | 29 | 88 | 00:10:43 | 00:25:36.90 | 00:25:40.00 | 4:50 | 12.4 |
| 89 | HANDZLIK-STARZYK ANNA | 221 | | PORĘBA WIELKA | POLSKA | 40-49 | 25 | 89 | 00:11:06 | 00:25:26.95 | 00:25:40.75 | 4:48 | 12.5 |
| 90 | RZEPECKA BOŻENA | 704 | OLZA CIESZYN | POGWIZDOW | POLSKA | 50-59 | 7 | 90 | 00:10:44 | 00:25:35.45 | 00:25:41.85 | 4:49 | 12.4 |
| 91 | PASTUSZKA ALEKSANDRA | 955 | FIT STACJA | PSZCZYNA | POLSKA | 30-39 | 39 | 91 | 00:10:50 | 00:25:31.05 | 00:25:45.65 | 4:48 | 12.5 |
| 92 | DYCEK BASIA | 367 | DYCUZ TEAM | ZDZIESZOWICE | POLSKA | 20-29 | 15 | 92 | 00:11:12 | 00:25:47.95 | 00:25:52.35 | 4:52 | 12.3 |
| 93 | KUBIAK EDYTA | 434 | | WODZISŁAW ŚLĄSKI | POLSKA | 20-29 | 16 | 93 | 00:11:29 | 00:25:50.80 | 00:25:56.90 | 4:52 | 12.3 |
| 94 | SMYCZEK MAGDALENA | 749 | | BEŁK | POLSKA | 20-29 | 14 | 94 | 00:11:06 | 00:25:29.95 | 00:25:57.75 | 4:48 | 12.5 |
| 95 | BURZYŃSKA ŻANETA | 189 | | WODZISŁAW ŚLĄSKI | POLSKA | 20-29 | 17 | 95 | 00:10:49 | 00:25:54.70 | 00:25:58.30 | 4:53 | 12.3 |
| 96 | HELIOŚZ AGNIESZKA | 533 | INTERAKTYWNI KROSTOSZOWICE | KROSTOSZOWICE | POLSKA | 40-49 | 36 | 96 | 00:10:59 | 00:25:56.60 | 00:25:58.65 | 4:53 | 12.3 |
| 97 | LORENZ AGNIESZKA | 994 | GALOPUJĄCE ŚLIMAKI | JASTRZĘBIE | POLSKA | 40-49 | 31 | 97 | 00:10:53 | 00:25:52.35 | 00:25:59.45 | 4:52 | 12.3 |
| 98 | SZWEDA DOROTA | 837 | | CHORZÓW | POLSKA | 40-49 | 34 | 98 | 00:10:42 | 00:25:55.35 | 00:26:00.15 | 4:53 | 12.3 |
| 99 | SZAJBEL JOANNA | 1119 | PARKRUN KATOWICE | KATOWICE | POLSKA | 40-49 | 32 | 99 | 00:11:03 | 00:25:52.35 | 00:26:01.20 | 4:53 | 12.3 |
| 100 | MARYNIAK EWELINA | 782 | | BYTOM | POLSKA | 40-49 | 30 | 100 | 00:11:07 | 00:25:49.05 | 00:26:02.20 | 4:52 | 12.3 |
| 101 | OPUHLIK ALEKSANDRA | 861 | AKTYWNA PSZCZYNA RUNNERS TEAM | STUDZIENICE | POLSKA | 30-39 | 41 | 101 | 00:11:13 | 00:25:59.70 | 00:26:02.65 | 4:54 | 12.2 |
| 102 | JAKUBOWSKA MAŁGORZATA | 129 | | PAWŁOWICE | POLSKA | 30-39 | 40 | 102 | 00:11:01 | 00:25:40.95 | 00:26:04.00 | 4:50 | 12.4 |
| 103 | SZYMURA IZABELA | 518 | DECATHLON RYBNIK & PRZYJACIELE | RYBNIK | POLSKA | 40-49 | 33 | 103 | 00:11:09 | 00:25:54.30 | 00:26:04.85 | 4:53 | 12.3 |
| 104 | PAJESTKA KATARZYNA | 343 | | RUDA ŚLĄSKA | POLSKA | 40-49 | 37 | 104 | 00:10:43 | 00:25:59.15 | 00:26:05.85 | 4:54 | 12.2 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|------------------------|------|---------------------------|------------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 105 | KRUPOWICZ ANETA | 1183 | | MYSŁOWICE | POLSKA | 40-49 | 38 | 105 | 00:10:50 | 00:26:00.55 | 00:26:06.20 | 4:54 | 12.2 |
| 106 | DAICZMANEK ALEKSANDRA | 309 | | WODZISŁAW ŚLĄSKI | POLSKA | 30-39 | 42 | 106 | 00:11:12 | 00:25:59.75 | 00:26:08.15 | 4:54 | 12.2 |
| 107 | ŁOZIŃSKA EDYTA | 1100 | MIECHOWICKA GRUPA BIEGOWA | RUDA ŚLĄSKA | POLSKA | 30-39 | 38 | 107 | 00:11:23 | 00:25:24.65 | 00:26:12.05 | 4:47 | 12.5 |
| 108 | SOLTYSZEK BARBARA | 117 | JUSTFEELFIT TEAM | CISIEC | POLSKA | 40-49 | 35 | 108 | 00:10:54 | 00:25:56.50 | 00:26:19.95 | 4:53 | 12.3 |
| 109 | GNAŚ ANNA | 116 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 47 | 109 | 00:10:57 | 00:26:21.00 | 00:26:24.85 | 4:58 | 12.1 |
| 110 | DURAJ MAGDALENA | 1223 | | BYSTRA | POLSKA | 30-39 | 49 | 110 | 00:10:55 | 00:26:22.85 | 00:26:25.15 | 4:58 | 12.1 |
| 111 | KANDORA JOANNA | 468 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 41 | 111 | 00:11:03 | 00:26:19.30 | 00:26:25.20 | 4:58 | 12.1 |
| 112 | ZAMOJSKA IWONA | 636 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 42 | 112 | 00:11:03 | 00:26:19.55 | 00:26:25.45 | 4:58 | 12.1 |
| 113 | BURY NATALIA | 90 | JUSTFEELFIT TEAM | CISIEC | POLSKA | 20-29 | 18 | 113 | 00:10:54 | 00:26:04.65 | 00:26:28.10 | 4:55 | 12.2 |
| 114 | GARUS MAGDALENA | 904 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 44 | 114 | 00:11:05 | 00:26:26.50 | 00:26:28.45 | 4:59 | 12 |
| 115 | GUMULAK ANNA | 889 | CIDRY LOTAJOM | BYTOM | POLSKA | 30-39 | 43 | 115 | 00:11:53 | 00:26:15.10 | 00:26:28.70 | 4:57 | 12.1 |
| 116 | DRACZKA-KNOPIK MONIKA | 58 | STS BIEGATON MIKOŁÓW | MIKOŁÓW | POLSKA | 40-49 | 40 | 116 | 00:11:21 | 00:26:19.15 | 00:26:28.90 | 4:57 | 12.1 |
| 117 | RAFA ASIA | 780 | | POPLE | POLSKA | 30-39 | 48 | 117 | 00:11:02 | 00:26:21.50 | 00:26:30.05 | 4:58 | 12.1 |
| 118 | TIEBLER MARLENA | 229 | STS BIEGATON MIKOŁÓW | ŁAZISKA GÓRNE | POLSKA | 30-39 | 46 | 118 | 00:11:15 | 00:26:20.05 | 00:26:30.30 | 4:58 | 12.1 |
| 119 | BOROWICZ ROKSANA | 1276 | ORŁY Z KNURÓW | GIERAŁTOWICE | POLSKA | 30-39 | 45 | 119 | 00:11:21 | 00:26:18.15 | 00:26:32.05 | 4:57 | 12.1 |
| 120 | PAWŁOWSKA BEATA | 903 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 40-49 | 39 | 120 | 00:11:48 | 00:26:07.65 | 00:26:34.90 | 4:55 | 12.2 |
| 121 | LERCH EWA | 833 | RUNTEAM PAWŁOWICE | JASTRZĘBIE - ZDRÓJ | POLSKA | 20-29 | 19 | 121 | 00:11:12 | 00:26:24.50 | 00:26:35.05 | 4:59 | 12 |
| 122 | GIEDWIŁO MARTA | 173 | NESSI TEAM | TYCHY | POLSKA | 30-39 | 44 | 122 | 00:11:43 | 00:26:15.95 | 00:26:35.90 | 4:57 | 12.1 |
| 123 | DOBRY TERESA | 582 | | PSZCZYNA | POLSKA | 40-49 | 43 | 123 | 00:11:07 | 00:26:24.85 | 00:26:39.90 | 4:58 | 12 |
| 124 | BOJDA BRYGIDA | 567 | ŚWIRYSTELA | PIERŚCIEC | POLSKA | 40-49 | 45 | 124 | 00:11:08 | 00:26:32.85 | 00:26:42.20 | 5:00 | 12 |
| 125 | WAWRO MAŁGORZATA | 1274 | | KATOWICE | POLSKA | 50-59 | 8 | 125 | 00:11:15 | 00:26:34.65 | 00:26:42.90 | 5:00 | 12 |
| 126 | CHROBOK JÓZEFA | 391 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 48 | 126 | 00:11:15 | 00:26:40.45 | 00:26:46.55 | 5:01 | 11.9 |
| 127 | LAPMAN ANNA | 1263 | | RYDUŁTOWY | POLSKA | 40-49 | 47 | 127 | 00:11:13 | 00:26:37.50 | 00:26:47.15 | 5:01 | 11.9 |
| 128 | ZARAŃSKA IZABELA | 976 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 50 | 128 | 00:11:16 | 00:26:44.55 | 00:26:48.75 | 5:02 | 11.9 |
| 129 | PASTUCHA ANNA | 720 | CROSS KRAPKOWICE | KRAPKOWICE | POLSKA | 60+ | 1 | 129 | 00:11:24 | 00:26:42.80 | 00:26:53.15 | 5:02 | 11.9 |
| 130 | FRANEK AGATA | 100 | | WODZISŁAW ŚLĄSKI | POLSKA | 30-39 | 52 | 130 | 00:11:14 | 00:26:47.40 | 00:26:56.85 | 5:03 | 11.9 |
| 131 | GRZEGORZEK KATARZYNA | 295 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIALA | POLSKA | 30-39 | 50 | 131 | 00:11:25 | 00:26:42.65 | 00:26:58.60 | 5:02 | 11.9 |
| 132 | ZDANCEWICZ WIOLETTA | 950 | FITOLKA | WODZISŁAW ŚLĄSKI | POLSKA | 50-59 | 9 | 132 | 00:11:05 | 00:26:47.80 | 00:26:58.80 | 5:03 | 11.9 |
| 133 | JANIK ILONA | 1074 | ŚWIRY STELA | CHYBIE | POLSKA | 40-49 | 54 | 133 | 00:11:45 | 00:26:52.35 | 00:27:02.70 | 5:04 | 11.8 |
| 134 | URBAŃCZYK ALICJA | 119 | | PSZCZYNA | POLSKA | 30-39 | 58 | 134 | 00:11:20 | 00:26:56.15 | 00:27:03.40 | 5:04 | 11.8 |
| 135 | STOCHNIJ KATARZYNA | 680 | | CHORZÓW | POLSKA | 30-39 | 53 | 135 | 00:11:43 | 00:26:49.95 | 00:27:03.40 | 5:03 | 11.9 |
| 136 | MAZUR-RUBINSKA MILENA | 528 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 61 | 136 | 00:11:22 | 00:27:00.60 | 00:27:04.50 | 5:05 | 11.8 |
| 137 | KOMAJDA BARBARA | 643 | OLZA CIESZYN | CIESZYN | POLSKA | 30-39 | 59 | 137 | 00:11:09 | 00:26:56.85 | 00:27:04.60 | 5:05 | 11.8 |
| 138 | GÓRA MARTA | 496 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 60 | 138 | 00:11:12 | 00:27:00.00 | 00:27:05.10 | 5:05 | 11.8 |
| 139 | GEMBALA MONIKA | 809 | | BĘK | POLSKA | 20-29 | 21 | 139 | 00:11:56 | 00:26:51.15 | 00:27:05.40 | 5:03 | 11.8 |
| 140 | WRÓBEL ANNA | 1059 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 20-29 | 23 | 140 | 00:11:18 | 00:27:02.30 | 00:27:06.95 | 5:06 | 11.8 |
| 141 | RÓŻAK ALICJA | 751 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 30-39 | 51 | 141 | 00:11:41 | 00:26:46.70 | 00:27:07.15 | 5:03 | 11.9 |
| 142 | BANASZEWSKA ALEKSANDRA | 118 | KS M.E.T.A | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 56 | 142 | 00:10:49 | 00:26:53.80 | 00:27:07.35 | 5:04 | 11.8 |
| 143 | KUCZEK KATARZYNA | 864 | | SIEMIANOWICE ŚLĄSKIE | POLSKA | 40-49 | 55 | 143 | 00:11:20 | 00:26:56.40 | 00:27:08.45 | 5:04 | 11.8 |
| 144 | HERUD MAGDALENA | 1066 | EKO-OKNA RUNNERS | PIETROWICE WIELKIE | POLSKA | 30-39 | 57 | 144 | 00:11:03 | 00:26:56.15 | 00:27:09.80 | 5:04 | 11.8 |
| 145 | WACŁAWIK EWA | 203 | | BAKÓW | POLSKA | 40-49 | 46 | 145 | 00:11:42 | 00:26:36.65 | 00:27:10.40 | 5:01 | 11.9 |
| 146 | WOŹNIAK JOANNA | 1052 | | UL. WITOSA 61B, RYBNIK | POLSKA | 40-49 | 57 | 146 | 00:11:39 | 00:27:08.35 | 00:27:13.45 | 5:07 | 11.7 |
| 147 | HYŁA ALEKSANDRA | 32 | KRS MORSY.PL | MSZANA | POLSKA | 20-29 | 22 | 147 | 00:11:47 | 00:26:58.00 | 00:27:13.75 | 5:05 | 11.8 |
| 148 | SITKO AGNIESZKA | 942 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 30-39 | 55 | 148 | 00:11:40 | 00:26:53.20 | 00:27:14.70 | 5:04 | 11.8 |
| 149 | PYTEL RENATA | 960 | | PIELGRZYMOWICE | POLSKA | 50-59 | 10 | 149 | 00:11:10 | 00:27:10.05 | 00:27:15.30 | 5:07 | 11.7 |
| 150 | LEMAŃSKA KAMPA BARBARA | 432 | STS BIEGATON MIKOŁÓW | ŁAZISKA GÓRNE | POLSKA | 40-49 | 56 | 150 | 00:11:22 | 00:27:07.20 | 00:27:16.45 | 5:06 | 11.7 |
| 151 | DŁUGOSZ PATRYCJA | 425 | ADSL MASNA | MYSŁOWICE | POLSKA | 30-39 | 64 | 151 | 00:11:10 | 00:27:10.30 | 00:27:17.65 | 5:07 | 11.7 |
| 152 | SKOŃNICA KAROLINA | 897 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 30-39 | 54 | 152 | 00:12:01 | 00:26:51.35 | 00:27:17.95 | 5:03 | 11.8 |
| 153 | WIECHOWSKA SABINA | 469 | | WODZISŁAW ŚLĄSKI | POLSKA | 30-39 | 66 | 153 | 00:11:20 | 00:27:15.00 | 00:27:18.45 | 5:08 | 11.7 |
| 154 | SKORUPA MAGDALENA | 195 | | PRZEGĘDZA | POLSKA | 20-29 | 20 | 154 | 00:11:50 | 00:26:30.80 | 00:27:21.10 | 5:00 | 12 |
| 155 | WILCZEK MONIKA | 115 | | KATOWICE | POLSKA | 60+ | 3 | 155 | 00:11:30 | 00:27:20.40 | 00:27:22.55 | 5:09 | 11.6 |
| 156 | ŁUKASZEWSKA AGNIESZKA | 267 | STS BIEGATON MIKOŁÓW | MIKOŁÓW | POLSKA | 40-49 | 58 | 156 | 00:11:22 | 00:27:14.15 | 00:27:23.20 | 5:08 | 11.7 |
| 157 | KYRCZ BARBARA | 1199 | | DANKOWICE | POLSKA | 30-39 | 63 | 157 | 00:11:28 | 00:27:06.10 | 00:27:24.30 | 5:06 | 11.7 |
| 158 | BURDZIK KATARZYNA | 355 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 25 | 158 | 00:12:13 | 00:27:25.75 | 00:27:25.75 | 5:10 | 11.6 |
| 159 | KIECKA EWELINA | 1024 | | ORZESZE | POLSKA | 30-39 | 62 | 159 | 00:11:54 | 00:27:06.00 | 00:27:26.65 | 5:06 | 11.7 |
| 160 | BRODA KATARZYNA | 379 | | JASTRZĘBIE -ZDRÓJ | POLSKA | 40-49 | 59 | 160 | 00:11:14 | 00:27:22.75 | 00:27:29.35 | 5:10 | 11.6 |
| 161 | NYKIEL MAŁGORZATA | 313 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 49 | 161 | 00:11:46 | 00:26:43.20 | 00:27:31.15 | 5:02 | 11.9 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|-----------------------------|------|--|----------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 162 | MORAWIEC OLA | 951 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 51 | 162 | 00:11:41 | 00:26:48.10 | 00:27:36.10 | 5:03 | 11.9 |
| 163 | GWIZDAŁA JOANNA | 23 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 65 | 163 | 00:12:07 | 00:27:10.65 | 00:27:37.05 | 5:07 | 11.7 |
| 164 | ZIEMIŃSKA PATRYCJA | 1036 | ŚWIRY STELA | SKOCZÓW | POLSKA | 40-49 | 61 | 164 | 00:11:18 | 00:27:30.85 | 00:27:40.05 | 5:11 | 11.6 |
| 165 | SPYRKA MONIKA | 187 | KLUB BIEGACZA FARTLEK | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 26 | 165 | 00:11:24 | 00:27:30.65 | 00:27:40.15 | 5:11 | 11.6 |
| 166 | GÓRECKA IWONA | 1022 | | SZCZERBICE | POLSKA | 40-49 | 52 | 166 | 00:11:49 | 00:26:48.10 | 00:27:40.50 | 5:03 | 11.9 |
| 167 | STABLA AGATA | 768 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 30-39 | 67 | 167 | 00:11:50 | 00:27:28.55 | 00:27:41.90 | 5:10 | 11.6 |
| 168 | AKSAMIT EWELINA | 148 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 40-49 | 53 | 168 | 00:11:58 | 00:26:49.50 | 00:27:42.20 | 5:03 | 11.9 |
| 169 | SŁODZIŃSKA MAGDALENA | 699 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 27 | 169 | 00:11:17 | 00:27:31.85 | 00:27:42.40 | 5:11 | 11.5 |
| 170 | MILKOWSKA JUSTYNA | 146 | DECATHLON RYBNIK & PRZYJACIELE | RYBNIK | POLSKA | 30-39 | 68 | 170 | 00:11:56 | 00:27:33.90 | 00:27:42.75 | 5:12 | 11.5 |
| 171 | BARON ANIELA | 902 | | GOSTYŃ | POLSKA | 50-59 | 12 | 171 | 00:11:54 | 00:27:33.20 | 00:27:43.05 | 5:12 | 11.5 |
| 172 | CASTILLO-ZARCZYŃSKI LUZ | 1020 | UBS | BIELSKO-BIAŁA | POLSKA | 50-59 | 11 | 172 | 00:11:58 | 00:27:22.30 | 00:27:43.35 | 5:09 | 11.6 |
| 173 | SZULC BARBARA | 333 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 60+ | 2 | 173 | 00:11:43 | 00:26:57.60 | 00:27:45.55 | 5:05 | 11.8 |
| 174 | RAŃNIAK BEATKA | 280 | KOBIETY NA 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 63 | 174 | 00:11:55 | 00:27:40.80 | 00:27:45.55 | 5:13 | 11.5 |
| 175 | BUREK GABRIELA | 244 | | PAWŁOWICE ŚLĄSKIE | POLSKA | 30-39 | 70 | 175 | 00:12:04 | 00:27:42.90 | 00:27:47.90 | 5:13 | 11.5 |
| 176 | SAGAN IZABELA | 1298 | BANK SPÓŁDZIELCZY | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 60 | 176 | 00:11:31 | 00:27:25.10 | 00:27:48.85 | 5:10 | 11.6 |
| 177 | SUKIENNIK ALEKSANDRA | 535 | VIKING TRAINING CENTER | BIERUŃ | POLSKA | 30-39 | 69 | 177 | 00:12:00 | 00:27:35.05 | 00:27:52.00 | 5:12 | 11.5 |
| 178 | WROŃSKA MAGDALENA | 867 | | CHORZÓW | POLSKA | 40-49 | 67 | 178 | 00:11:35 | 00:27:51.65 | 00:27:53.65 | 5:15 | 11.4 |
| 179 | SZEWCZYK KATARZYNA | 576 | WIRUSY | SOSNOWIEC | POLSKA | 40-49 | 65 | 179 | 00:11:24 | 00:27:42.65 | 00:27:53.95 | 5:13 | 11.5 |
| 180 | KOZIOROWSKA OLIMPIA | 1057 | | KIELCE | POLSKA | 20-29 | 24 | 180 | 00:12:18 | 00:27:13.65 | 00:27:54.55 | 5:08 | 11.7 |
| 181 | KANDORA ANNA | 919 | CIDRY LOTAJOM | RADZIONKÓW | POLSKA | 40-49 | 66 | 181 | 00:11:52 | 00:27:43.75 | 00:27:58.45 | 5:13 | 11.5 |
| 182 | JANICKA ALICJA | 208 | | STANICA | POLSKA | 30-39 | 72 | 182 | 00:11:25 | 00:27:50.30 | 00:28:02.00 | 5:15 | 11.4 |
| 183 | KRAUSE SYLWIA | 196 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 40-49 | 62 | 183 | 00:11:55 | 00:27:37.55 | 00:28:03.65 | 5:12 | 11.5 |
| 184 | SZEWCZYK JOANNA | 956 | | MIKOŁÓW | POLSKA | 40-49 | 71 | 184 | 00:11:16 | 00:28:00.80 | 00:28:03.90 | 5:16 | 11.4 |
| 185 | PANEK ELŻBIETA | 728 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 40-49 | 74 | 185 | 00:11:39 | 00:28:03.75 | 00:28:05.45 | 5:17 | 11.3 |
| 186 | JASNOCH BOGUMILA | 370 | | MIKOŁÓW | POLSKA | 60+ | 4 | 186 | 00:11:58 | 00:28:01.00 | 00:28:09.65 | 5:17 | 11.4 |
| 187 | PORĘBSKA KAROLINA | 1148 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 29 | 187 | 00:11:14 | 00:28:06.95 | 00:28:10.55 | 5:18 | 11.3 |
| 188 | NALEWAJKA WIOLETA | 181 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 72 | 188 | 00:11:08 | 00:28:03.55 | 00:28:10.75 | 5:17 | 11.3 |
| 189 | HERNAS EWA | 14 | | RAJCZA | POLSKA | 30-39 | 71 | 189 | 00:11:27 | 00:27:49.30 | 00:28:11.60 | 5:14 | 11.4 |
| 190 | BURAKOWSKA MAŁGORZATA | 572 | ZABIEGANI NAUCZYCIELE | SOSNOWIEC | POLSKA | 40-49 | 76 | 190 | 00:11:54 | 00:28:04.10 | 00:28:12.35 | 5:17 | 11.3 |
| 191 | LEPA KLAUDIA | 880 | | RUDA ŚLĄSKA | POLSKA | 20-29 | 32 | 191 | 00:11:23 | 00:28:11.70 | 00:28:14.25 | 5:19 | 11.3 |
| 192 | JANICKA SYLWIA | 45 | 'DRUŻYNA KOPERNIKA' | RYBNIK | POLSKA | 40-49 | 68 | 192 | 00:11:58 | 00:27:52.35 | 00:28:15.60 | 5:15 | 11.4 |
| 193 | DYCZEK KLAUDIA | 102 | DYCUŚ TEAM | ZDZIESZOWICE | POLSKA | 30-39 | 76 | 193 | 00:12:07 | 00:28:00.65 | 00:28:15.75 | 5:16 | 11.4 |
| 194 | KUTYŁA AGNIESZKA | 686 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 79 | 194 | 00:12:15 | 00:28:06.05 | 00:28:17.90 | 5:18 | 11.3 |
| 195 | KUŁAKOWSKA-ZAGÓRSKA JUSTYNA | 662 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 78 | 195 | 00:12:14 | 00:28:05.95 | 00:28:18.10 | 5:18 | 11.3 |
| 196 | ŻYTKO ANIA | 86 | | ZDZIESZOWICE | POLSKA | 40-49 | 75 | 196 | 00:11:41 | 00:28:04.05 | 00:28:19.80 | 5:17 | 11.3 |
| 197 | SZEWCZYK PAULINA | 560 | WIRUSY | SOSNOWIEC | POLSKA | 20-29 | 30 | 197 | 00:11:40 | 00:28:07.60 | 00:28:20.00 | 5:18 | 11.3 |
| 198 | KRZYŻOWSKA ANNA | 817 | | WĘGIERSKA GÓRKA | POLSKA | 30-39 | 74 | 198 | 00:11:58 | 00:27:55.65 | 00:28:20.00 | 5:16 | 11.4 |
| 199 | BINIENDA AGNIESZKA | 239 | WATAHA | ZABRZE | POLSKA | 40-49 | 64 | 199 | 00:12:34 | 00:27:42.05 | 00:28:20.75 | 5:13 | 11.5 |
| 200 | SKRZYPOSEK MAŁGORZATA | 287 | | RUDA ŚLĄSKA | POLSKA | 40-49 | 77 | 200 | 00:12:03 | 00:28:04.45 | 00:28:20.85 | 5:17 | 11.3 |
| 201 | MAČKÓW AGNIESZKA | 1014 | | PAKOŚLAWICE | POLSKA | 40-49 | 79 | 201 | 00:11:22 | 00:28:06.40 | 00:28:21.25 | 5:18 | 11.3 |
| 202 | GENSTY KLAUDIA | 832 | DYSTANS LUBOMIA | LUBOMIA | POLSKA | 40-49 | 80 | 202 | 00:11:54 | 00:28:13.95 | 00:28:21.85 | 5:19 | 11.3 |
| 203 | HRISTOVA DARIA | 920 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 30-39 | 80 | 203 | 00:11:12 | 00:28:07.60 | 00:28:25.55 | 5:18 | 11.3 |
| 204 | KIEŁKOWSKA AGNIESZKA | 570 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 73 | 204 | 00:11:56 | 00:28:03.70 | 00:28:26.50 | 5:17 | 11.3 |
| 205 | JĘDRZEJEK MICHALINA | 158 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 83 | 205 | 00:11:52 | 00:28:23.35 | 00:28:26.90 | 5:21 | 11.2 |
| 206 | KOWALSKA KAROLINA | 511 | MIECHOWICKA GRUPA BIEGOWA | RUDA ŚLĄSKA | POLSKA | 30-39 | 75 | 206 | 00:11:51 | 00:27:58.95 | 00:28:27.70 | 5:16 | 11.4 |
| 207 | GRABOWSKA IWONA | 345 | NESSI TEAM | KĘTY | POLSKA | 40-49 | 78 | 207 | 00:12:14 | 00:28:05.65 | 00:28:29.80 | 5:17 | 11.3 |
| 208 | HOJKA GABRIELA | 1163 | | SKRZYSZÓW | POLSKA | 40-49 | 69 | 208 | 00:12:02 | 00:27:53.00 | 00:28:30.35 | 5:15 | 11.4 |
| 209 | POCIENNIK JUSTYNA | 1157 | BRYKAJĄCA GRUPA BIEGOWA | BIERUŃ | POLSKA | 40-49 | 70 | 209 | 00:12:25 | 00:27:54.70 | 00:28:30.45 | 5:16 | 11.4 |
| 210 | SITKO DAGMARA | 793 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 77 | 210 | 00:11:56 | 00:28:01.50 | 00:28:31.05 | 5:17 | 11.3 |
| 211 | KLIMEK-KARAS SYLWIA | 850 | ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE | CZECHOWICE-DZIEDZICE | POLSKA | 40-49 | 84 | 211 | 00:12:22 | 00:28:26.95 | 00:28:31.35 | 5:22 | 11.2 |
| 212 | PIOTROWSKA ANNA | 1149 | | KATOWICE | POLSKA | 40-49 | 82 | 212 | 00:12:31 | 00:28:20.95 | 00:28:32.40 | 5:20 | 11.2 |
| 213 | FOLTYN BOŻENA | 1139 | ZMARZYŁY JEJ UDA BO BIEGAŁA W MROZIE | CIESZYN | POLSKA | 30-39 | 73 | 213 | 00:12:25 | 00:27:52.65 | 00:28:35.30 | 5:15 | 11.4 |
| 214 | KSEPKO RENATA | 1116 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 40-49 | 81 | 214 | 00:12:35 | 00:28:19.30 | 00:28:38.05 | 5:20 | 11.2 |
| 215 | MAJER MARZENA | 247 | KLUB ORŁY Z KNUROWA | KNURÓW | POLSKA | 50-59 | 13 | 215 | 00:11:43 | 00:28:29.10 | 00:28:42.55 | 5:22 | 11.2 |
| 216 | MROZEK ALEKSANDRA | 1117 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 31 | 216 | 00:11:55 | 00:28:11.55 | 00:28:45.40 | 5:19 | 11.3 |
| 217 | LANC-BUDNIOK MAGDALENA | 1111 | OLZA CIESZYN | CIESZYN | POLSKA | 30-39 | 90 | 217 | 00:12:35 | 00:28:47.95 | 00:28:47.95 | 5:25 | 11 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|----------------------------------|------|--------------------------------------|--------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 218 | KAPŁON MAGDALENA | 225 | MORS HUBERTUS MYSŁOWICE | TYCHY | POLSKA | 20-29 | 28 | 218 | 00:12:25 | 00:27:54.50 | 00:28:48.55 | 5:15 | 11.4 |
| 219 | JĘDRYKA PATRYCJA | 1238 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 87 | 219 | 00:11:35 | 00:28:42.75 | 00:28:50.05 | 5:25 | 11.1 |
| 220 | MARCSZ NATALIA | 734 | INTERAKTYWNI | KROSTOSZOWICE | POLSKA | 30-39 | 86 | 220 | 00:11:35 | 00:28:42.50 | 00:28:50.50 | 5:24 | 11.1 |
| 221 | SENDAL JOLANTA | 1085 | | WILCZA | POLSKA | 30-39 | 82 | 221 | 00:12:25 | 00:28:38.15 | 00:28:51.05 | 5:24 | 11.1 |
| 222 | MATIASZEWSKA MAŁGORZATA | 876 | | PILCHOWICE | POLSKA | 40-49 | 86 | 222 | 00:12:17 | 00:28:38.70 | 00:28:51.20 | 5:24 | 11.1 |
| 223 | ZIELIŃSKA KAROLINA | 747 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 33 | 223 | 00:12:19 | 00:28:43.55 | 00:28:51.50 | 5:25 | 11.1 |
| 224 | POLEDNIOK ALEKSANDRA | 249 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 91 | 224 | 00:11:31 | 00:28:48.60 | 00:28:53.55 | 5:26 | 11 |
| 225 | DĄBROWSKA EMILIA | 147 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 87 | 225 | 00:12:04 | 00:28:40.10 | 00:28:54.80 | 5:24 | 11.1 |
| 226 | CHYTROSZEK ELEONORA | 21 | BWM | ROGÓW | POLSKA | 40-49 | 88 | 226 | 00:12:11 | 00:28:42.40 | 00:28:55.60 | 5:24 | 11.1 |
| 227 | STOCHLA MAŁGORZATA | 1110 | | WILCZA | POLSKA | 40-49 | 89 | 227 | 00:12:25 | 00:28:47.50 | 00:29:00.15 | 5:26 | 11 |
| 228 | GRABARCZYK-TIERIENTIEW AGNIESZKA | 675 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 83 | 228 | 00:12:41 | 00:28:38.15 | 00:29:01.90 | 5:24 | 11.1 |
| 229 | WESOŁOWSKA KATARZYNA | 692 | | BYTOM | POLSKA | 50-59 | 15 | 229 | 00:12:25 | 00:28:48.60 | 00:29:02.20 | 5:26 | 11 |
| 230 | SZENDERA-ORSZULIK ZOFIA | 579 | | STUDZIONKA | POLSKA | 30-39 | 95 | 230 | 00:12:23 | 00:28:57.30 | 00:29:02.45 | 5:27 | 11 |
| 231 | PŁASKA BARBARA | 170 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 94 | 231 | 00:11:36 | 00:28:56.95 | 00:29:03.50 | 5:27 | 11 |
| 232 | MIŚKOWIEC AGNIESZKA | 51 | KB FARTLEK | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 91 | 232 | 00:11:59 | 00:28:52.55 | 00:29:04.00 | 5:26 | 11 |
| 233 | ZAŁĘCKA MONIKA | 1285 | PARKRUN KATOWICE | KATOWICE | POLSKA | 30-39 | 88 | 233 | 00:12:14 | 00:28:45.90 | 00:29:04.85 | 5:25 | 11.1 |
| 234 | KOSIACKA AGNIESZKA | 165 | | RYBNIK | POLSKA | 30-39 | 93 | 234 | 00:11:19 | 00:28:54.30 | 00:29:05.55 | 5:27 | 11 |
| 235 | NAWARYŃSKA KATARZYNA | 234 | WAWRZINEK TEAM | RACIBÓRZ | POLSKA | 20-29 | 35 | 235 | 00:12:37 | 00:29:01.85 | 00:29:08.00 | 5:28 | 11 |
| 236 | PIECHA-ŁACHAJCZYK HANIA | 326 | | RYBNIK | POLSKA | 30-39 | 84 | 236 | 00:12:56 | 00:28:38.45 | 00:29:08.20 | 5:24 | 11.1 |
| 237 | SZWIEC SANDRA | 230 | ZABIEGANI NAUCZYCIELE | ORNONTOWICE | POLSKA | 30-39 | 85 | 237 | 00:12:35 | 00:28:41.20 | 00:29:08.50 | 5:24 | 11.1 |
| 238 | OŚLIŻŁO JUSTYNA | 1210 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 81 | 238 | 00:12:35 | 00:28:34.75 | 00:29:09.15 | 5:23 | 11.1 |
| 239 | MUSIAŁ MARIA | 877 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 14 | 239 | 00:12:35 | 00:28:45.55 | 00:29:10.30 | 5:25 | 11.1 |
| 240 | GAJEWSKA AGNIESZKA | 458 | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | RYBNIK | POLSKA | 40-49 | 93 | 240 | 00:12:16 | 00:28:56.00 | 00:29:10.70 | 5:27 | 11 |
| 241 | SIENIAWSKA JANINA | 133 | | KĘDZIERZYN-KOŹLE | POLSKA | 60+ | 5 | 241 | 00:12:25 | 00:29:00.00 | 00:29:12.35 | 5:28 | 11 |
| 242 | CZYPIONKA ŻANETA | 223 | NESSI TEAM | TYCHY | POLSKA | 30-39 | 94 | 242 | 00:12:18 | 00:28:54.65 | 00:29:13.90 | 5:27 | 11 |
| 243 | GOLEC-CHOLEWA ALEKSANDRA | 465 | JUSTFEELFIT TEAM | ŻABNICA | POLSKA | 30-39 | 89 | 243 | 00:12:35 | 00:28:47.30 | 00:29:14.50 | 5:25 | 11 |
| 244 | FRYDECKA MIROŚLAWA | 151 | DECATHLON RYBNIK & PRZYJACIELE | ŚWIERKLANY | POLSKA | 40-49 | 97 | 244 | 00:12:25 | 00:29:05.00 | 00:29:15.85 | 5:29 | 10.9 |
| 245 | PEŁKA URSZULA | 378 | DECATHLON RYBNIK & PRZYJACIELE | ŚWIERKLANY | POLSKA | 40-49 | 96 | 245 | 00:12:24 | 00:29:04.95 | 00:29:15.95 | 5:29 | 10.9 |
| 246 | CANIBOŁ ANNA | 624 | RUNTEAM PAWŁOWICE | GOŁKOWICE | POLSKA | 20-29 | 36 | 246 | 00:12:34 | 00:29:07.25 | 00:29:19.10 | 5:29 | 10.9 |
| 247 | GAŁĄSKA MAGDALENA | 1198 | | ORZESZE | POLSKA | 30-39 | 96 | 247 | 00:12:15 | 00:29:00.15 | 00:29:19.95 | 5:28 | 11 |
| 248 | BRZUSKA KASIA | 376 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 90 | 248 | 00:12:26 | 00:28:48.95 | 00:29:24.10 | 5:26 | 11 |
| 249 | KUBICA PATRYCJA | 1200 | | CIESZYN | POLSKA | 30-39 | 101 | 249 | 00:12:23 | 00:29:17.70 | 00:29:24.40 | 5:31 | 10.9 |
| 250 | ZYBURA MIRKA | 712 | | RYBNIK | POLSKA | 40-49 | 99 | 250 | 00:12:51 | 00:29:14.60 | 00:29:24.65 | 5:30 | 10.9 |
| 251 | NIEDZIELA BARBARA | 854 | 50 LAT SP5 | JASTRZĘBIE - ZDRÓJ | POLSKA | 30-39 | 100 | 251 | 00:12:24 | 00:29:16.30 | 00:29:26.15 | 5:31 | 10.9 |
| 252 | SMOLIŃSKA ILONA | 134 | | KNURÓW | POLSKA | 40-49 | 85 | 252 | 00:12:39 | 00:28:37.05 | 00:29:26.75 | 5:23 | 11.1 |
| 253 | GUBAŁA MONIKA | 693 | | ZABRZE | POLSKA | 20-29 | 38 | 253 | 00:12:21 | 00:29:13.55 | 00:29:27.05 | 5:30 | 10.9 |
| 254 | TOMASZEWSKA MAGDALENA | 1013 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 101 | 254 | 00:13:05 | 00:29:15.70 | 00:29:27.35 | 5:31 | 10.9 |
| 255 | BEDKA DARIA | 510 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 103 | 255 | 00:12:25 | 00:29:20.55 | 00:29:28.90 | 5:32 | 10.8 |
| 256 | WIĘSEK JUDYTA | 1030 | GWARKOWE DZIEWCZYNY | JASTRZĘBIA ZDRÓJ | POLSKA | 30-39 | 104 | 256 | 00:12:25 | 00:29:20.90 | 00:29:29.50 | 5:32 | 10.8 |
| 257 | MAKOSZ BARBARA | 1191 | RUNTEAM PAWLOWICE | PAWŁOWICE | POLSKA | 40-49 | 95 | 257 | 00:12:10 | 00:29:01.75 | 00:29:30.60 | 5:28 | 11 |
| 258 | STUDNIK AGNIESZKA | 65 | | RUDA ŚLĄSKA | POLSKA | 30-39 | 99 | 258 | 00:12:59 | 00:29:10.45 | 00:29:30.85 | 5:30 | 10.9 |
| 259 | KOKOT JUSTYNA | 656 | | RUDA ŚLĄSKA | POLSKA | 40-49 | 105 | 259 | 00:12:08 | 00:29:18.75 | 00:29:32.70 | 5:31 | 10.8 |
| 260 | BIELA MAŁGORZATA | 993 | KOBIETY NA 5+ | JASTRZĘBIE- ZDRÓJ | POLSKA | 40-49 | 98 | 260 | 00:12:21 | 00:29:09.45 | 00:29:33.05 | 5:30 | 10.9 |
| 261 | JABŁOŃSKA SABINA | 34 | | MARKLOWICE | POLSKA | 40-49 | 103 | 261 | 00:12:29 | 00:29:17.70 | 00:29:34.55 | 5:31 | 10.9 |
| 262 | KRZOWSKA EWA | 131 | | WARSZOWICE | POLSKA | 40-49 | 106 | 262 | 00:12:12 | 00:29:19.95 | 00:29:34.85 | 5:32 | 10.8 |
| 263 | STRASZEWSKA ALEKSANDRA | 138 | KS M.E.T.A | CZYŻOWICE | POLSKA | 30-39 | 98 | 263 | 00:13:22 | 00:29:08.30 | 00:29:35.50 | 5:29 | 10.9 |
| 264 | KUBISTY ANKA | 26 | | OŚWIĘCIM | POLSKA | 40-49 | 110 | 264 | 00:12:14 | 00:29:33.00 | 00:29:36.95 | 5:34 | 10.8 |
| 265 | ŁUKASIK ALDONA | 185 | | ŻORY | POLSKA | 30-39 | 92 | 265 | 00:12:16 | 00:28:53.00 | 00:29:38.00 | 5:26 | 11 |
| 266 | KABUT GOSIA | 277 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 30-39 | 108 | 266 | 00:12:45 | 00:29:31.90 | 00:29:38.10 | 5:34 | 10.8 |
| 267 | KAMIŃSKA NATALIA | 155 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 34 | 267 | 00:12:38 | 00:28:53.35 | 00:29:39.10 | 5:27 | 11 |
| 268 | LISZOK IWONA | 192 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 106 | 268 | 00:12:22 | 00:29:25.40 | 00:29:39.15 | 5:33 | 10.8 |
| 269 | DIEBEL MONIKA | 88 | | RYBNIK | POLSKA | 30-39 | 107 | 269 | 00:12:51 | 00:29:29.55 | 00:29:39.50 | 5:33 | 10.8 |
| 270 | HERCHEL MARZENA | 320 | LET'STO SUSZEKA GRUPA BIEGOWA | SUSZEC | POLSKA | 40-49 | 107 | 270 | 00:12:34 | 00:29:23.85 | 00:29:41.45 | 5:32 | 10.8 |
| 271 | PISKORZ ALEKSANDRA | 667 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 92 | 271 | 00:12:40 | 00:28:54.80 | 00:29:42.45 | 5:27 | 11 |
| 272 | ROZMUS-PROCNER PATRYCJA | 800 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 40-49 | 108 | 272 | 00:12:40 | 00:29:24.30 | 00:29:42.55 | 5:32 | 10.8 |
| 273 | MASTEK BEATA | 618 | BIELSZCZANKI BIEGAJĄ | BIELSKO BIAŁA | POLSKA | 50-59 | 16 | 273 | 00:12:25 | 00:29:23.40 | 00:29:42.75 | 5:32 | 10.8 |
| 274 | WAWRZYŃKIEWICZ KAMILA | 997 | | ZABRZE | POLSKA | 20-29 | 39 | 274 | 00:13:21 | 00:29:17.65 | 00:29:44.55 | 5:31 | 10.9 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|------------------------|------|--------------------------------|--------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 275 | KRAKOWCZYK KAROLINA | 999 | | GOŁKOWICE | POLSKA | 30-39 | 105 | 275 | 00:12:54 | 00:29:22.10 | 00:29:44.85 | 5:32 | 10.8 |
| 276 | PROKOP IWONA | 766 | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | RUDA ŚLĄSKA | POLSKA | 40-49 | 109 | 276 | 00:12:25 | 00:29:28.40 | 00:29:44.95 | 5:33 | 10.8 |
| 277 | GRANICA DANI | 1026 | DANI BIEGA BEZ GRANIC | CIESZYN | POLSKA | 40-49 | 112 | 277 | 00:12:12 | 00:29:36.05 | 00:29:45.25 | 5:35 | 10.7 |
| 278 | ŻYTKO MAGDALENA | 236 | DYCUZUS TEAM | ZDZIESZOWICE | POLSKA | 30-39 | 109 | 278 | 00:12:13 | 00:29:32.35 | 00:29:46.90 | 5:34 | 10.8 |
| 279 | WRUCHA SYLWIA | 1228 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 104 | 279 | 00:13:03 | 00:29:17.85 | 00:29:47.55 | 5:31 | 10.9 |
| 280 | SUBIK EDYTA | 946 | | GLIWICE | POLSKA | 30-39 | 110 | 280 | 00:11:56 | 00:29:40.15 | 00:29:48.05 | 5:36 | 10.7 |
| 281 | BERNAT KATARZYNA | 50 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 100 | 281 | 00:12:05 | 00:29:15.70 | 00:29:49.30 | 5:31 | 10.9 |
| 282 | KUFIETA EWELINA | 349 | | WODZISŁAW SLASKI | POLSKA | 40-49 | 102 | 282 | 00:12:07 | 00:29:16.10 | 00:29:49.55 | 5:31 | 10.9 |
| 283 | RĘKAL DOROTA | 1078 | | ZEBRZYDOWICE | POLSKA | 50-59 | 17 | 283 | 00:12:12 | 00:29:29.75 | 00:29:50.60 | 5:33 | 10.8 |
| 284 | FIZIA JOANNA | 421 | NESSI TEAM | BAKÓW | POLSKA | 30-39 | 113 | 284 | 00:13:01 | 00:29:43.90 | 00:29:50.85 | 5:36 | 10.7 |
| 285 | TRZYBULSKA KLAUDIA | 1140 | DRUŻYNA ING | SOSNOWIEC | POLSKA | 20-29 | 41 | 285 | 00:12:18 | 00:29:41.05 | 00:29:50.90 | 5:36 | 10.7 |
| 286 | HETMANIOK AGNIESZKA | 289 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 40 | 286 | 00:12:54 | 00:29:23.70 | 00:29:52.85 | 5:32 | 10.8 |
| 287 | FOJCIK KATARZYNA | 564 | YNO ULTRA | PSZÓW | POLSKA | 20-29 | 42 | 287 | 00:12:19 | 00:29:46.70 | 00:29:53.40 | 5:37 | 10.7 |
| 288 | NIEŚLAŃCZYK BARBARA | 1186 | BZIEGACZE | JASTRZĘBIE - ZDRÓJ | POLSKA | 30-39 | 111 | 288 | 00:12:24 | 00:29:40.45 | 00:29:55.15 | 5:36 | 10.7 |
| 289 | SOSNA AGATA | 578 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 111 | 289 | 00:12:36 | 00:29:33.85 | 00:29:55.30 | 5:34 | 10.8 |
| 290 | PŁASZCZYMAKA JUSTYNA | 1080 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 20-29 | 37 | 290 | 00:12:52 | 00:29:08.95 | 00:29:56.15 | 5:30 | 10.9 |
| 291 | MAKUCH JOANNA | 588 | | GLIWICE | POLSKA | 30-39 | 97 | 291 | 00:12:37 | 00:29:06.15 | 00:29:57.20 | 5:29 | 10.9 |
| 292 | WOŹNIAK JULIA | 359 | | RYBNIK | POLSKA | 16-19 | 5 | 292 | 00:12:32 | 00:29:53.85 | 00:29:59.35 | 5:38 | 10.6 |
| 293 | MALINOWSKA ANETA | 655 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 113 | 293 | 00:12:31 | 00:29:41.00 | 00:29:59.80 | 5:36 | 10.7 |
| 294 | JAKUBIK EDYTA | 19 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 102 | 294 | 00:12:21 | 00:29:20.20 | 00:30:00.60 | 5:32 | 10.8 |
| 295 | BORUS JOANNA | 480 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 114 | 295 | 00:13:22 | 00:29:45.45 | 00:30:03.35 | 5:36 | 10.7 |
| 296 | WOLNY ANIA | 746 | OLZA CIESZYN | CIESZYN | POLSKA | 30-39 | 114 | 296 | 00:13:22 | 00:29:46.10 | 00:30:03.55 | 5:36 | 10.7 |
| 297 | KOŁAK ALICJA | 216 | | GLIWICE | POLSKA | 30-39 | 112 | 297 | 00:12:50 | 00:29:41.30 | 00:30:04.85 | 5:36 | 10.7 |
| 298 | KUFIETA MAGDALENA | 842 | | RYBNIK | POLSKA | 30-39 | 118 | 298 | 00:12:21 | 00:29:55.30 | 00:30:06.95 | 5:38 | 10.6 |
| 299 | CIMAŁA KATARZYNA | 752 | | PAWŁOWICE | POLSKA | 20-29 | 46 | 299 | 00:11:46 | 00:29:58.25 | 00:30:09.25 | 5:39 | 10.6 |
| 300 | WIECZOREK IWONA | 1065 | | RUDA ŚLĄSKA | POLSKA | 40-49 | 123 | 300 | 00:14:06 | 00:30:09.55 | 00:30:09.55 | 5:41 | 10.5 |
| 301 | ADAMIAK EDYTA | 1255 | ŚWIRY STELA | SKOCZÓW | POLSKA | 40-49 | 119 | 301 | 00:12:26 | 00:30:00.70 | 00:30:10.70 | 5:39 | 10.6 |
| 302 | DOLNIK KATARZYNA | 405 | | PILCHOWICE | POLSKA | 30-39 | 122 | 302 | 00:12:25 | 00:29:59.45 | 00:30:12.35 | 5:39 | 10.6 |
| 303 | RANSZ BEATA | 872 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 124 | 303 | 00:12:23 | 00:30:10.80 | 00:30:14.55 | 5:41 | 10.5 |
| 304 | SZYNAL-BENSZ MAGDALENA | 962 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 121 | 304 | 00:12:21 | 00:29:59.40 | 00:30:14.70 | 5:39 | 10.6 |
| 305 | SKOCZYŃSKA MAŁGORZATA | 442 | | RUDA ŚLĄSKA | POLSKA | 20-29 | 44 | 305 | 00:12:40 | 00:29:56.30 | 00:30:16.15 | 5:39 | 10.6 |
| 306 | BIELA ADRIANNA | 980 | | KRAKÓW | POLSKA | 20-29 | 43 | 306 | 00:12:22 | 00:29:53.95 | 00:30:16.25 | 5:38 | 10.6 |
| 307 | SIWCZYK KATARZYNA | 1040 | | RUDY | POLSKA | 30-39 | 116 | 307 | 00:13:05 | 00:29:50.25 | 00:30:16.65 | 5:37 | 10.7 |
| 308 | KUŚ ANNA | 1300 | UZDROWISKO USTROŃ | USTROŃ | POLSKA | 30-39 | 119 | 308 | 00:13:06 | 00:29:56.45 | 00:30:17.95 | 5:38 | 10.6 |
| 309 | WESOŁOWSKA KATARZYNA | 1301 | UZDROWISKO USTROŃ | USTROŃ | POLSKA | 40-49 | 117 | 309 | 00:13:06 | 00:29:56.35 | 00:30:18.15 | 5:39 | 10.6 |
| 310 | MACIEJCZYK KAROLINA | 619 | | DANKOWICE | POLSKA | 30-39 | 125 | 310 | 00:12:57 | 00:30:02.55 | 00:30:20.15 | 5:40 | 10.6 |
| 311 | MUSIOŁ HELENA | 831 | | RYBNIK | POLSKA | 40-49 | 115 | 311 | 00:12:39 | 00:29:48.05 | 00:30:20.50 | 5:37 | 10.7 |
| 312 | KOŻUCH EMILIA | 606 | | BYTOM | POLSKA | 30-39 | 126 | 312 | 00:13:22 | 00:30:03.70 | 00:30:21.30 | 5:40 | 10.6 |
| 313 | MUDYN KAROLINA | 733 | | WYRY | POLSKA | 30-39 | 128 | 313 | 00:12:08 | 00:30:11.55 | 00:30:22.10 | 5:41 | 10.5 |
| 314 | DOBRENIUK AURELIA | 1273 | | RYBNIK | POLSKA | 40-49 | 121 | 314 | 00:12:48 | 00:30:08.30 | 00:30:23.00 | 5:41 | 10.5 |
| 315 | NAWARYŃSKA EWA | 53 | WAWRZINEK TEAM | RACIBÓRZ | POLSKA | 40-49 | 128 | 315 | 00:12:56 | 00:30:17.15 | 00:30:23.55 | 5:42 | 10.5 |
| 316 | GEMBALA VIOLETTA | 723 | | BĘK | POLSKA | 50-59 | 18 | 316 | 00:13:10 | 00:29:52.70 | 00:30:24.60 | 5:38 | 10.6 |
| 317 | WODNIAK ANGELA | 1063 | POWOLI DO CELU | WOLA | POLSKA | 30-39 | 123 | 317 | 00:12:56 | 00:29:59.75 | 00:30:24.75 | 5:39 | 10.6 |
| 318 | PIETROSZEK WŁADYSŁAWA | 270 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 132 | 318 | 00:12:24 | 00:30:20.70 | 00:30:26.65 | 5:43 | 10.5 |
| 319 | SKOTNICKA URSZULA | 524 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 20 | 319 | 00:12:14 | 00:30:17.30 | 00:30:27.65 | 5:42 | 10.5 |
| 320 | KANTOROWSKA ANNA | 301 | NESSI TEAM | WOLA | POLSKA | 30-39 | 124 | 320 | 00:12:56 | 00:30:02.55 | 00:30:27.95 | 5:40 | 10.6 |
| 321 | SPANDEL AGNIESZKA | 1050 | | PIETRZYKOWICE | POLSKA | 30-39 | 120 | 321 | 00:13:58 | 00:29:58.50 | 00:30:27.95 | 5:39 | 10.6 |
| 322 | KUBALA AGNIESZKA | 1295 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 115 | 322 | 00:13:28 | 00:29:47.10 | 00:30:28.15 | 5:37 | 10.7 |
| 323 | OSTROWSKA IZABELA | 122 | KOBIETY NA 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 120 | 323 | 00:12:11 | 00:30:05.10 | 00:30:28.45 | 5:40 | 10.6 |
| 324 | GORAUS ANIA | 385 | ADS MASNA | RUDA ŚLĄSKA | POLSKA | 30-39 | 117 | 324 | 00:12:44 | 00:29:50.50 | 00:30:28.55 | 5:37 | 10.7 |
| 325 | KOŁODZIEJ JULIA | 1154 | | RYBNIK | POLSKA | 20-29 | 51 | 325 | 00:12:32 | 00:30:24.95 | 00:30:28.95 | 5:44 | 10.5 |
| 326 | GIŻYŃSKA KATARZYNA | 620 | KOBIETY NA 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 135 | 326 | 00:12:33 | 00:30:20.15 | 00:30:29.85 | 5:43 | 10.5 |
| 327 | KOBA NATALIA | 526 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 45 | 327 | 00:12:56 | 00:29:58.15 | 00:30:30.15 | 5:39 | 10.6 |
| 328 | PASZEK EWA | 1138 | BIELSZCZANKI BIEGAJĄ | BIELSKO - BIAŁA | POLSKA | 40-49 | 122 | 328 | 00:13:10 | 00:30:09.20 | 00:30:31.95 | 5:41 | 10.5 |
| 329 | DANKIEWICZ MAGDALENA | 218 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 16-19 | 6 | 329 | 00:12:51 | 00:30:06.15 | 00:30:33.55 | 5:40 | 10.6 |
| 330 | SZCZYGIĘŁ ANNA | 394 | | BYTOM | POLSKA | 40-49 | 129 | 330 | 00:13:23 | 00:30:17.15 | 00:30:34.00 | 5:43 | 10.5 |
| 331 | HAJZYK EWELINE | 1169 | DECATHLON RYBNIK & PRZYJACIELE | ŚWIERKLANY | POLSKA | 40-49 | 140 | 331 | 00:12:40 | 00:30:33.65 | 00:30:34.55 | 5:46 | 10.4 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|----------------------------|------|--|----------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 332 | GÓRECKA EWELINA | 1104 | JUSTFEELFIT | MILÓWKA | POLSKA | 30-39 | 127 | 332 | 00:13:16 | 00:30:09.35 | 00:30:35.55 | 5:41 | 10.5 |
| 333 | GAJDAMAKIN PATRYCJA | 635 | | BYTOM | POLSKA | 40-49 | 130 | 333 | 00:13:23 | 00:30:18.60 | 00:30:35.65 | 5:43 | 10.5 |
| 334 | STOPYRA AGNIESZKA | 497 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 131 | 334 | 00:13:18 | 00:30:20.25 | 00:30:36.25 | 5:43 | 10.5 |
| 335 | STĘCHŁY MARTA | 797 | | ŻORY | POLSKA | 30-39 | 138 | 335 | 00:12:37 | 00:30:30.25 | 00:30:36.35 | 5:45 | 10.4 |
| 336 | PRÓSZYŃSKA AGNIESZKA | 968 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 130 | 336 | 00:13:02 | 00:30:12.60 | 00:30:38.15 | 5:42 | 10.5 |
| 337 | DZIAŁKOWSKA BARBARA | 1083 | | ORNONTOWICE | POLSKA | 40-49 | 125 | 337 | 00:13:15 | 00:30:13.70 | 00:30:38.65 | 5:42 | 10.5 |
| 338 | KUBICA MONIKA | 1122 | BEST FIT | RYBNIK | POLSKA | 40-49 | 133 | 338 | 00:12:42 | 00:30:24.75 | 00:30:38.95 | 5:44 | 10.5 |
| 339 | WERNIK KATARZYNA | 1018 | BESTFITCLUB RYBNIK | RADLIN | POLSKA | 40-49 | 135 | 339 | 00:12:42 | 00:30:25.15 | 00:30:39.35 | 5:44 | 10.5 |
| 340 | WALA ANNA | 314 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 129 | 340 | 00:12:57 | 00:30:12.00 | 00:30:39.75 | 5:41 | 10.5 |
| 341 | GABRYEL DANUTA | 62 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 50-59 | 19 | 341 | 00:12:54 | 00:29:55.65 | 00:30:39.95 | 5:38 | 10.6 |
| 342 | KOSMAŁA STANISŁAWA | 299 | | ŁĄKA | POLSKA | 60+ | 6 | 342 | 00:13:23 | 00:30:10.95 | 00:30:40.20 | 5:41 | 10.5 |
| 343 | FECZKO LUCYNA | 700 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 134 | 343 | 00:13:08 | 00:30:25.05 | 00:30:41.20 | 5:44 | 10.5 |
| 344 | MOSKAŁA MAGDALENA | 228 | | PAWŁOWICE | POLSKA | 30-39 | 134 | 344 | 00:12:28 | 00:30:18.80 | 00:30:41.65 | 5:43 | 10.5 |
| 345 | DĄBROWSKA-KUŚNIERZ EWELINA | 512 | OSOBA PRYWATNA | RUDA ŚLĄSKA | POLSKA | 40-49 | 116 | 345 | 00:13:01 | 00:29:55.20 | 00:30:42.45 | 5:38 | 10.6 |
| 346 | JAWOREK MONIKA | 508 | | RYDUŁTOWY | POLSKA | 40-49 | 118 | 346 | 00:13:33 | 00:29:59.60 | 00:30:42.85 | 5:39 | 10.6 |
| 347 | COFALIK GABRIELA | 1029 | DECATHLON RYBNIK & PRZYJACIELE | ŚWIERKLANY | POLSKA | 40-49 | 141 | 347 | 00:12:29 | 00:30:34.05 | 00:30:45.45 | 5:46 | 10.4 |
| 348 | GAJDA MAGDALENA | 538 | 50 LAT SP5 | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 49 | 348 | 00:13:32 | 00:30:21.90 | 00:30:45.75 | 5:43 | 10.5 |
| 349 | WIDENKA JOANNA | 1267 | DYSTANS LUBOMIA | LUBOMIA | POLSKA | 20-29 | 47 | 349 | 00:12:50 | 00:30:16.65 | 00:30:46.10 | 5:42 | 10.5 |
| 350 | BAJCAR BEATA | 611 | KOBIETY NA 5+ | CHYBIE | POLSKA | 40-49 | 145 | 350 | 00:12:34 | 00:30:37.45 | 00:30:46.35 | 5:46 | 10.4 |
| 351 | ZIEŁOSKO BEATA | 970 | BBL MIKOŁÓW | MIKOŁÓW | POLSKA | 40-49 | 127 | 351 | 00:13:18 | 00:30:16.95 | 00:30:50.05 | 5:42 | 10.5 |
| 352 | STASZEWSKA MARZENA | 1293 | SONKOTEAM | RUDA ŚLĄSKA | POLSKA | 30-39 | 133 | 352 | 00:12:53 | 00:30:16.35 | 00:30:50.40 | 5:42 | 10.5 |
| 353 | ROZMUS MARZENA | 669 | ŚWIERCZYNIAC RUNNING | BOJSZOWY | POLSKA | 40-49 | 126 | 353 | 00:13:35 | 00:30:16.80 | 00:30:52.35 | 5:42 | 10.5 |
| 354 | MAROSZEK ALEKSANDRA | 235 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 147 | 354 | 00:12:38 | 00:30:44.70 | 00:30:52.65 | 5:48 | 10.3 |
| 355 | SZYPUŁA EWA | 1305 | BIEGNĘ BYLE DOBIEC | TYCHY | POLSKA | 30-39 | 131 | 355 | 00:13:09 | 00:30:12.85 | 00:30:54.50 | 5:42 | 10.5 |
| 356 | GRYCMAN KATARZYNA | 360 | KS M.E.T.A | CZYŻOWICE | POLSKA | 30-39 | 139 | 356 | 00:13:25 | 00:30:31.40 | 00:30:56.70 | 5:45 | 10.4 |
| 357 | LEKS EDYTA | 742 | DYSTANS LUBOMIA | RACIBORZ | POLSKA | 50-59 | 22 | 357 | 00:12:43 | 00:30:24.80 | 00:30:56.85 | 5:44 | 10.5 |
| 358 | ZIĘTARA AGATA | 1045 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 142 | 358 | 00:13:07 | 00:30:35.70 | 00:30:58.25 | 5:46 | 10.4 |
| 359 | CAPUTA LUCYNA | 760 | JUSTFEELFIT | RAJCZA | POLSKA | 30-39 | 140 | 359 | 00:12:53 | 00:30:33.15 | 00:30:58.65 | 5:45 | 10.4 |
| 360 | STALMACH JUSTYNA | 1280 | | MIKOŁÓW | POLSKA | 20-29 | 54 | 360 | 00:13:29 | 00:30:38.40 | 00:30:58.70 | 5:46 | 10.4 |
| 361 | KELNER KAROLINA | 769 | | RACIBÓRZ | POLSKA | 20-29 | 55 | 361 | 00:13:27 | 00:30:44.45 | 00:30:59.50 | 5:47 | 10.3 |
| 362 | BONDARCZUK SYLWIA | 571 | SZYBKE ŻÓŁWIE | BIELSKO-BIAŁA | POLSKA | 40-49 | 138 | 362 | 00:12:32 | 00:30:28.90 | 00:31:00.05 | 5:45 | 10.4 |
| 363 | SŁUPIK BOŻENA | 448 | | ORZESZE | POLSKA | 40-49 | 144 | 363 | 00:13:24 | 00:30:36.75 | 00:31:00.20 | 5:46 | 10.4 |
| 364 | OGIEGŁO DOROTA | 802 | | JAWORZE | POLSKA | 30-39 | 137 | 364 | 00:12:33 | 00:30:29.95 | 00:31:00.95 | 5:45 | 10.4 |
| 365 | MIKA PAULINA | 1226 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 20-29 | 57 | 365 | 00:12:45 | 00:30:55.45 | 00:31:00.95 | 5:50 | 10.3 |
| 366 | SMYCZEK JOANNA | 758 | | BĘK | POLSKA | 40-49 | 137 | 366 | 00:13:13 | 00:30:26.55 | 00:31:01.05 | 5:44 | 10.4 |
| 367 | BĄKOWSKA JUSTYNA | 1275 | | ZEBRZYDOWICE | POLSKA | 30-39 | 132 | 367 | 00:13:04 | 00:30:14.90 | 00:31:01.10 | 5:42 | 10.5 |
| 368 | KUPCZEWSKA IZABELA | 568 | ROZBIEGAMY TO MIASTO CZECHOWICE-DZIEDZICE | CZECHOWICE-DZIEDZICE | POLSKA | 30-39 | 148 | 368 | 00:12:56 | 00:30:59.90 | 00:31:04.70 | 5:50 | 10.3 |
| 369 | JĘDRUSIAK LIDIA | 1174 | | DANKOWICE | POLSKA | 30-39 | 144 | 369 | 00:12:57 | 00:30:47.25 | 00:31:05.20 | 5:48 | 10.3 |
| 370 | SUŁGUT MARLENA | 650 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 20-29 | 53 | 370 | 00:13:09 | 00:30:36.40 | 00:31:06.85 | 5:46 | 10.4 |
| 371 | CYWIŃSKA ELŻBIETA | 679 | ŚWIERCZYNIAC RUNNING | ŚWIERCZYNIAC | POLSKA | 40-49 | 139 | 371 | 00:13:36 | 00:30:32.15 | 00:31:07.35 | 5:45 | 10.4 |
| 372 | ZACHURZOK EWELINA | 1279 | OLZA CIESZYN | CIESZYN | POLSKA | 30-39 | 152 | 372 | 00:12:25 | 00:31:02.15 | 00:31:08.75 | 5:51 | 10.2 |
| 373 | GAŃKO GRAŻYNA | 1286 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 23 | 373 | 00:13:21 | 00:30:51.75 | 00:31:09.20 | 5:49 | 10.3 |
| 374 | GIEL AGATA | 1135 | | NĘDZA | POLSKA | 40-49 | 148 | 374 | 00:13:52 | 00:30:46.35 | 00:31:09.80 | 5:48 | 10.3 |
| 375 | JAKACKA AGATA | 351 | | JASTRZĘBIE-ZDROJ | POLSKA | 20-29 | 52 | 375 | 00:14:33 | 00:30:36.35 | 00:31:11.80 | 5:46 | 10.4 |
| 376 | JĘDRZEJEWSKA BEATA | 212 | WATAHA | BYTOM | POLSKA | 40-49 | 143 | 376 | 00:13:15 | 00:30:35.70 | 00:31:11.85 | 5:46 | 10.4 |
| 377 | KRÓL BARBARA | 1289 | DECATHLON ŻORY | PAWŁOWICE | POLSKA | 20-29 | 48 | 377 | 00:13:38 | 00:30:18.75 | 00:31:13.65 | 5:43 | 10.5 |
| 378 | KOZOK MAŁGORZATA | 455 | NESSI TEAM | ŁAZISKA GÓRNE | POLSKA | 40-49 | 158 | 378 | 00:12:58 | 00:31:03.90 | 00:31:14.50 | 5:51 | 10.2 |
| 379 | BETAŃSKA ANETA | 292 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 152 | 379 | 00:13:04 | 00:30:53.10 | 00:31:14.65 | 5:49 | 10.3 |
| 380 | NOWOŻYŃ JOANNA | 1098 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 30-39 | 147 | 380 | 00:13:07 | 00:30:58.40 | 00:31:16.25 | 5:50 | 10.3 |
| 381 | BIERZA ALINA | 273 | FITOLKA | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 159 | 381 | 00:12:29 | 00:31:04.90 | 00:31:17.00 | 5:51 | 10.2 |
| 382 | ŁEPEK BOŻENA | 172 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 155 | 382 | 00:13:18 | 00:30:58.30 | 00:31:18.05 | 5:50 | 10.3 |
| 383 | MAC JOANN | 1027 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 156 | 383 | 00:13:19 | 00:30:58.50 | 00:31:18.35 | 5:50 | 10.3 |
| 384 | GOJ HANIA | 1023 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 50-59 | 21 | 384 | 00:13:56 | 00:30:22.60 | 00:31:19.05 | 5:43 | 10.5 |
| 385 | PIECHOTA HANNA | 1290 | DECATHLON ŻORY | RUDA ŚLĄSKA | POLSKA | 20-29 | 50 | 385 | 00:13:39 | 00:30:23.35 | 00:31:19.50 | 5:43 | 10.5 |
| 386 | WAWRZYK IWONA | 947 | OLZA CIESZYN | CIESZYN | POLSKA | 50-59 | 24 | 386 | 00:13:01 | 00:31:02.30 | 00:31:19.70 | 5:51 | 10.2 |
| 387 | KALUS JOANNA | 325 | | RYBNIK | POLSKA | 40-49 | 154 | 387 | 00:12:46 | 00:30:53.55 | 00:31:19.80 | 5:49 | 10.3 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|---------------------------------|------|---------------------------|------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 388 | IDZIKOWSKA ELŻBIETA | 1241 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 136 | 388 | 00:13:05 | 00:30:26.40 | 00:31:20.15 | 5:44 | 10.4 |
| 389 | SIKORA AGNIESZKA | 61 | INIEMAMOCNI TRI TEAM | ZABRZE | POLSKA | 30-39 | 151 | 389 | 00:12:52 | 00:31:01.10 | 00:31:20.35 | 5:51 | 10.3 |
| 390 | KUŹNIK EDYTA | 213 | | RYBNIK | POLSKA | 30-39 | 154 | 390 | 00:13:13 | 00:31:07.15 | 00:31:20.50 | 5:52 | 10.2 |
| 391 | FOJCIK ASIA | 764 | SBD ENERGETYK RYBNIK | RYBNIK | POLSKA | 40-49 | 146 | 391 | 00:13:05 | 00:30:40.50 | 00:31:20.65 | 5:47 | 10.4 |
| 392 | SZALA BEATA | 94 | SBD ENERGETYK RYBNIK | RYBNIK | POLSKA | 30-39 | 141 | 392 | 00:13:06 | 00:30:40.45 | 00:31:20.75 | 5:47 | 10.4 |
| 393 | CZERNIECKA JUDYTA | 1142 | DYSTANS LUBOMIA | LUBOMIA | POLSKA | 30-39 | 145 | 393 | 00:13:41 | 00:30:48.15 | 00:31:20.95 | 5:48 | 10.3 |
| 394 | SZCZEPAŃSKA JOANNA | 453 | MORS HUBERTUS MYSŁOWICE | KATOWICE | POLSKA | 20-29 | 63 | 394 | 00:12:42 | 00:31:15.65 | 00:31:21.00 | 5:53 | 10.2 |
| 395 | CYRULIK ANIA | 395 | | RYBNIK | POLSKA | 20-29 | 60 | 395 | 00:13:30 | 00:31:06.70 | 00:31:22.15 | 5:52 | 10.2 |
| 396 | BARAN IRENA | 445 | SZARE MORSY | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 25 | 396 | 00:13:00 | 00:31:03.45 | 00:31:24.00 | 5:51 | 10.2 |
| 397 | ADAMIK MAGDALENA | 554 | KOLOROWA DRUŻYNA NESSI | ŁĘDZINY | POLSKA | 30-39 | 136 | 397 | 00:13:25 | 00:30:25.15 | 00:31:24.35 | 5:44 | 10.5 |
| 398 | SZTABLA LILIANA | 698 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 149 | 398 | 00:14:01 | 00:30:49.65 | 00:31:24.80 | 5:48 | 10.3 |
| 399 | CZAJKOWSKA-OCZADŁY ANNA | 703 | | PAWŁOWICE | POLSKA | 40-49 | 151 | 399 | 00:14:01 | 00:30:50.65 | 00:31:24.95 | 5:49 | 10.3 |
| 400 | PILCH ANNA | 1235 | | WISŁA | POLSKA | 30-39 | 143 | 400 | 00:13:55 | 00:30:42.90 | 00:31:25.10 | 5:47 | 10.4 |
| 401 | GÓRNY JOLA | 162 | BB BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 40-49 | 168 | 401 | 00:12:19 | 00:31:22.30 | 00:31:25.40 | 5:55 | 10.1 |
| 402 | SUDLITZ ANNA | 959 | | ZEBRZYDOWICE | POLSKA | 30-39 | 157 | 402 | 00:13:00 | 00:31:13.20 | 00:31:26.25 | 5:53 | 10.2 |
| 403 | KWESTOROWSKA SANDRA | 16 | KWESTORUN | ZABRZE | POLSKA | 30-39 | 159 | 403 | 00:12:49 | 00:31:17.05 | 00:31:26.30 | 5:54 | 10.2 |
| 404 | ROSGA ANNA | 1230 | | RACIBÓRZ | POLSKA | 40-49 | 162 | 404 | 00:12:49 | 00:31:14.90 | 00:31:26.85 | 5:53 | 10.2 |
| 405 | BLANA MAŁGORZATA | 1260 | | RACIBÓRZ | POLSKA | 40-49 | 163 | 405 | 00:12:50 | 00:31:14.95 | 00:31:26.90 | 5:53 | 10.2 |
| 406 | SZYMICZEK PAULINA | 537 | DYSTANS LUBOMIA | LUBOMIA | POLSKA | 20-29 | 58 | 406 | 00:12:52 | 00:30:56.65 | 00:31:27.45 | 5:50 | 10.3 |
| 407 | PLESZCZYŃSKA IWONA | 374 | | ZABRZE | POLSKA | 30-39 | 150 | 407 | 00:13:22 | 00:31:01.00 | 00:31:27.90 | 5:51 | 10.3 |
| 408 | PEPEK ANETA | 490 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 160 | 408 | 00:13:09 | 00:31:11.60 | 00:31:28.05 | 5:53 | 10.2 |
| 409 | SZADY BARBARA | 762 | | ŻORY | POLSKA | 30-39 | 164 | 409 | 00:13:01 | 00:31:24.00 | 00:31:29.95 | 5:55 | 10.1 |
| 410 | KOSMALA-LANDZIŃSKA EWA | 252 | | ŻORY | POLSKA | 30-39 | 149 | 410 | 00:13:37 | 00:31:00.85 | 00:31:30.85 | 5:50 | 10.3 |
| 411 | GAWĘŁCZYK MARTA | 494 | CE PROGRESS | ŻORY | POLSKA | 30-39 | 142 | 411 | 00:13:54 | 00:30:42.20 | 00:31:30.85 | 5:47 | 10.4 |
| 412 | PILCH LUCYNA | 1265 | CZARNE FIT | WISŁA | POLSKA | 20-29 | 56 | 412 | 00:13:55 | 00:30:49.85 | 00:31:31.85 | 5:48 | 10.3 |
| 413 | DELEWSKA DOROTA | 1005 | NIGHT RUNNERS ZABRZE | ZABRZE | POLSKA | 40-49 | 150 | 413 | 00:13:54 | 00:30:50.30 | 00:31:34.50 | 5:49 | 10.3 |
| 414 | RUMPEL MARIA | 390 | KS M.E.T.A. | CZYŻOWICE | POLSKA | 30-39 | 155 | 414 | 00:13:39 | 00:31:07.85 | 00:31:34.55 | 5:52 | 10.2 |
| 415 | GORUS ANNA | 1097 | NIGHT RUNNERS ZABRZE | ZABRZE | POLSKA | 30-39 | 146 | 415 | 00:13:55 | 00:30:50.50 | 00:31:34.55 | 5:49 | 10.3 |
| 416 | KRZEMPEK BOGUSŁAWA | 80 | UBS | BIELSKO-BIAŁA | POLSKA | 40-49 | 169 | 416 | 00:13:18 | 00:31:23.35 | 00:31:42.20 | 5:55 | 10.1 |
| 417 | CHUDEK AGNIESZKA | 939 | SPOT PSZCZYNA | GOCZAŁKOWICE | POLSKA | 30-39 | 165 | 417 | 00:12:29 | 00:31:25.80 | 00:31:43.45 | 5:55 | 10.1 |
| 418 | WESOŁY AGNIESZKA | 18 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 153 | 418 | 00:13:57 | 00:30:53.50 | 00:31:44.65 | 5:49 | 10.3 |
| 419 | WIRTH AGNIESZKA | 863 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 162 | 419 | 00:13:45 | 00:31:22.80 | 00:31:44.85 | 5:55 | 10.1 |
| 420 | JAWORSKA BARBARA | 1232 | BIELSZCZANKI BIEGAJĄ | BUCZKOWICE | POLSKA | 40-49 | 165 | 420 | 00:13:10 | 00:31:17.90 | 00:31:49.00 | 5:54 | 10.2 |
| 421 | KALUŻA BASIA | 858 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 30-39 | 158 | 421 | 00:13:09 | 00:31:16.70 | 00:31:49.10 | 5:54 | 10.2 |
| 422 | SIENKIEWICZ GABRIELA | 127 | POWOLI DO CELU | WOLA | POLSKA | 30-39 | 163 | 422 | 00:13:27 | 00:31:23.75 | 00:31:49.65 | 5:55 | 10.1 |
| 423 | EISLER ANNA | 136 | NESSI TEAM | CIĘCINA | POLSKA | 30-39 | 161 | 423 | 00:13:41 | 00:31:18.10 | 00:31:50.55 | 5:54 | 10.2 |
| 424 | BURZYŃSKA BEATA | 422 | | KATOWICE | POLSKA | 40-49 | 170 | 424 | 00:13:09 | 00:31:33.30 | 00:31:51.00 | 5:57 | 10.1 |
| 425 | DZIEDZIC AGNIESZKA | 789 | SŁOWIAŃSKIE PREZENTY | RYBNIK | POLSKA | 16-19 | 9 | 425 | 00:13:55 | 00:31:44.00 | 00:31:52.90 | 5:59 | 10 |
| 426 | DOBRAŚ ANNA | 1093 | MIECHOWICKA GRUPA BIEGOWA | - | POLSKA | 30-39 | 153 | 426 | 00:14:15 | 00:31:02.90 | 00:31:54.55 | 5:51 | 10.2 |
| 427 | BEM - POŹNIAK IWONA | 757 | MIECHOWICKA GRUPA BIEGOWA | - | POLSKA | 40-49 | 157 | 427 | 00:14:15 | 00:31:03.30 | 00:31:54.55 | 5:51 | 10.2 |
| 428 | LACHOWICZ IZABELA | 550 | | RYBNIK | POLSKA | 20-29 | 62 | 428 | 00:13:49 | 00:31:14.10 | 00:31:55.00 | 5:53 | 10.2 |
| 429 | GABRUŚ IWONA | 1056 | PĘDZĄCE ŻOŁWIE IMI | CZERWIONKA | POLSKA | 40-49 | 161 | 429 | 00:13:48 | 00:31:14.25 | 00:31:55.15 | 5:53 | 10.2 |
| 430 | WANIEK JUSTYNA | 540 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 59 | 430 | 00:13:59 | 00:31:03.95 | 00:31:56.40 | 5:51 | 10.2 |
| 431 | WACHTARCZYK DOMINIKA | 581 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 66 | 431 | 00:14:24 | 00:31:22.70 | 00:31:56.95 | 5:55 | 10.1 |
| 432 | KAFKA MAGDALENA | 205 | CE PROGRESS | ŻORY | POLSKA | 30-39 | 156 | 432 | 00:13:54 | 00:31:08.20 | 00:31:57.00 | 5:52 | 10.2 |
| 433 | KĘPKA JOANNA | 447 | KOLONIE | MIKOŁÓW | POLSKA | 40-49 | 173 | 433 | 00:13:09 | 00:31:37.75 | 00:31:57.90 | 5:57 | 10.1 |
| 434 | CIOCH EMILIA | 853 | | LIPOWA | POLSKA | 30-39 | 167 | 434 | 00:13:35 | 00:31:32.15 | 00:31:57.95 | 5:56 | 10.1 |
| 435 | KASPRZYCKA -SZUBARSKA KATARZYNA | 708 | OLZA CIESZYN | POGWIZDÓW | POLSKA | 40-49 | 166 | 435 | 00:13:42 | 00:31:20.80 | 00:31:58.80 | 5:54 | 10.1 |
| 436 | ADAMUS KATARZYNA | 79 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 167 | 436 | 00:13:42 | 00:31:21.50 | 00:31:59.25 | 5:55 | 10.1 |
| 437 | RUSEK ALEKSANDRA | 991 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 64 | 437 | 00:13:54 | 00:31:17.90 | 00:31:59.35 | 5:54 | 10.2 |
| 438 | DRABIK SYLWIA | 1128 | | CZERNICA | POLSKA | 30-39 | 172 | 438 | 00:13:55 | 00:31:37.85 | 00:32:02.65 | 5:58 | 10.1 |
| 439 | WOSIŃSKA HELENA | 954 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 40-49 | 171 | 439 | 00:13:26 | 00:31:34.55 | 00:32:02.80 | 5:57 | 10.1 |
| 440 | WAWOCZNY ANITA | 502 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 174 | 440 | 00:13:48 | 00:31:39.30 | 00:32:03.80 | 5:58 | 10 |
| 441 | WĘGRZYN EWA | 388 | SPOT PSZCZYNA, SONKO TEAM | ĆWIKLICE | POLSKA | 30-39 | 178 | 441 | 00:13:26 | 00:31:43.40 | 00:32:03.95 | 5:59 | 10 |
| 442 | MARSZALIK ANNA | 92 | | KATOWICE | POLSKA | 20-29 | 71 | 442 | 00:13:08 | 00:32:00.70 | 00:32:04.75 | 6:02 | 9.9 |
| 443 | KOLONKO ZUZANNA | 989 | DYSTANS LUBOMIA | LUBOMIA | POLSKA | 30-39 | 168 | 443 | 00:13:41 | 00:31:33.00 | 00:32:05.80 | 5:57 | 10.1 |
| 444 | KOWAL BEATA | 598 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 164 | 444 | 00:14:10 | 00:31:16.05 | 00:32:06.60 | 5:53 | 10.2 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|----------------------------|------|---------------------------|------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 445 | SZUŚCIK DAGMARA BARTOSIAK | 348 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 171 | 445 | 00:13:14 | 00:31:36.30 | 00:32:06.90 | 5:57 | 10.1 |
| 446 | GODZIC MAGDALENA | 964 | | FRYDEK | POLSKA | 40-49 | 179 | 446 | 00:13:36 | 00:31:52.35 | 00:32:08.40 | 6:00 | 10 |
| 447 | EBERHARD NIKOLA | 1292 | DECATHLON ŻORY | ŻORY | POLSKA | 20-29 | 61 | 447 | 00:13:26 | 00:31:10.65 | 00:32:08.50 | 5:53 | 10.2 |
| 448 | SPYRA AGNIESZKA | 1184 | | ORNONTOWICE | POLSKA | 30-39 | 179 | 448 | 00:13:15 | 00:31:44.30 | 00:32:09.00 | 5:59 | 10 |
| 449 | KANIA SYLWIA | 949 | SPOT PSZCZYNA | ŁĄKA | POLSKA | 30-39 | 180 | 449 | 00:13:31 | 00:31:53.60 | 00:32:09.85 | 6:00 | 10 |
| 450 | TARGOSZ ANETA | 987 | OLZA CIESZYN | CIESZYN | POLSKA | 30-39 | 166 | 450 | 00:13:30 | 00:31:30.70 | 00:32:11.05 | 5:56 | 10.1 |
| 451 | JAWORSKA MAGDALENA | 790 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 20-29 | 70 | 451 | 00:13:31 | 00:31:55.00 | 00:32:11.55 | 6:01 | 10 |
| 452 | KOWALCZYK ZUZANNA | 1291 | DECATHLON ŻORY | ŻORY | POLSKA | 30-39 | 160 | 452 | 00:13:38 | 00:31:17.90 | 00:32:12.00 | 5:54 | 10.2 |
| 453 | JĘDRZEJAK MAŁGORZATA | 932 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 65 | 453 | 00:13:58 | 00:31:20.05 | 00:32:13.10 | 5:54 | 10.1 |
| 454 | WIŚNIEWSKA MIRELLA | 441 | | KNURÓW | POLSKA | 40-49 | 181 | 454 | 00:13:26 | 00:31:54.45 | 00:32:13.15 | 6:01 | 10 |
| 455 | ŁAKOMSKA MICHALINA | 774 | | WODZISŁAW ŚLĄSKI | POLSKA | 16-19 | 7 | 455 | 00:14:04 | 00:31:16.85 | 00:32:13.45 | 5:54 | 10.2 |
| 456 | MUSIOŁ ZUZANNA | 921 | DYSTANS LUBOMIA | LUBOMIA | POLSKA | 40-49 | 175 | 456 | 00:13:41 | 00:31:41.35 | 00:32:13.50 | 5:58 | 10 |
| 457 | PAŃTAK LIWIA | 1284 | | ŻORY | POLSKA | 20-29 | 67 | 457 | 00:13:52 | 00:31:23.40 | 00:32:14.15 | 5:55 | 10.1 |
| 458 | KMIECIK IZABELA | 844 | | CHORZÓW | POLSKA | 40-49 | 184 | 458 | 00:13:01 | 00:32:02.15 | 00:32:16.25 | 6:02 | 9.9 |
| 459 | SZLAUER MAGDALENA | 879 | OLZA CIESZYN | USTROŃ | POLSKA | 30-39 | 176 | 459 | 00:13:44 | 00:31:40.85 | 00:32:16.65 | 5:58 | 10 |
| 460 | FIGIEL AGNIESZKA | 627 | | BIERUN | POLSKA | 30-39 | 170 | 460 | 00:13:12 | 00:31:36.00 | 00:32:16.70 | 5:57 | 10.1 |
| 461 | SZCZOT DAGMARA | 843 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 16-19 | 8 | 461 | 00:12:45 | 00:31:31.40 | 00:32:17.60 | 5:56 | 10.1 |
| 462 | WYSZYŃSKA KARINA | 697 | DAR BUD TEAM | KIETRZ | POLSKA | 30-39 | 169 | 462 | 00:14:07 | 00:31:33.85 | 00:32:17.85 | 5:57 | 10.1 |
| 463 | TRZCIŃSKA JOANNA | 1102 | KOBIETY NA 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 73 | 463 | 00:12:53 | 00:32:11.95 | 00:32:19.25 | 6:04 | 9.9 |
| 464 | HUBA AGNIESZKA | 851 | KOBIETY 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 186 | 464 | 00:12:53 | 00:32:12.45 | 00:32:19.65 | 6:04 | 9.9 |
| 465 | SZOJDA PAULINA | 7 | VIKING TRAINING CENTER | TYCHY | POLSKA | 30-39 | 173 | 465 | 00:13:12 | 00:31:39.30 | 00:32:19.95 | 5:58 | 10 |
| 466 | NYKIEL JOANNA | 924 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 172 | 466 | 00:13:44 | 00:31:34.85 | 00:32:20.25 | 5:57 | 10.1 |
| 467 | BAK-ŚCIERSKA BEATA | 514 | NESSI TEAM | RADOSTOWICE | POLSKA | 40-49 | 182 | 467 | 00:13:19 | 00:31:57.40 | 00:32:20.75 | 6:01 | 10 |
| 468 | JASNY AGATA | 91 | ADS MASNA | RUDA ŚLĄSKA | POLSKA | 30-39 | 177 | 468 | 00:13:13 | 00:31:42.85 | 00:32:20.80 | 5:59 | 10 |
| 469 | KOZŁOWSKA BOŻENA | 354 | | ŚWIĘTOCHŁOWICE | POLSKA | 40-49 | 180 | 469 | 00:13:15 | 00:31:53.50 | 00:32:21.75 | 6:00 | 10 |
| 470 | GORALCZYK AGNIESZKA | 330 | | SYRYNIA | POLSKA | 30-39 | 183 | 470 | 00:13:59 | 00:32:08.05 | 00:32:22.15 | 6:03 | 9.9 |
| 471 | SZYMIK ŻANETA | 963 | | BEŁK | POLSKA | 20-29 | 68 | 471 | 00:13:54 | 00:31:40.95 | 00:32:22.45 | 5:58 | 10 |
| 472 | DAJKA BARBARA | 253 | | BIERUŃ | POLSKA | 30-39 | 194 | 472 | 00:12:58 | 00:32:19.25 | 00:32:24.30 | 6:05 | 9.8 |
| 473 | SZOSTEK RENATA | 466 | | BOJSZOWY | POLSKA | 20-29 | 76 | 473 | 00:13:00 | 00:32:19.90 | 00:32:24.40 | 6:06 | 9.8 |
| 474 | GAJ MONIKA | 1225 | DAR BUD TEAM | KIETRZ | POLSKA | 30-39 | 175 | 474 | 00:13:54 | 00:31:40.55 | 00:32:24.90 | 5:58 | 10 |
| 475 | JASZCZAK MAŁGORZATA | 199 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 74 | 475 | 00:13:52 | 00:32:12.75 | 00:32:25.75 | 6:04 | 9.9 |
| 476 | WRÓBLEWSKA JOANNA | 1152 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 186 | 476 | 00:13:26 | 00:32:09.90 | 00:32:27.35 | 6:04 | 9.9 |
| 477 | ROZMUS EWA | 383 | POWOLI DO CELU | GÓRA | POLSKA | 40-49 | 185 | 477 | 00:13:53 | 00:32:02.25 | 00:32:27.55 | 6:02 | 9.9 |
| 478 | RASZKA WIOLETA | 718 | | CIESZYN | POLSKA | 50-59 | 26 | 478 | 00:13:34 | 00:32:00.75 | 00:32:28.20 | 6:02 | 9.9 |
| 479 | TATARCZYK JUSTYNA | 340 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 187 | 479 | 00:13:51 | 00:32:12.45 | 00:32:29.60 | 6:04 | 9.9 |
| 480 | SOBEL BEATA | 24 | JUSTFEELFIT | WIEPRZ | POLSKA | 30-39 | 182 | 480 | 00:13:39 | 00:32:03.25 | 00:32:30.25 | 6:02 | 9.9 |
| 481 | GASZKA SYLWIA | 562 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 177 | 481 | 00:13:18 | 00:31:47.00 | 00:32:30.75 | 5:59 | 10 |
| 482 | SZCZUKA JOANNA | 871 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 174 | 482 | 00:13:54 | 00:31:39.70 | 00:32:31.55 | 5:58 | 10 |
| 483 | PIEKARCZYK KATARZYNA | 1107 | | ŁAZISKA GÓRNE | POLSKA | 20-29 | 69 | 483 | 00:13:55 | 00:31:48.05 | 00:32:31.70 | 6:00 | 10 |
| 484 | GŁĄB MAGDALENA | 1237 | | TYCHY | POLSKA | 30-39 | 184 | 484 | 00:13:39 | 00:32:08.30 | 00:32:32.75 | 6:03 | 9.9 |
| 485 | FREJ ANNA | 977 | CIDRY LOTAJOM | RADZIONKÓW | POLSKA | 30-39 | 193 | 485 | 00:13:11 | 00:32:18.45 | 00:32:32.85 | 6:05 | 9.8 |
| 486 | MURAS-JAROMIN JUSTYNA | 1179 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 20-29 | 75 | 486 | 00:13:40 | 00:32:17.95 | 00:32:33.15 | 6:05 | 9.8 |
| 487 | KLONOWSKA MONIKA | 67 | WAWRZINEK TEAM | RACIBÓRZ | POLSKA | 30-39 | 181 | 487 | 00:13:48 | 00:32:02.45 | 00:32:34.15 | 6:02 | 9.9 |
| 488 | PIECHOCZEK-NIEZGODA LUCYNA | 1171 | | ŻORY | POLSKA | 40-49 | 183 | 488 | 00:13:59 | 00:31:58.45 | 00:32:35.25 | 6:02 | 9.9 |
| 489 | MLECZKO MONIKA | 820 | | BIELSKO-BIAŁA | POLSKA | 50-59 | 27 | 489 | 00:13:22 | 00:32:17.10 | 00:32:36.35 | 6:05 | 9.9 |
| 490 | TOKAREWICZ JUSTYNA | 95 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 195 | 490 | 00:13:37 | 00:32:20.35 | 00:32:38.25 | 6:06 | 9.8 |
| 491 | JUCHA MONIKA | 818 | | BIELSKO-BIAŁA | POLSKA | 40-49 | 194 | 491 | 00:13:22 | 00:32:20.30 | 00:32:38.55 | 6:06 | 9.8 |
| 492 | PAWEŁEK BARBARA | 1227 | | ZABRZE | POLSKA | 40-49 | 193 | 492 | 00:14:01 | 00:32:19.60 | 00:32:39.20 | 6:06 | 9.8 |
| 493 | ZŁOCIAK AGNIESZKA | 1216 | | TYCHY | POLSKA | 40-49 | 189 | 493 | 00:13:38 | 00:32:13.80 | 00:32:39.75 | 6:04 | 9.9 |
| 494 | PIECHACZEK KINGA | 521 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 198 | 494 | 00:13:33 | 00:32:26.20 | 00:32:40.50 | 6:07 | 9.8 |
| 495 | PILCH MIROŚLAWA | 1231 | | ŻORY | POLSKA | 40-49 | 178 | 495 | 00:14:07 | 00:31:50.90 | 00:32:42.45 | 6:00 | 10 |
| 496 | SMAGA EWELINA | 631 | | GOŁKOWICE | POLSKA | 30-39 | 189 | 496 | 00:14:08 | 00:32:13.55 | 00:32:42.75 | 6:04 | 9.9 |
| 497 | ŻEBROWSKA MATYLDA | 93 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 40-49 | 176 | 497 | 00:14:25 | 00:31:45.80 | 00:32:43.25 | 5:59 | 10 |
| 498 | ZAWADA TERESA | 674 | | JASTRZĘBIE ZDRÓJ | POLSKA | 50-59 | 29 | 498 | 00:13:23 | 00:32:27.95 | 00:32:43.30 | 6:07 | 9.8 |
| 499 | SĘDKOWSKA KINGA | 435 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 192 | 499 | 00:13:29 | 00:32:16.30 | 00:32:43.40 | 6:05 | 9.9 |
| 500 | KONIECZNY KATARZYNA | 716 | | GOLASOWICE | POLSKA | 30-39 | 190 | 500 | 00:13:44 | 00:32:15.35 | 00:32:44.00 | 6:05 | 9.9 |
| 501 | BUJAK KATARZYNA | 1090 | | ŻORY | POLSKA | 30-39 | 197 | 501 | 00:13:19 | 00:32:26.50 | 00:32:44.90 | 6:07 | 9.8 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|-----------------------------|------|--------------------------------|------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 502 | BUJAK KRYSZYNA | 1082 | | ŻORY | POLSKA | 20-29 | 77 | 502 | 00:13:18 | 00:32:26.15 | 00:32:44.95 | 6:07 | 9.8 |
| 503 | BENSKA KRYSZYNA | 1101 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 60+ | 7 | 503 | 00:14:04 | 00:31:54.85 | 00:32:45.70 | 6:01 | 10 |
| 504 | JAROSIŃSKA BARBARA | 42 | | CIESZYN | POLSKA | 40-49 | 199 | 504 | 00:13:36 | 00:32:29.40 | 00:32:45.95 | 6:07 | 9.8 |
| 505 | FECZKO MONIKA | 714 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 78 | 505 | 00:13:10 | 00:32:30.80 | 00:32:46.55 | 6:08 | 9.8 |
| 506 | ZACZYŃSKA-POZNIAK JAROSLAWA | 1126 | | DOBRZEŃ WIELKI | POLSKA | 40-49 | 187 | 506 | 00:13:57 | 00:32:11.60 | 00:32:46.85 | 6:04 | 9.9 |
| 507 | SZCZELINA MARTA | 1143 | NESSI TEAM | BRZESZCZE | POLSKA | 30-39 | 191 | 507 | 00:13:23 | 00:32:16.30 | 00:32:46.95 | 6:05 | 9.9 |
| 508 | PIWOŃSKA ADRIANA | 486 | INTERAKTYWNI KROSTOSZOWICE | PODBUCZE | POLSKA | 30-39 | 207 | 508 | 00:12:32 | 00:32:39.90 | 00:32:47.40 | 6:09 | 9.7 |
| 509 | KOTOWICZ BERNADETTA | 365 | | KĘDZIERZYN-KOŹLE | POLSKA | 40-49 | 195 | 509 | 00:13:50 | 00:32:21.85 | 00:32:47.65 | 6:06 | 9.8 |
| 510 | SICZEK MAŁGORZATA | 424 | | KĘDZIERZYN-KOŹLE | POLSKA | 40-49 | 196 | 510 | 00:13:50 | 00:32:21.85 | 00:32:47.75 | 6:06 | 9.8 |
| 511 | WASZKA MARTA | 1247 | | RUDA ŚLĄSKA | POLSKA | 20-29 | 72 | 511 | 00:13:22 | 00:32:11.70 | 00:32:49.15 | 6:04 | 9.9 |
| 512 | KUBAS ALINA | 905 | KLUB BIEGACZA FARTLEK | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 190 | 512 | 00:14:01 | 00:32:15.50 | 00:32:51.35 | 6:05 | 9.9 |
| 513 | ROLNIK JOANNA | 1203 | | ORZESZE | POLSKA | 30-39 | 198 | 513 | 00:13:40 | 00:32:30.80 | 00:32:51.80 | 6:07 | 9.8 |
| 514 | TROJAN JOLANTA | 595 | | - | POLSKA | 40-49 | 204 | 514 | 00:13:57 | 00:32:42.10 | 00:32:51.85 | 6:10 | 9.7 |
| 515 | JANKOWSKA BECIA | 784 | WIRUSY | SOSNOWIEC | POLSKA | 40-49 | 205 | 515 | 00:13:48 | 00:32:42.40 | 00:32:53.75 | 6:10 | 9.7 |
| 516 | OLSZYNA KATARZYNA | 41 | | RACIBÓRZ | POLSKA | 40-49 | 191 | 516 | | 00:32:17.65 | 00:32:54.20 | 6:05 | 9.8 |
| 517 | PIPIRO GRAŻYNA | 657 | KOBIETY 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 60+ | 8 | 517 | 00:13:35 | 00:32:44.00 | 00:32:55.65 | 6:10 | 9.7 |
| 518 | KUBICA BOŻENA | 81 | ZABIEGANI NAUCZYCIELE | ORNONTOWICE | POLSKA | 50-59 | 30 | 518 | 00:13:28 | 00:32:30.20 | 00:32:57.50 | 6:07 | 9.8 |
| 519 | KALETA AGNIESZKA | 451 | POWOLIDOCELU | BRZESZCZE | POLSKA | 30-39 | 199 | 519 | 00:13:53 | 00:32:32.95 | 00:32:58.75 | 6:08 | 9.8 |
| 520 | BORUTA WIOLETTA | 1252 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 185 | 520 | 00:14:11 | 00:32:11.25 | 00:32:59.05 | 6:04 | 9.9 |
| 521 | GŁÓWCZYK IZABELA | 1294 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 192 | 521 | 00:14:24 | 00:32:19.35 | 00:32:59.30 | 6:06 | 9.8 |
| 522 | KOSOWSKA GRAŻYNA | 1031 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 28 | 522 | 00:14:22 | 00:32:19.55 | 00:32:59.60 | 6:05 | 9.8 |
| 523 | IMIOŁCZYK IZABELA | 737 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 188 | 523 | 00:14:09 | 00:32:12.75 | 00:33:03.05 | 6:04 | 9.9 |
| 524 | ZIELIŃSKA ANNA | 418 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 188 | 524 | 00:14:09 | 00:32:12.55 | 00:33:03.15 | 6:04 | 9.9 |
| 525 | OLSZEWSKA DOROTA | 886 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 197 | 525 | 00:14:02 | 00:32:24.90 | 00:33:03.85 | 6:06 | 9.8 |
| 526 | CHAŁCZYŃSKA AGNIESZKA | 594 | W POGONI ZA DUCHEM | DĄBROWA GÓRNICZA | POLSKA | 30-39 | 196 | 526 | 00:14:21 | 00:32:20.70 | 00:33:04.05 | 6:06 | 9.8 |
| 527 | CZMOK PAULINA | 68 | | TYCHY | POLSKA | 30-39 | 210 | 527 | 00:13:58 | 00:32:44.60 | 00:33:04.15 | 6:10 | 9.7 |
| 528 | JARCZOK AGNIESZKA | 1049 | | WODZISŁAW ŚLĄSKI | POLSKA | 20-29 | 83 | 528 | 00:13:42 | 00:33:00.85 | 00:33:04.25 | 6:13 | 9.6 |
| 529 | KĄJZAR EWA | 141 | | RYBNIK | POLSKA | 30-39 | 211 | 529 | 00:14:11 | 00:32:45.70 | 00:33:08.25 | 6:10 | 9.7 |
| 530 | DUDEK KOMANIECKA PATRYCJA | 621 | DECATHLON RYBNIK &PRZYJACIELE | RYBNIK | POLSKA | 40-49 | 208 | 530 | 00:14:10 | 00:32:44.40 | 00:33:08.30 | 6:10 | 9.7 |
| 531 | BOMBOR ANTONINA | 869 | | RYBNIK | POLSKA | 30-39 | 212 | 531 | 00:14:02 | 00:32:47.80 | 00:33:08.65 | 6:11 | 9.7 |
| 532 | MUSIOŁ MAŁGORZATA | 865 | | WODZISŁAW ŚLĄSKI | POLSKA | 20-29 | 79 | 532 | 00:14:02 | 00:32:48.60 | 00:33:08.75 | 6:11 | 9.7 |
| 533 | ĆWIEK-LACH EWA | 238 | | MIKOŁÓW | POLSKA | 30-39 | 206 | 533 | 00:13:22 | 00:32:38.85 | 00:33:11.30 | 6:09 | 9.7 |
| 534 | BARTNIK JOANNA | 231 | STREET SPIRIT | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 207 | 534 | 00:14:07 | 00:32:43.45 | 00:33:12.90 | 6:10 | 9.7 |
| 535 | SALA LAURA | 1261 | SŁOWIAŃSKIE PREZENTY | RYBNIK | POLSKA | 16-19 | 10 | 535 | 00:13:54 | 00:33:03.90 | 00:33:13.05 | 6:14 | 9.6 |
| 536 | WIENIEK KATARZYNA | 748 | POZYTYWNE BIELSKO | BIELSKO-BIAŁA | POLSKA | 30-39 | 204 | 536 | 00:14:07 | 00:32:36.50 | 00:33:14.55 | 6:09 | 9.8 |
| 537 | WOJTON-STAWICKA MAŁGORZATA | 85 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 50-59 | 31 | 537 | 00:14:05 | 00:32:45.50 | 00:33:15.00 | 6:10 | 9.7 |
| 538 | BATKO AGNIESZKA | 248 | | ŻORY | POLSKA | 30-39 | 201 | 538 | 00:14:01 | 00:32:34.40 | 00:33:16.75 | 6:08 | 9.8 |
| 539 | WIERCIGROCH MARIOLA | 1072 | JUSTFEELFIT TEAM | KAMESZYNICA | POLSKA | 20-29 | 80 | 539 | 00:14:19 | 00:32:53.45 | 00:33:18.15 | 6:12 | 9.7 |
| 540 | JASEK WIOLA | 541 | WATAHA | ZABRZE | POLSKA | 40-49 | 206 | 540 | 00:13:44 | 00:32:43.20 | 00:33:18.45 | 6:10 | 9.7 |
| 541 | BURDZIK WERONIKA | 1164 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 85 | 541 | 00:13:17 | 00:33:08.40 | 00:33:19.40 | 6:15 | 9.6 |
| 542 | GRABOWSKA JOANNA | 25 | JUSTFEELFIT TEAM | WĘGIERSKA GÓRKA | POLSKA | 30-39 | 215 | 542 | 00:13:56 | 00:32:56.70 | 00:33:21.40 | 6:13 | 9.7 |
| 543 | REYMANN MILENA | 1297 | BANK SPÓŁDZIELNY | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 214 | 543 | 00:13:12 | 00:32:55.80 | 00:33:21.45 | 6:12 | 9.7 |
| 544 | WROŻYNA PATRYCJA | 1248 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 203 | 544 | 00:14:17 | 00:32:36.35 | 00:33:21.45 | 6:09 | 9.8 |
| 545 | BIAŁAS JOANNA | 1189 | SPOT PSZCZYNA | RADOSTOWICE | POLSKA | 40-49 | 209 | 545 | 00:13:41 | 00:33:06.20 | 00:33:21.70 | 6:14 | 9.6 |
| 546 | KUBIS BARBARA | 1196 | SPOT PSZCZYNA | CZARKÓW | POLSKA | 30-39 | 218 | 546 | 00:13:41 | 00:33:06.20 | 00:33:22.15 | 6:14 | 9.6 |
| 547 | WANDZEL ANNA | 1060 | | BIELSKO-BIAŁA | POLSKA | 30-39 | 213 | 547 | 00:14:00 | 00:32:53.65 | 00:33:22.60 | 6:12 | 9.7 |
| 548 | KORCZEWSKA BEATA | 634 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 201 | 548 | 00:14:15 | 00:32:32.65 | 00:33:23.00 | 6:08 | 9.8 |
| 549 | ROMBERG AGNIESZKA | 177 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 202 | 549 | 00:14:12 | 00:32:32.90 | 00:33:23.55 | 6:08 | 9.8 |
| 550 | MARCINKOWSKA MAGDALENA | 979 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 200 | 550 | 00:14:14 | 00:32:33.55 | 00:33:23.85 | 6:08 | 9.8 |
| 551 | SOBCZAK MAGDALENA | 470 | | JANKOWICE | POLSKA | 30-39 | 223 | 551 | 00:13:45 | 00:33:09.80 | 00:33:24.45 | 6:15 | 9.6 |
| 552 | MULKA ULA | 616 | | ŁĘDZINY | POLSKA | 30-39 | 209 | 552 | 00:13:58 | 00:32:43.40 | 00:33:25.05 | 6:10 | 9.7 |
| 553 | KALUŻNA ALEKSANDRA | 1251 | DYCUŚ TEAM | ZDZIESZOWICE | POLSKA | 30-39 | 221 | 553 | 00:13:10 | 00:33:09.35 | 00:33:25.35 | 6:15 | 9.6 |
| 554 | MIKA ANETA | 168 | DECATHLON RYBNIK & PRZYJACIELE | RYDUŁTOWY | POLSKA | 40-49 | 200 | 554 | 00:14:02 | 00:32:31.15 | 00:33:26.90 | 6:08 | 9.8 |
| 555 | GREGORCZYK MAGDALENA | 556 | STARY MŁYN MIKOŁÓW | MIKOŁÓW | POLSKA | 40-49 | 214 | 555 | 00:13:09 | 00:33:12.85 | 00:33:27.15 | 6:16 | 9.6 |
| 556 | WAWOCZNA MALINA | 702 | | ORZESZE | POLSKA | 30-39 | 219 | 556 | 00:14:21 | 00:33:06.30 | 00:33:27.35 | 6:14 | 9.6 |
| 557 | WINDER WERONIKA | 1243 | | GŁUBCZYCE | POLSKA | 30-39 | 208 | 557 | 00:13:55 | 00:32:43.25 | 00:33:27.90 | 6:10 | 9.7 |
| 558 | NOWAK ANNA | 536 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 213 | 558 | 00:13:51 | 00:33:11.75 | 00:33:29.95 | 6:15 | 9.6 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|-----------------------------|------|--------------------------------|--------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 559 | CICHY AGNIESZKA | 1070 | | RUDA ŚLĄSKA | POLSKA | 30-39 | 205 | 559 | 00:14:07 | 00:32:38.40 | 00:33:30.50 | 6:09 | 9.7 |
| 560 | SANDOMIERSKA ANITA | 113 | | RYBNIK | POLSKA | 30-39 | 202 | 560 | 00:14:02 | 00:32:35.15 | 00:33:30.55 | 6:08 | 9.8 |
| 561 | LIDUK VIOLETTA | 873 | | BĘDZIN | POLSKA | 40-49 | 217 | 561 | 00:13:12 | 00:33:19.00 | 00:33:31.25 | 6:17 | 9.5 |
| 562 | FRANKE BARBARA | 1028 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 211 | 562 | 00:13:18 | 00:33:10.50 | 00:33:32.95 | 6:15 | 9.6 |
| 563 | JANIK IZABELA | 1213 | | USTRŃ | POLSKA | 30-39 | 228 | 563 | 00:13:52 | 00:33:22.85 | 00:33:33.20 | 6:17 | 9.5 |
| 564 | WOJDALSKA-ŚLEDZIŃSKA AGATA | 260 | NESSI TEAM | KALISZ | POLSKA | 40-49 | 210 | 564 | 00:14:11 | 00:33:06.70 | 00:33:33.40 | 6:14 | 9.6 |
| 565 | CZYRNEK EWA | 583 | DECATHLON RYBNIK & PRZYJACIELE | RYBNIK | POLSKA | 40-49 | 203 | 565 | 00:14:24 | 00:32:38.60 | 00:33:34.05 | 6:09 | 9.7 |
| 566 | KAMEJSZA OLGA | 262 | ZABIERZÓW BIEGA | JASIENICA | POLSKA | 30-39 | 216 | 566 | 00:15:06 | 00:32:58.45 | 00:33:35.70 | 6:13 | 9.6 |
| 567 | WÓJCİK ANNA | 1127 | | SOSNOWIEC | POLSKA | 30-39 | 230 | 567 | 00:13:09 | 00:33:29.80 | 00:33:39.40 | 6:19 | 9.5 |
| 568 | STUCHLIK MONIKA | 681 | | JARZĄBKOWICE | POLSKA | 20-29 | 81 | 568 | 00:13:55 | 00:32:54.30 | 00:33:39.85 | 6:12 | 9.7 |
| 569 | SKROBOL PAULINA | 282 | SBG LET'S GO | ŻORY | POLSKA | 20-29 | 87 | 569 | 00:13:55 | 00:33:24.15 | 00:33:41.05 | 6:18 | 9.5 |
| 570 | KONAR KATARZYNA | 982 | | RYBNIK | POLSKA | 30-39 | 222 | 570 | 00:14:12 | 00:33:09.75 | 00:33:42.00 | 6:15 | 9.6 |
| 571 | LIPIŃSKA MONIKA | 1019 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 225 | 571 | 00:14:18 | 00:33:11.10 | 00:33:42.35 | 6:15 | 9.6 |
| 572 | ŻEGLEŃ MAGDALENA | 580 | | RUDA ŚLĄSKA | POLSKA | 20-29 | 92 | 572 | 00:12:18 | 00:33:36.90 | 00:33:44.55 | 6:20 | 9.5 |
| 573 | ĆWIKLIŃSKA-SŁOWIK MAGDALENA | 1076 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 241 | 573 | 00:13:38 | 00:33:46.65 | 00:33:46.65 | 6:22 | 9.4 |
| 574 | NOWAK AGNIESZKA | 182 | | JAWORZNO | POLSKA | 30-39 | 217 | 574 | 00:14:13 | 00:33:05.35 | 00:33:47.65 | 6:14 | 9.6 |
| 575 | SZKATUŁA JADWIGA | 427 | WKURW_TEAM | TURZA ŚLĄSKA | POLSKA | 20-29 | 88 | 575 | 00:13:53 | 00:33:29.80 | 00:33:48.35 | 6:19 | 9.5 |
| 576 | MAČKÓW KLAUDIA | 109 | AMATOR | PAKOŚLAWICE | POLSKA | 20-29 | 89 | 576 | 00:13:38 | 00:33:32.55 | 00:33:48.50 | 6:19 | 9.5 |
| 577 | KAJDA ZUZANNA | 98 | | SUSZEC | POLSKA | 30-39 | 233 | 577 | 00:14:34 | 00:33:31.40 | 00:33:48.50 | 6:19 | 9.5 |
| 578 | PILCH ANNA | 1268 | CZARNE FIT | WISŁA | POLSKA | 30-39 | 220 | 578 | 00:14:14 | 00:33:08.00 | 00:33:50.55 | 6:15 | 9.6 |
| 579 | POLOK-MIGAS JUSTYNA | 736 | | CESKY TESIN | POLSKA | 30-39 | 232 | 579 | 00:13:52 | 00:33:30.30 | 00:33:51.50 | 6:19 | 9.5 |
| 580 | SKRZYPCZAK EDYTA | 1146 | | JASTRZĘBIE - ZDRÓJ | POLSKA | 20-29 | 82 | 580 | 00:15:00 | 00:32:57.60 | 00:33:52.85 | 6:13 | 9.7 |
| 581 | KUBIŃSKA ALEKSANDRA | 711 | | PAWŁOWICE | POLSKA | 30-39 | 229 | 581 | 00:14:17 | 00:33:25.95 | 00:33:55.10 | 6:18 | 9.5 |
| 582 | PETRYKOWSKA ELŻBIETA | 353 | | ŻORY | POLSKA | 40-49 | 225 | 582 | 00:13:33 | 00:33:47.60 | 00:33:57.30 | 6:22 | 9.4 |
| 583 | BOŻEK DAGMARA | 335 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 220 | 583 | 00:13:31 | 00:33:37.90 | 00:33:57.75 | 6:20 | 9.5 |
| 584 | LIPKO IZABELA | 27 | | ŻORY | POLSKA | 30-39 | 238 | 584 | 00:13:31 | 00:33:37.85 | 00:33:57.80 | 6:20 | 9.5 |
| 585 | KUJAWA MARZENA | 984 | | ŻORY | POLSKA | 30-39 | 237 | 585 | 00:13:30 | 00:33:37.05 | 00:33:57.90 | 6:20 | 9.5 |
| 586 | WIŚNIEWSKA JUSTYNA | 227 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 236 | 586 | 00:13:36 | 00:33:36.50 | 00:33:58.65 | 6:20 | 9.5 |
| 587 | JORDAN MONIKA | 224 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 224 | 587 | 00:13:41 | 00:33:46.30 | 00:33:58.65 | 6:22 | 9.4 |
| 588 | JUNKA MARTA | 1073 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 234 | 588 | 00:13:47 | 00:33:33.20 | 00:34:00.70 | 6:19 | 9.5 |
| 589 | KOTAS ZUZANNA | 1021 | | PNIÓWEK | POLSKA | 20-29 | 84 | 589 | 00:14:02 | 00:33:08.00 | 00:34:00.95 | 6:15 | 9.6 |
| 590 | KOMOROWSKA BOŻENA | 103 | | RYBNIK | POLSKA | 50-59 | 32 | 590 | 00:13:52 | 00:33:14.35 | 00:34:01.15 | 6:16 | 9.6 |
| 591 | WILERT MONIKA | 804 | | GLIWICE | POLSKA | 20-29 | 86 | 591 | 00:13:52 | 00:33:12.75 | 00:34:01.65 | 6:16 | 9.6 |
| 592 | KAMIŃSKA AGNIESZKA | 1115 | | ZEBRZYDOWICE | POLSKA | 30-39 | 224 | 592 | 00:14:06 | 00:33:10.45 | 00:34:01.90 | 6:15 | 9.6 |
| 593 | MATUĆ ALEKSANDRA | 324 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 212 | 593 | 00:14:15 | 00:33:11.50 | 00:34:02.05 | 6:15 | 9.6 |
| 594 | DOBOSZ KATARZYNA | 881 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 215 | 594 | 00:14:41 | 00:33:14.55 | 00:34:02.25 | 6:16 | 9.6 |
| 595 | BLANIK AGA | 1212 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 30-39 | 231 | 595 | 00:13:36 | 00:33:30.30 | 00:34:02.50 | 6:19 | 9.5 |
| 596 | SZEFER SYLWIA | 123 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 230 | 596 | 00:13:41 | 00:33:58.75 | 00:34:04.40 | 6:24 | 9.4 |
| 597 | SZEFER WIOLETA | 334 | | JASTRZĘBIE - ZDRÓJ | POLSKA | 30-39 | 246 | 597 | 00:13:42 | 00:33:59.65 | 00:34:05.15 | 6:24 | 9.4 |
| 598 | WASIAK ANGELIKA | 101 | MORSY NA KOKSIE | WDZIESZOWICE | POLSKA | 20-29 | 90 | 598 | 00:14:10 | 00:33:33.55 | 00:34:05.35 | 6:20 | 9.5 |
| 599 | ROLA AGNIESZKA | 1177 | | BIERUŃ | POLSKA | 40-49 | 219 | 599 | 00:14:12 | 00:33:26.60 | 00:34:05.80 | 6:18 | 9.5 |
| 600 | MYŚLIWIEC MONIKA | 110 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 229 | 600 | 00:14:27 | 00:33:57.30 | 00:34:06.45 | 6:24 | 9.4 |
| 601 | AUGUŚCİK EWELINA | 917 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 245 | 601 | 00:14:27 | 00:33:57.65 | 00:34:06.80 | 6:24 | 9.4 |
| 602 | ŚLEBODA BOŻENA | 485 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 218 | 602 | 00:14:17 | 00:33:24.50 | 00:34:10.70 | 6:18 | 9.5 |
| 603 | LAKSA MARLENA | 731 | MIECHOWICKA GRUPA BIEGOWA | RUDA ŚLĄSKA | POLSKA | 40-49 | 216 | 603 | 00:14:12 | 00:33:17.80 | 00:34:11.30 | 6:16 | 9.5 |
| 604 | KALISZ MAGDALENA | 1244 | | BYTOM | POLSKA | 20-29 | 91 | 604 | 00:13:29 | 00:33:36.10 | 00:34:12.15 | 6:20 | 9.5 |
| 605 | ŚNIETKA ANNA | 1257 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 227 | 605 | 00:13:59 | 00:33:21.80 | 00:34:13.25 | 6:17 | 9.5 |
| 606 | KANIA BOŻENA | 407 | 50 LAT SP5 | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 233 | 606 | 00:13:42 | 00:34:03.90 | 00:34:13.55 | 6:25 | 9.3 |
| 607 | KOWALSKA MAŁGORZATA | 459 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 33 | 607 | 00:14:17 | 00:33:49.00 | 00:34:13.85 | 6:22 | 9.4 |
| 608 | KOWALCZYK BASIA | 1099 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 226 | 608 | 00:14:00 | 00:33:21.35 | 00:34:13.90 | 6:17 | 9.5 |
| 609 | KMIECIAK GRAŻYNA | 852 | | RADLIN | POLSKA | 40-49 | 221 | 609 | 00:13:35 | 00:33:42.40 | 00:34:14.80 | 6:21 | 9.4 |
| 610 | KRYSTEK EWELINA | 1007 | PSZCZYNA BIEGA | PSZCZYNA | POLSKA | 30-39 | 259 | 610 | 00:14:14 | 00:34:11.80 | 00:34:16.05 | 6:27 | 9.3 |
| 611 | WRÓBEL KATARZYNA | 965 | DYCUŚ TEAM | WDZIESZOWICE | POLSKA | 40-49 | 232 | 611 | 00:14:41 | 00:34:03.25 | 00:34:18.40 | 6:25 | 9.3 |
| 612 | STAWARCZYK ANNA | 730 | CPJ TEAM | RYBNIK | POLSKA | 30-39 | 242 | 612 | 00:14:40 | 00:33:51.20 | 00:34:18.60 | 6:23 | 9.4 |
| 613 | PICH JANETA | 726 | | RYBNIK | POLSKA | 40-49 | 226 | 613 | 00:14:43 | 00:33:51.05 | 00:34:18.85 | 6:23 | 9.4 |
| 614 | PUDA DOROTA | 694 | | MNICH | POLSKA | 40-49 | 222 | 614 | 00:14:23 | 00:33:45.05 | 00:34:19.55 | 6:22 | 9.4 |
| 615 | SZTURC KLAUDIA | 202 | KB MCKIS JAWORZNO | JAWORZNO | POLSKA | 30-39 | 235 | 615 | 00:14:37 | 00:33:33.80 | 00:34:19.55 | 6:20 | 9.5 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|--------------------------|------|------------------------------|------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 616 | GARBACZ JOANNA | 929 | | GLIWICE | POLSKA | 30-39 | 256 | 616 | 00:13:45 | 00:34:10.80 | 00:34:22.95 | 6:26 | 9.3 |
| 617 | WIECZOREK KLAUDIA | 652 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 244 | 617 | 00:14:33 | 00:33:57.35 | 00:34:23.10 | 6:24 | 9.4 |
| 618 | BUCZAK DOROTA | 1181 | | CZERNICA | POLSKA | 50-59 | 34 | 618 | 00:14:33 | 00:33:58.55 | 00:34:23.60 | 6:24 | 9.4 |
| 619 | KRASIŃSKA INGA | 96 | | RYBNIK | POLSKA | 30-39 | 239 | 619 | 00:15:10 | 00:33:39.20 | 00:34:26.25 | 6:20 | 9.5 |
| 620 | KUCZERA-JARGOT ALDONA | 549 | | ŻORY | POLSKA | 40-49 | 239 | 620 | 00:14:04 | 00:34:16.35 | 00:34:26.60 | 6:27 | 9.3 |
| 621 | BRYCHCY ESTERA | 36 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 30-39 | 243 | 621 | 00:14:19 | 00:33:55.55 | 00:34:27.10 | 6:24 | 9.4 |
| 622 | DOBOSZ IŁONA | 114 | | MARKŁOWICE GÓRNE | POLSKA | 40-49 | 240 | 622 | 00:14:04 | 00:34:17.70 | 00:34:28.55 | 6:28 | 9.3 |
| 623 | WYLOTEK BARBARA | 1249 | | RUDA ŚLĄSKA | POLSKA | 40-49 | 227 | 623 | 00:14:03 | 00:33:53.20 | 00:34:31.05 | 6:23 | 9.4 |
| 624 | SAWICKA MARTA | 250 | KOBIETY NA 5+ | JASTRZĘBIE-ZDROJ | POLSKA | 30-39 | 252 | 624 | 00:13:30 | 00:34:08.45 | 00:34:32.30 | 6:26 | 9.3 |
| 625 | NIERADZIK DARIA | 934 | | ORNONTOWICE | POLSKA | 20-29 | 93 | 625 | 00:15:04 | 00:33:48.75 | 00:34:32.40 | 6:22 | 9.4 |
| 626 | SURY-WOLNIEWICZ KAMILA | 417 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 242 | 626 | 00:13:51 | 00:34:25.75 | 00:34:32.60 | 6:29 | 9.2 |
| 627 | MICHALIK MAŁGORZATA | 577 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 223 | 627 | 00:15:23 | 00:33:45.20 | 00:34:33.55 | 6:22 | 9.4 |
| 628 | SZPYRA SONIA | 188 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 243 | 628 | 00:13:58 | 00:34:28.35 | 00:34:33.85 | 6:30 | 9.2 |
| 629 | STEFANIAK JUSTYNA | 319 | POGORIA BIEGA | DĄBROWA GÓRNICZA | POLSKA | 40-49 | 231 | 629 | 00:14:28 | 00:33:59.35 | 00:34:36.65 | 6:24 | 9.4 |
| 630 | ZDEB BARBARA | 323 | | ZABRZE | POLSKA | 30-39 | 240 | 630 | 00:15:02 | 00:33:40.20 | 00:34:37.50 | 6:21 | 9.4 |
| 631 | DRAJEWICZ MAGDALENA | 35 | WAWRZINEK TEAM | RACIBÓRZ | POLSKA | 30-39 | 255 | 631 | 00:14:25 | 00:34:10.75 | 00:34:41.20 | 6:26 | 9.3 |
| 632 | OSZEK KAROLINA | 13 | WAWRZINEK TEAM | RACIBÓRZ | POLSKA | 30-39 | 257 | 632 | 00:14:25 | 00:34:10.95 | 00:34:41.50 | 6:26 | 9.3 |
| 633 | KROCZEK MAGDALENA | 945 | | ZEBRZYDOWICE | POLSKA | 30-39 | 272 | 633 | 00:14:00 | 00:34:42.70 | 00:34:42.70 | 6:32 | 9.2 |
| 634 | DZIĘCIELEWSKA SYLWIA | 436 | BYLE DO METY | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 228 | 634 | 00:14:33 | 00:33:54.95 | 00:34:43.80 | 6:23 | 9.4 |
| 635 | BUGLA WERONIKA | 928 | DYSTANS CLUB LUBOMIA | GRABÓWKA | POLSKA | 40-49 | 238 | 635 | 00:14:33 | 00:34:11.20 | 00:34:43.90 | 6:26 | 9.3 |
| 636 | WIDERA ELŻBIETA | 644 | HRMAX ŻORY | ŻORY | POLSKA | 30-39 | 248 | 636 | 00:14:43 | 00:34:06.10 | 00:34:46.50 | 6:26 | 9.3 |
| 637 | BASEK MARTA | 1205 | HRMAX ŻORY | ŻORY | POLSKA | 40-49 | 235 | 637 | 00:14:45 | 00:34:08.00 | 00:34:46.65 | 6:26 | 9.3 |
| 638 | BURNAGIEL AGATA | 892 | HRMAX ŻORY | LESZCZYNY | POLSKA | 50-59 | 35 | 638 | 00:14:45 | 00:34:08.10 | 00:34:46.65 | 6:26 | 9.3 |
| 639 | ŻBEL ANIA | 327 | HRMAX ŻORY / HRMAX DZIOŁSZKI | ZEBRZYDOWICE | POLSKA | 30-39 | 253 | 639 | 00:14:44 | 00:34:08.65 | 00:34:46.70 | 6:26 | 9.3 |
| 640 | MACURA EWA | 176 | HRMAX ŻORY | ŻORY | POLSKA | 50-59 | 36 | 640 | 00:14:45 | 00:34:08.15 | 00:34:46.70 | 6:26 | 9.3 |
| 641 | KACZOREK ANNA | 936 | HRMAX | ŻORY | POLSKA | 40-49 | 234 | 641 | 00:14:45 | 00:34:07.00 | 00:34:46.80 | 6:26 | 9.3 |
| 642 | KALUS EWA | 404 | HRMAX ŻORY | ŻORY | POLSKA | 40-49 | 237 | 642 | 00:14:45 | 00:34:08.45 | 00:34:46.85 | 6:26 | 9.3 |
| 643 | ŚLEDŹ DOROTA | 545 | HRMAX ŻORY | ŻORY | POLSKA | 20-29 | 94 | 643 | 00:14:45 | 00:34:07.55 | 00:34:46.85 | 6:26 | 9.3 |
| 644 | PADIASEK DOMINIKA | 1303 | HRMAX ŻORY / HRMAX DZIOŁSZKI | ŻORY | POLSKA | 30-39 | 251 | 644 | 00:14:39 | 00:34:07.45 | 00:34:46.95 | 6:26 | 9.3 |
| 645 | TOMAN ANETA | 527 | HRMAX ŻORY | ŻORY | POLSKA | 40-49 | 236 | 645 | 00:14:45 | 00:34:08.25 | 00:34:47.20 | 6:26 | 9.3 |
| 646 | KLIMALA JULIA | 691 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 95 | 646 | 00:13:26 | 00:34:31.20 | 00:34:47.50 | 6:30 | 9.2 |
| 647 | LASKOWSKA ANNA | 1061 | | PAWŁOWICE | POLSKA | 30-39 | 249 | 647 | 00:14:56 | 00:34:06.20 | 00:34:49.55 | 6:26 | 9.3 |
| 648 | PROKOPIUK ADRIANA | 409 | KLUB BIEGACZA FARTLEK | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 260 | 648 | 00:14:38 | 00:34:15.15 | 00:34:49.75 | 6:27 | 9.3 |
| 649 | ERWIN MARTA | 22 | OTK RZEŹNIK | KNURÓW | POLSKA | 30-39 | 254 | 649 | 00:15:12 | 00:34:09.25 | 00:34:49.95 | 6:26 | 9.3 |
| 650 | LIPIŃSKA ANNA | 713 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 247 | 650 | 00:14:52 | 00:34:00.90 | 00:34:50.75 | 6:25 | 9.3 |
| 651 | PIASECKA ZOFIA | 893 | JUST FEEL FIT TEAM | JELEŚNIA | POLSKA | 16-19 | 11 | 651 | 00:14:04 | 00:34:24.00 | 00:34:52.05 | 6:29 | 9.2 |
| 652 | GAŚSIOR KATARZYNA | 198 | | PAWŁOWICE | POLSKA | 30-39 | 263 | 652 | 00:13:43 | 00:34:22.40 | 00:34:52.15 | 6:29 | 9.2 |
| 653 | GOCMAN NATALIA | 166 | | JASTRZEBIE ZDROJ | POLSKA | 30-39 | 262 | 653 | 00:14:37 | 00:34:20.05 | 00:34:53.00 | 6:28 | 9.3 |
| 654 | SŁUPECKA BEATA | 476 | KOBIETY NA 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 245 | 654 | 00:14:26 | 00:34:34.65 | 00:34:56.60 | 6:31 | 9.2 |
| 655 | WANDEL-HANUSEK AGNIESZKA | 481 | | RYBNIK | POLSKA | 30-39 | 265 | 655 | 00:14:28 | 00:34:23.35 | 00:34:56.80 | 6:29 | 9.2 |
| 656 | JACAK MARTA | 482 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 244 | 656 | 00:14:13 | 00:34:30.10 | 00:34:56.85 | 6:30 | 9.2 |
| 657 | FARUGA ANGELINA | 1159 | | ĆWIKLICE | POLSKA | 30-39 | 250 | 657 | 00:15:27 | 00:34:06.85 | 00:34:58.90 | 6:26 | 9.3 |
| 658 | SYPUŁA DANUTA | 303 | | MIKOŁÓW | POLSKA | 50-59 | 39 | 658 | 00:14:20 | 00:34:47.60 | 00:35:00.05 | 6:33 | 9.1 |
| 659 | GROMADZKA JUSTYNA | 29 | | BYTOM | POLSKA | 30-39 | 266 | 659 | 00:13:55 | 00:34:23.95 | 00:35:02.50 | 6:29 | 9.2 |
| 660 | DĄBROWSKA AGATA | 1094 | FABRYKA FORMY ŻORY | ŻORY | POLSKA | 30-39 | 261 | 660 | 00:15:03 | 00:34:16.70 | 00:35:02.80 | 6:27 | 9.3 |
| 661 | ZAGÓRSKA BEATA | 773 | | GOLESZÓW | POLSKA | 30-39 | 270 | 661 | 00:14:43 | 00:34:42.20 | 00:35:03.25 | 6:32 | 9.2 |
| 662 | GUMIELA JUSTYNA | 1012 | | KRAPKOWICE | POLSKA | 30-39 | 258 | 662 | 00:14:44 | 00:34:11.40 | 00:35:03.35 | 6:27 | 9.3 |
| 663 | PRZYBYŁA VIOLETTA | 150 | NESSI TEAM | TYCHY | POLSKA | 40-49 | 248 | 663 | 00:14:23 | 00:34:43.10 | 00:35:04.10 | 6:33 | 9.2 |
| 664 | CIEŚLIK DANUTA | 592 | | RUDA ŚLĄSKA | POLSKA | 50-59 | 40 | 664 | 00:14:45 | 00:34:56.90 | 00:35:04.10 | 6:35 | 9.1 |
| 665 | SŁOWIK WERONIKA | 164 | NESSI TEAM | TYCHY | POLSKA | 30-39 | 273 | 665 | 00:14:24 | 00:34:43.60 | 00:35:04.35 | 6:33 | 9.2 |
| 666 | KOWALSKA DOROTA | 193 | SBD ENERGETYK RYBNIK | RYBNIK | POLSKA | 50-59 | 38 | 666 | 00:14:28 | 00:34:40.45 | 00:35:05.70 | 6:32 | 9.2 |
| 667 | KOCUR MICHALINA | 544 | | ZABORZE | POLSKA | 20-29 | 96 | 667 | 00:14:23 | 00:34:31.80 | 00:35:06.40 | 6:30 | 9.2 |
| 668 | ZIELONKA AGNIESZKA | 506 | | ŚWIERKLANY | POLSKA | 30-39 | 277 | 668 | 00:15:00 | 00:34:50.80 | 00:35:07.35 | 6:34 | 9.1 |
| 669 | LEWANDOWSKA ANNA | 632 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 264 | 669 | 00:14:49 | 00:34:22.70 | 00:35:07.80 | 6:29 | 9.3 |
| 670 | KACZMARCZYK MAGDALENA | 139 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 20-29 | 98 | 670 | 00:14:35 | 00:34:38.25 | 00:35:08.30 | 6:32 | 9.2 |
| 671 | SOKÓŁ-OLEŚ EWELINA | 78 | | PAWŁOWICE | POLSKA | 40-49 | 247 | 671 | 00:14:36 | 00:34:40.35 | 00:35:08.40 | 6:32 | 9.2 |
| 672 | KŁAK NATALIA | 1185 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 97 | 672 | 00:14:33 | 00:34:33.25 | 00:35:08.45 | 6:31 | 9.2 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|---------------------------------|------|--|----------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 673 | PAWLIK MAŁGORZATA | 520 | | CZĘSTOCHOWA | POLSKA | 40-49 | 241 | 673 | 00:14:36 | 00:34:21.95 | 00:35:08.65 | 6:29 | 9.3 |
| 674 | STOLARCZYK ALEKSANDRA | 859 | RUNTEAM PAWŁOWICE | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 268 | 674 | 00:14:41 | 00:34:38.65 | 00:35:10.95 | 6:32 | 9.2 |
| 675 | KRUSZONA ANNA | 899 | | HAŻLACH | POLSKA | 30-39 | 276 | 675 | 00:14:43 | 00:34:49.80 | 00:35:11.00 | 6:34 | 9.1 |
| 676 | LERCH DOROTA | 1246 | 50 LAT SP5 | GOŁKOWICE | POLSKA | 30-39 | 282 | 676 | 00:13:39 | 00:35:01.50 | 00:35:11.15 | 6:36 | 9.1 |
| 677 | RAKSZAWA IZABELA | 66 | | RYBNIK | POLSKA | 40-49 | 253 | 677 | 00:13:49 | 00:35:03.05 | 00:35:12.30 | 6:36 | 9.1 |
| 678 | RAKSZAWA ANNA | 77 | | RYBNIK | POLSKA | 20-29 | 103 | 678 | 00:13:45 | 00:35:02.65 | 00:35:12.50 | 6:36 | 9.1 |
| 679 | WITKOWICZ MONIKA | 792 | | WODZISŁAW ŚLĄSKI | POLSKA | 30-39 | 274 | 679 | 00:15:50 | 00:34:43.60 | 00:35:13.15 | 6:33 | 9.2 |
| 680 | BRZANA KLAUDIA | 275 | KOLONIE | MIKOŁÓW | POLSKA | 20-29 | 99 | 680 | 00:14:17 | 00:34:39.75 | 00:35:17.00 | 6:32 | 9.2 |
| 681 | PAJĄK MAŁGORZATA | 503 | | JASTRZĘBIE ZDRÓJ | POLSKA | 50-59 | 37 | 681 | 00:14:47 | 00:34:32.55 | 00:35:17.55 | 6:30 | 9.2 |
| 682 | URBAŚ MONIKA | 475 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 267 | 682 | 00:14:47 | 00:34:32.60 | 00:35:18.00 | 6:31 | 9.2 |
| 683 | NOWAKOWSKA AGNIESZKA | 11 | SEASTER`S | GLIWICE | POLSKA | 30-39 | 269 | 683 | 00:15:11 | 00:34:40.00 | 00:35:21.25 | 6:32 | 9.2 |
| 684 | KWAŚNIEWSKA KATARZYNA | 910 | | ŻORY | POLSKA | 30-39 | 278 | 684 | 00:14:33 | 00:34:52.75 | 00:35:21.60 | 6:34 | 9.1 |
| 685 | POŚLUSZNA MONIKA | 935 | SPOT PSZCZYNA | BIELSKO-BIAŁA | POLSKA | 20-29 | 101 | 685 | 00:15:16 | 00:34:57.05 | 00:35:22.55 | 6:35 | 9.1 |
| 686 | KONIECZNA MARZENA | 488 | OLZA CIESZYN | CIESZYN | POLSKA | 40-49 | 254 | 686 | 00:14:12 | 00:35:05.75 | 00:35:23.05 | 6:37 | 9.1 |
| 687 | HABER KASIA | 1113 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 246 | 687 | 00:14:55 | 00:34:35.30 | 00:35:24.20 | 6:31 | 9.2 |
| 688 | PRZYBYCIN BOŻENA | 169 | MIECHOWICKA GRUPA BIEGOWA | TARNOWSKIE GÓRY | POLSKA | 30-39 | 275 | 688 | 00:15:43 | 00:34:45.55 | 00:35:27.45 | 6:33 | 9.1 |
| 689 | TOKAREWICZ KASIA | 39 | ZEBRY | ZEBRZYDOWICE | POLSKA | 30-39 | 284 | 689 | 00:14:34 | 00:35:05.75 | 00:35:27.90 | 6:37 | 9.1 |
| 690 | KIONKA KATARZYNA | 684 | | GLIWICE | POLSKA | 20-29 | 100 | 690 | 00:15:50 | 00:34:41.40 | 00:35:30.90 | 6:32 | 9.2 |
| 691 | LEPICH KATARZYNA | 661 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 271 | 691 | 00:14:52 | 00:34:42.30 | 00:35:32.00 | 6:33 | 9.2 |
| 692 | NYSZTAŁ IZABELA | 57 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 255 | 692 | 00:15:04 | 00:35:09.20 | 00:35:33.75 | 6:37 | 9 |
| 693 | ADAMCZAK RENATA | 637 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 257 | 693 | 00:14:22 | 00:35:14.15 | 00:35:33.90 | 6:38 | 9 |
| 694 | ANDROSZ JOANNA | 246 | | RYBNIK | POLSKA | 30-39 | 279 | 694 | 00:14:52 | 00:34:55.10 | 00:35:34.75 | 6:35 | 9.1 |
| 695 | MĘDREK MARZENA | 911 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 20-29 | 107 | 695 | 00:15:20 | 00:35:12.60 | 00:35:35.45 | 6:38 | 9 |
| 696 | PAWELSKA KAMILA | 915 | SPOT PSZCZYNA | PSZCZYNA | POLSKA | 20-29 | 106 | 696 | 00:15:19 | 00:35:12.25 | 00:35:35.70 | 6:38 | 9 |
| 697 | BAŁA JUSTYNA | 245 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 251 | 697 | 00:14:52 | 00:34:56.60 | 00:35:35.90 | 6:35 | 9.1 |
| 698 | KSEPKO KASIA | 375 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 280 | 698 | 00:15:19 | 00:34:56.50 | 00:35:36.45 | 6:35 | 9.1 |
| 699 | BIERNAT AGNIESZKA | 1067 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 249 | 699 | 00:14:35 | 00:34:49.45 | 00:35:38.40 | 6:34 | 9.1 |
| 700 | ŚWIDERSKA ANNA | 416 | POWOLI DO CELU | WOLA | POLSKA | 30-39 | 286 | 700 | 00:14:41 | 00:35:10.10 | 00:35:38.75 | 6:38 | 9 |
| 701 | NAWROCKA AGNIESZKA | 599 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 252 | 701 | 00:14:43 | 00:34:57.05 | 00:35:39.95 | 6:35 | 9.1 |
| 702 | HEKIERT WIOLETA | 40 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 250 | 702 | 00:15:17 | 00:34:52.20 | 00:35:41.05 | 6:34 | 9.1 |
| 703 | JAFERNIK MAŁGORZATA | 46 | PW RAFI | ŻYWIEC | POLSKA | 30-39 | 285 | 703 | 00:14:49 | 00:35:08.50 | 00:35:41.45 | 6:37 | 9 |
| 704 | CHMIEL JOANNA | 337 | KOLONIE | MIKOŁÓW | POLSKA | 50-59 | 41 | 704 | 00:14:48 | 00:35:20.35 | 00:35:41.85 | 6:40 | 9 |
| 705 | KIERMASZEK PAULINA | 1068 | | WODZISŁAW ŚLĄSKI | POLSKA | 20-29 | 104 | 705 | 00:15:22 | 00:35:03.10 | 00:35:42.35 | 6:36 | 9.1 |
| 706 | PŁAZA AGNIESZKA | 321 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 108 | 706 | 00:13:59 | 00:35:23.60 | 00:35:43.15 | 6:40 | 9 |
| 707 | PODESZWA BARBARA | 154 | KOLONIE | MIKOŁÓW | POLSKA | 40-49 | 261 | 707 | 00:14:21 | 00:35:28.20 | 00:35:49.55 | 6:41 | 9 |
| 708 | HABER KAROLINA | 1120 | | BYTOM | POLSKA | 20-29 | 102 | 708 | 00:14:47 | 00:35:01.70 | 00:35:51.10 | 6:36 | 9.1 |
| 709 | JURCZYK BARBARA | 543 | STUDIO ENERGIA FITNESS RYBNIK | RYBNIK | POLSKA | 20-29 | 110 | 709 | 00:15:44 | 00:35:52.10 | 00:35:52.10 | 6:46 | 8.9 |
| 710 | KOZDĘBA KATARZYNA | 97 | | RACIBÓRZ | POLSKA | 40-49 | 260 | 710 | 00:13:58 | 00:35:25.35 | 00:35:54.80 | 6:40 | 9 |
| 711 | DANEL EWELINA | 500 | | RACIBÓRZ | POLSKA | 30-39 | 290 | 711 | 00:14:26 | 00:35:24.00 | 00:35:54.95 | 6:40 | 9 |
| 712 | WYRBA DOROTA | 1220 | | RACIBÓRZ | POLSKA | 30-39 | 281 | 712 | 00:16:18 | 00:35:01.20 | 00:35:55.85 | 6:36 | 9.1 |
| 713 | KATRYNIOK EWA | 272 | KS M. E.T.A. | UCHYLSKO | POLSKA | 30-39 | 291 | 713 | 00:14:12 | 00:35:32.95 | 00:35:58.10 | 6:42 | 8.9 |
| 714 | ZMUDA WIOLETA | 807 | KS M. E.T.A. | GORZYCZKI | POLSKA | 40-49 | 262 | 714 | 00:14:11 | 00:35:31.60 | 00:35:58.20 | 6:42 | 8.9 |
| 715 | MAZURKIEWICZ BŁASZCZYK WERONIKA | 211 | MORS HUBERTUS MYSŁOWICE | ŁAZISKA GÓRNE | POLSKA | 30-39 | 283 | 715 | 00:14:58 | 00:35:03.70 | 00:36:01.30 | 6:36 | 9.1 |
| 716 | POCHWYT INES | 269 | | MIKOŁÓW | POLSKA | 40-49 | 258 | 716 | 00:14:37 | 00:35:25.00 | 00:36:02.35 | 6:40 | 9 |
| 717 | MADEJSKA MAGDALENA | 338 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 30-39 | 297 | 717 | 00:14:47 | 00:35:57.00 | 00:36:03.25 | 6:46 | 8.8 |
| 718 | KOŚNIAK BEATA | 796 | O CO BIEGA W KALETACH | KALETY | POLSKA | 30-39 | 292 | 718 | 00:15:25 | 00:35:36.15 | 00:36:03.30 | 6:43 | 8.9 |
| 719 | PANEK SYLWIA | 515 | ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE | CZECHOWICE-DZIEDZICE | POLSKA | 40-49 | 264 | 719 | 00:14:55 | 00:35:51.20 | 00:36:04.15 | 6:46 | 8.9 |
| 720 | WORONKO-ZACZYNSKA JANINA | 1042 | METRACO POLKOWICE | LUBIN | POLSKA | 60+ | 9 | 720 | 00:15:18 | 00:35:29.35 | 00:36:05.15 | 6:41 | 9 |
| 721 | BRODA KAMILA | 612 | | PIASEK | POLSKA | 20-29 | 105 | 721 | 00:14:43 | 00:35:10.05 | 00:36:06.65 | 6:38 | 9 |
| 722 | BRODA BEATA | 663 | | PIASEK | POLSKA | 40-49 | 256 | 722 | 00:14:42 | 00:35:09.70 | 00:36:06.75 | 6:37 | 9 |
| 723 | GRZYŚKA KATARZYNA | 200 | | ZABRZE | POLSKA | 30-39 | 287 | 723 | 00:15:50 | 00:35:18.60 | 00:36:09.35 | 6:39 | 9 |
| 724 | HANSLIK KATARZYNA | 826 | RUNTEAM PAWŁOWICE | WARSZOWICE | POLSKA | 30-39 | 288 | 724 | 00:15:51 | 00:35:23.30 | 00:36:10.15 | 6:40 | 9 |
| 725 | KONOPACKA WALERIA | 369 | RUNTEAM PAWŁOWICE | BIELSKO-BIAŁA | POLSKA | 60+ | 10 | 725 | 00:15:46 | 00:35:33.85 | 00:36:11.40 | 6:42 | 8.9 |
| 726 | STRĘCIOK AGNIESZKA | 1283 | FRELKI | KATOWICE | POLSKA | 30-39 | 289 | 726 | 00:14:58 | 00:35:23.45 | 00:36:14.30 | 6:40 | 9 |
| 727 | OLEARCZYK JOANNA | 814 | FRELKI | KATOWICE | POLSKA | 40-49 | 259 | 727 | 00:14:59 | 00:35:25.20 | 00:36:14.40 | 6:40 | 9 |
| 728 | STĘPIŃSKA PATRYCJA | 352 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 109 | 728 | 00:15:17 | 00:35:46.65 | 00:36:14.45 | 6:45 | 8.9 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|-----------------------|------|----------------------------|------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 729 | STACHURA KATARZYNA | 1233 | | KATOWICE | POLSKA | 50-59 | 42 | 729 | 00:14:19 | 00:36:04.95 | 00:36:17.45 | 6:48 | 8.8 |
| 730 | SERWATKA ANGELIKA | 346 | WATAHA | ZABRZE | POLSKA | 30-39 | 295 | 730 | 00:14:11 | 00:35:43.50 | 00:36:20.85 | 6:44 | 8.9 |
| 731 | KROWIAK AGATA | 263 | FARTLEK | PAWŁOWICE | POLSKA | 40-49 | 265 | 731 | 00:14:49 | 00:36:00.25 | 00:36:23.15 | 6:47 | 8.8 |
| 732 | STEFAŃSKA DOROTA | 1281 | | RYBNIK | POLSKA | 30-39 | 299 | 732 | 00:15:08 | 00:36:05.45 | 00:36:23.40 | 6:48 | 8.8 |
| 733 | LAZAR JOANNA | 825 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 293 | 733 | 00:15:03 | 00:35:40.25 | 00:36:24.25 | 6:43 | 8.9 |
| 734 | MORGAŁA DARIA | 1221 | | KSIĄŻENICE | POLSKA | 30-39 | 294 | 734 | 00:15:19 | 00:35:42.75 | 00:36:25.30 | 6:44 | 8.9 |
| 735 | SZYŃAL MAGDALENA | 1037 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 305 | 735 | 00:14:26 | 00:36:13.50 | 00:36:28.70 | 6:50 | 8.8 |
| 736 | SATŁAWA-JANIEC ALICJA | 786 | | ZWONOWICE | POLSKA | 30-39 | 296 | 736 | 00:14:45 | 00:35:52.80 | 00:36:29.95 | 6:46 | 8.9 |
| 737 | BLOCH KATARZYNA | 933 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 263 | 737 | 00:15:30 | 00:35:36.35 | 00:36:30.00 | 6:43 | 8.9 |
| 738 | SŁOWIK KORA | 565 | POWOLI DO CELU | WOLA | POLSKA | 30-39 | 303 | 738 | 00:15:04 | 00:36:12.00 | 00:36:35.90 | 6:49 | 8.8 |
| 739 | ZMUDA EWELINA | 1121 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 307 | 739 | 00:14:23 | 00:36:24.90 | 00:36:38.70 | 6:52 | 8.7 |
| 740 | ZALUBSKA BEATA | 596 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 30-39 | 306 | 740 | 00:14:24 | 00:36:20.90 | 00:36:40.00 | 6:51 | 8.7 |
| 741 | SOSZ KATARZYNA | 938 | | SZCZĘJKOWICE | POLSKA | 16-19 | 12 | 741 | 00:15:13 | 00:36:24.15 | 00:36:41.40 | 6:52 | 8.7 |
| 742 | MĘDRALA ALEKSANDRA | 735 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 304 | 742 | 00:15:32 | 00:36:12.15 | 00:36:42.75 | 6:49 | 8.8 |
| 743 | SOSZ ANIA | 454 | | SZCZĘJKOWICE | POLSKA | 40-49 | 268 | 743 | 00:15:18 | 00:36:26.35 | 00:36:44.45 | 6:52 | 8.7 |
| 744 | PILCH AGNIESZKA | 1299 | CZARNE FIT | WISŁA | POLSKA | 40-49 | 266 | 744 | 00:14:36 | 00:36:04.40 | 00:36:46.65 | 6:48 | 8.8 |
| 745 | JAMA LUCYNA | 240 | | SŁAWKÓW | POLSKA | 30-39 | 302 | 745 | 00:14:59 | 00:36:07.70 | 00:36:47.45 | 6:49 | 8.8 |
| 746 | KRÓL MAGDALENA | 30 | | SŁAWKÓW | POLSKA | 40-49 | 269 | 746 | 00:15:15 | 00:36:28.70 | 00:36:48.00 | 6:53 | 8.7 |
| 747 | ŻOŁĄDEK BEATA | 128 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 272 | 747 | 00:15:29 | 00:36:35.95 | 00:36:48.20 | 6:54 | 8.7 |
| 748 | SZWED ANIA | 241 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 298 | 748 | 00:15:15 | 00:35:58.95 | 00:36:48.30 | 6:47 | 8.8 |
| 749 | PROCNER ESTERA | 1250 | CZARNE FIT | WISŁA | POLSKA | 30-39 | 300 | 749 | 00:15:00 | 00:36:06.45 | 00:36:49.35 | 6:48 | 8.8 |
| 750 | CIEŚLAR ANIELA | 1229 | CZARNE FIT | WISŁA | POLSKA | 50-59 | 43 | 750 | 00:15:00 | 00:36:07.25 | 00:36:50.20 | 6:49 | 8.8 |
| 751 | ŁANUCHA MARIOLA | 1001 | KOBIETY NA 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 50-59 | 44 | 751 | 00:14:34 | 00:36:14.10 | 00:36:54.40 | 6:50 | 8.8 |
| 752 | PYTLIK AGATA | 566 | SISTERS | RYBNIK | POLSKA | 20-29 | 112 | 752 | 00:15:01 | 00:36:38.15 | 00:36:55.05 | 6:54 | 8.7 |
| 753 | PEPEK BOŻENA | 357 | | ŻORY | POLSKA | 30-39 | 313 | 753 | 00:15:02 | 00:36:38.35 | 00:36:55.30 | 6:54 | 8.7 |
| 754 | SZEWCZUK AGNIESZKA | 64 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 267 | 754 | 00:14:38 | 00:36:11.10 | 00:36:57.75 | 6:49 | 8.8 |
| 755 | LIPOK IWONA | 990 | MIECHOWICACH GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 316 | 755 | 00:15:49 | 00:36:43.60 | 00:36:57.90 | 6:55 | 8.7 |
| 756 | CHROBOK NATALIA | 373 | OLZA CIESZYN | CIESZYN | POLSKA | 30-39 | 301 | 756 | 00:15:13 | 00:36:06.65 | 00:36:59.35 | 6:48 | 8.8 |
| 757 | ROTTER HANNA | 1051 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 50-59 | 45 | 757 | 00:15:23 | 00:36:23.35 | 00:37:01.60 | 6:51 | 8.7 |
| 758 | KIERMASZEK BARBARA | 1055 | | WODZISŁAW ŚLĄSKI | POLSKA | 50-59 | 46 | 758 | 00:15:25 | 00:36:25.05 | 00:37:01.70 | 6:52 | 8.7 |
| 759 | PINGIELSKA MAŁGORZATA | 71 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 40-49 | 271 | 759 | 00:14:58 | 00:36:33.75 | 00:37:03.30 | 6:53 | 8.7 |
| 760 | KLIMEK MONIKA | 242 | DYSTANS LUBOMIA | ROGÓW | POLSKA | 20-29 | 111 | 760 | 00:16:01 | 00:36:29.45 | 00:37:03.60 | 6:53 | 8.7 |
| 761 | KORALEWSKA KINGA | 126 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 311 | 761 | 00:15:31 | 00:36:36.50 | 00:37:06.75 | 6:54 | 8.7 |
| 762 | MODLIŃSKA PAULINA | 664 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 310 | 762 | 00:15:32 | 00:36:36.45 | 00:37:06.95 | 6:54 | 8.7 |
| 763 | KOTOSKA ANETA | 243 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 321 | 763 | 00:14:30 | 00:36:57.10 | 00:37:07.85 | 6:58 | 8.6 |
| 764 | KOŻDOŃ JAGODA | 431 | INŻYNIERIA BIEGANIA TEAM | RYBNIK | POLSKA | 30-39 | 317 | 764 | 00:15:36 | 00:36:45.70 | 00:37:08.85 | 6:56 | 8.7 |
| 765 | SERAFIN-CHWAEK JOANNA | 841 | KOBIETY NA 5+ | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 273 | 765 | 00:15:38 | 00:36:42.20 | 00:37:11.30 | 6:55 | 8.7 |
| 766 | BRANDYS KRYSZYNA | 501 | | PAWŁOWICE | POLSKA | 30-39 | 309 | 766 | 00:15:10 | 00:36:29.75 | 00:37:16.25 | 6:53 | 8.7 |
| 767 | DYŃIA MAGDALENA | 870 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 270 | 767 | 00:15:10 | 00:36:29.75 | 00:37:16.25 | 6:53 | 8.7 |
| 768 | LAPCZYK MAGDALENA | 288 | MORSY SKOCZÓW | POGÓRZE | POLSKA | 30-39 | 314 | 768 | 00:15:30 | 00:36:39.55 | 00:37:19.40 | 6:55 | 8.7 |
| 769 | FRANKOWSKA ANIA | 159 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 50-59 | 47 | 769 | 00:15:27 | 00:36:57.40 | 00:37:22.05 | 6:58 | 8.6 |
| 770 | ZWIÓREK-ROTKEGEL ANNA | 940 | MIECHOWICKA GRUPA BIEGOWA | TOSZEK | POLSKA | 50-59 | 48 | 770 | 00:15:50 | 00:36:58.00 | 00:37:22.15 | 6:58 | 8.6 |
| 771 | BATKO ANIA | 72 | | ŻORY | POLSKA | 30-39 | 315 | 771 | 00:15:51 | 00:36:40.45 | 00:37:23.00 | 6:55 | 8.7 |
| 772 | PYZIK BARBARA | 380 | KLUB BIEGACZA FARTLEK | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 318 | 772 | 00:15:22 | 00:36:49.85 | 00:37:23.50 | 6:56 | 8.6 |
| 773 | BIELIŃSKA ANNA | 998 | | RYBNIK | POLSKA | 30-39 | 308 | 773 | 00:15:22 | 00:36:28.70 | 00:37:24.10 | 6:53 | 8.7 |
| 774 | CYFKA AGNIESZKA | 548 | | CHORZÓW | POLSKA | 30-39 | 319 | 774 | 00:15:59 | 00:36:51.10 | 00:37:28.20 | 6:57 | 8.6 |
| 775 | SURMA ADRIANNA | 302 | RADLINIOKI W BIEGU | RADLIN | POLSKA | 20-29 | 116 | 775 | 00:14:59 | 00:37:24.80 | 00:37:29.75 | 7:03 | 8.5 |
| 776 | KACZKIEWICZ AGNIESZKA | 31 | NIGHT RUNNERS GLIWICE | GLIWICE | POLSKA | 40-49 | 281 | 776 | 00:15:05 | 00:37:17.30 | 00:37:30.45 | 7:02 | 8.5 |
| 777 | NIEDZWIEDŹ JULIA | 727 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 16-19 | 13 | 777 | 00:15:22 | 00:37:02.90 | 00:37:30.95 | 6:59 | 8.6 |
| 778 | GŁĄB MARIOLA | 828 | | GLIWICE | POLSKA | 30-39 | 312 | 778 | 00:15:06 | 00:36:37.10 | 00:37:33.85 | 6:54 | 8.7 |
| 779 | PTASIŃSKA IWONA | 426 | | PAWOWICE | POLSKA | 30-39 | 324 | 779 | 00:15:41 | 00:37:02.60 | 00:37:34.00 | 6:59 | 8.6 |
| 780 | LAMPKA KATARZYNA | 130 | | RYBNIK | POLSKA | 20-29 | 115 | 780 | 00:14:42 | 00:37:22.00 | 00:37:37.70 | 7:03 | 8.5 |
| 781 | STYRNOL BEATA | 386 | | PAWŁÓW | POLSKA | 40-49 | 276 | 781 | 00:15:49 | 00:37:01.25 | 00:37:38.90 | 6:59 | 8.6 |
| 782 | KLIMA AGNIESZKA | 331 | AMATOR | RACIBÓRZ | POLSKA | 40-49 | 278 | 782 | 00:15:50 | 00:37:03.05 | 00:37:39.05 | 6:59 | 8.6 |
| 783 | JANCZURA MARZENA | 259 | | KIETRZ | POLSKA | 40-49 | 277 | 783 | 00:15:51 | 00:37:03.00 | 00:37:39.15 | 6:59 | 8.6 |
| 784 | ŚWIDER ANNA | 1272 | | PRZEGĘDZA | POLSKA | 40-49 | 275 | 784 | 00:15:54 | 00:36:52.75 | 00:37:40.65 | 6:57 | 8.6 |
| 785 | GRINIG MIRELA | 513 | | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 282 | 785 | 00:15:54 | 00:37:28.05 | 00:37:41.20 | 7:04 | 8.5 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|-------------------------|------|---------------------------|------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 786 | MARUSZCZAK JUSTYNA | 232 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 274 | 786 | 00:15:25 | 00:36:51.65 | 00:37:44.45 | 6:57 | 8.6 |
| 787 | SAWICKA AGNIESZKA | 318 | KLUB BIEGACZA FARTLEK | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 279 | 787 | 00:15:22 | 00:37:10.70 | 00:37:46.10 | 7:00 | 8.6 |
| 788 | ORDZOWIAŁA KAROLINA | 839 | | ŻORY | POLSKA | 30-39 | 330 | 788 | 00:15:34 | 00:37:20.75 | 00:37:46.85 | 7:02 | 8.5 |
| 789 | PALUCH AGNIESZKA | 1069 | | RUDA ŚLĄSKA | POLSKA | 30-39 | 331 | 789 | 00:15:13 | 00:37:23.75 | 00:37:51.60 | 7:03 | 8.5 |
| 790 | SEKUŁA MARLENA | 587 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 325 | 790 | 00:15:29 | 00:37:08.50 | 00:37:52.05 | 7:00 | 8.6 |
| 791 | BRAUN JUSTYNA | 1208 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 320 | 791 | 00:15:00 | 00:36:56.15 | 00:37:52.90 | 6:58 | 8.6 |
| 792 | NOWAK EWELINA | 778 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 283 | 792 | 00:14:29 | 00:37:29.45 | 00:37:54.30 | 7:04 | 8.5 |
| 793 | BALCERAK BEATA | 517 | | ŻORY | POLSKA | 30-39 | 333 | 793 | 00:15:34 | 00:37:29.15 | 00:37:55.40 | 7:04 | 8.5 |
| 794 | WYŻNIKIEWICZ LIDIA | 811 | | WODZISŁAW ŚLĄSKI | POLSKA | 60+ | 11 | 794 | 00:15:50 | 00:37:28.50 | 00:37:57.70 | 7:04 | 8.5 |
| 795 | KASPER JULIA | 1141 | CROSSTRENING RACIBÓRZ | PAWŁÓW | POLSKA | 30-39 | 322 | 795 | 00:15:41 | 00:37:01.30 | 00:37:58.95 | 6:59 | 8.6 |
| 796 | ISKRA JOANNA | 191 | CROSSTRENING RACIBÓRZ | RACIBÓRZ | POLSKA | 30-39 | 323 | 796 | 00:15:41 | 00:37:01.50 | 00:37:58.95 | 6:59 | 8.6 |
| 797 | WOWRA AGATA | 157 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 327 | 797 | 00:15:59 | 00:37:13.05 | 00:38:04.70 | 7:01 | 8.5 |
| 798 | KUBIK ANNA | 885 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 114 | 798 | 00:15:59 | 00:37:12.95 | 00:38:04.80 | 7:01 | 8.5 |
| 799 | BOMBIK EDYTA | 174 | | JANKOWICE | POLSKA | 30-39 | 328 | 799 | 00:15:54 | 00:37:19.25 | 00:38:06.60 | 7:02 | 8.5 |
| 800 | JAROSZ JOLANTA | 210 | MORS HUBERTUS MYSŁOWICE | JAWORZNO | POLSKA | 40-49 | 280 | 800 | 00:16:00 | 00:37:12.90 | 00:38:06.75 | 7:01 | 8.5 |
| 801 | STYSZ DARIA | 268 | MORS HUBERTUS MYSŁOWICE | ŚWIERCZYNEC | POLSKA | 20-29 | 113 | 801 | 00:16:09 | 00:37:10.90 | 00:38:06.75 | 7:00 | 8.6 |
| 802 | BALAŻIŃSKA AGNIESZKA | 142 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 30-39 | 326 | 802 | 00:16:09 | 00:37:11.00 | 00:38:06.85 | 7:00 | 8.6 |
| 803 | PELACZYK WIOLETTA | 140 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 289 | 803 | 00:15:00 | 00:37:46.60 | 00:38:08.25 | 7:07 | 8.4 |
| 804 | ZALEWSKA BARBARA | 47 | KOBIETY 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 290 | 804 | 00:15:34 | 00:37:46.65 | 00:38:08.65 | 7:07 | 8.4 |
| 805 | LORENZ WIOLETTA | 816 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 40-49 | 286 | 805 | 00:16:22 | 00:37:42.30 | 00:38:10.75 | 7:06 | 8.4 |
| 806 | CHOMICKA DOROTA | 925 | BIELSZCZANKI BIEGAJĄ | BIELSKO-BIAŁA | POLSKA | 40-49 | 285 | 806 | 00:16:24 | 00:37:41.90 | 00:38:10.85 | 7:06 | 8.4 |
| 807 | KAJTOCH EWA | 452 | DECATHLON I PRZYJACIELE | ŚWIERKLANY | POLSKA | 40-49 | 291 | 807 | | 00:38:12.00 | 00:38:12.00 | 7:12 | 8.3 |
| 808 | MANDOK KASIA | 1195 | | PSZCZYNA | POLSKA | 30-39 | 335 | 808 | 00:15:04 | 00:37:56.35 | 00:38:13.45 | 7:09 | 8.4 |
| 809 | MŁOCEK EWELINA | 1048 | | SAMBOROWICE | POLSKA | 30-39 | 329 | 809 | 00:16:19 | 00:37:19.60 | 00:38:14.55 | 7:02 | 8.5 |
| 810 | DRYNDA JOLANTA | 593 | | RUDA ŚLĄSKA | POLSKA | 30-39 | 332 | 810 | 00:15:11 | 00:37:28.50 | 00:38:17.15 | 7:04 | 8.5 |
| 811 | PUDA PATRYCJA | 785 | | SKOCZÓW | POLSKA | 20-29 | 117 | 811 | 00:16:56 | 00:37:34.15 | 00:38:17.70 | 7:05 | 8.5 |
| 812 | BAJCAR JUSTYNA | 901 | KOBIETY NA 5+ | CHYBIE | POLSKA | 20-29 | 118 | 812 | 00:15:13 | 00:38:10.90 | 00:38:19.15 | 7:12 | 8.3 |
| 813 | KUBIAK CELINA | 306 | | GLIWICE | POLSKA | 40-49 | 284 | 813 | 00:15:34 | 00:37:41.20 | 00:38:20.70 | 7:06 | 8.4 |
| 814 | KUDASZEWICZ DUDA SYLWIA | 849 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 287 | 814 | 00:16:01 | 00:37:43.85 | 00:38:25.55 | 7:07 | 8.4 |
| 815 | GÓRAL ALINA | 125 | | MYSŁOWICE | POLSKA | 30-39 | 334 | 815 | 00:15:16 | 00:37:49.40 | 00:38:27.65 | 7:08 | 8.4 |
| 816 | DAMIĘCKA MAGDA | 660 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 30-39 | 340 | 816 | 00:15:46 | 00:38:03.35 | 00:38:29.25 | 7:10 | 8.4 |
| 817 | BARTNICKA BARBARA | 542 | | PAWŁOWICE | POLSKA | 30-39 | 338 | 817 | 00:15:44 | 00:38:01.65 | 00:38:29.45 | 7:10 | 8.4 |
| 818 | KWIATOŃ PATRYCJA | 28 | RUNTEAM PAWŁOWICE | PAWŁOWICE | POLSKA | 30-39 | 336 | 818 | 00:15:43 | 00:38:01.15 | 00:38:29.55 | 7:10 | 8.4 |
| 819 | MYŚLIWIEC SENIORITA | 666 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 120 | 819 | 00:15:53 | 00:38:23.00 | 00:38:30.90 | 7:14 | 8.3 |
| 820 | CEBULA MARTA | 689 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 119 | 820 | 00:15:52 | 00:38:22.70 | 00:38:31.05 | 7:14 | 8.3 |
| 821 | NALEPKA KATARZYNA | 1240 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 288 | 821 | 00:16:04 | 00:37:45.25 | 00:38:39.75 | 7:07 | 8.4 |
| 822 | GOJDKA EWELINA | 887 | KOBIETY NA 5+ | CHYBIE | POLSKA | 20-29 | 121 | 822 | 00:15:15 | 00:38:36.85 | 00:38:45.35 | 7:17 | 8.2 |
| 823 | SKWARK ANETA | 1204 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 343 | 823 | 00:15:24 | 00:38:17.65 | 00:38:46.60 | 7:13 | 8.3 |
| 824 | ŻYWICA DOROTA | 1156 | ADS MASNA | KATOWICE | POLSKA | 40-49 | 294 | 824 | 00:15:55 | 00:38:39.65 | 00:38:48.30 | 7:17 | 8.2 |
| 825 | KRZESZOWSKA BEATA | 20 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 50-59 | 49 | 825 | 00:15:54 | 00:38:04.20 | 00:38:52.50 | 7:10 | 8.4 |
| 826 | WOJNAROWSKA ANNA | 1259 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 337 | 826 | 00:16:04 | 00:38:01.25 | 00:38:58.30 | 7:10 | 8.4 |
| 827 | WOJCIECHOWICZ MAGDA | 1130 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 339 | 827 | 00:16:04 | 00:38:01.80 | 00:38:59.05 | 7:10 | 8.4 |
| 828 | BĄKOWSKA ANNA | 1032 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 341 | 828 | 00:16:24 | 00:38:13.30 | 00:39:04.70 | 7:12 | 8.3 |
| 829 | ZDUNEK DOROTA | 505 | | ŻORY | POLSKA | 30-39 | 342 | 829 | 00:16:28 | 00:38:16.50 | 00:39:06.45 | 7:13 | 8.3 |
| 830 | WISEŁKA LUCYNA | 310 | RADLINIOKI W BIEGU | RYBNIK | POLSKA | 40-49 | 292 | 830 | 00:16:14 | 00:38:22.35 | 00:39:07.85 | 7:14 | 8.3 |
| 831 | MALCZAK SANDRA | 1211 | | CIESZYN | POLSKA | 16-19 | 14 | 831 | 00:17:08 | 00:38:56.25 | 00:39:08.10 | 7:20 | 8.2 |
| 832 | BOBER ANETA | 12 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 344 | 832 | 00:16:37 | 00:38:40.15 | 00:39:08.60 | 7:17 | 8.2 |
| 833 | SKRABARCZYK ANNA | 558 | POWOLI DO CELU | WOLA | POLSKA | 30-39 | 347 | 833 | 00:15:52 | 00:38:45.50 | 00:39:12.20 | 7:18 | 8.2 |
| 834 | NIEDZWIEDZ MAJA | 721 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 345 | 834 | 00:15:05 | 00:38:42.40 | 00:39:15.35 | 7:18 | 8.2 |
| 835 | BARON KATARZYNA | 835 | KOSMO DENTAL TEAM | GLIWICE | POLSKA | 30-39 | 346 | 835 | 00:16:00 | 00:38:44.60 | 00:39:16.65 | 7:18 | 8.2 |
| 836 | NOSOL KAROLINA | 444 | PW RAFI | JARZĄBKOWICE | POLAND | 20-29 | 122 | 836 | 00:16:03 | 00:38:46.00 | 00:39:19.35 | 7:18 | 8.2 |
| 837 | BANASIK DOROTA | 523 | | BIELSKO-BIAŁA | POLSKA | 30-39 | 351 | 837 | 00:15:48 | 00:39:00.35 | 00:39:20.50 | 7:21 | 8.2 |
| 838 | PIKSA EWELINA | 604 | | ZDZIESZOWICE | POLSKA | 30-39 | 354 | 838 | 00:16:29 | 00:39:13.10 | 00:39:25.35 | 7:23 | 8.1 |
| 839 | JAROS KATARZYNA | 197 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 293 | 839 | 00:16:20 | 00:38:29.30 | 00:39:25.85 | 7:15 | 8.3 |
| 840 | NOWAK MALWINA | 948 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 349 | 840 | 00:17:17 | 00:38:55.20 | 00:39:30.35 | 7:20 | 8.2 |
| 841 | MALCZAK BEATA | 1209 | | CIESZYN | POLSKA | 40-49 | 299 | 841 | 00:16:22 | 00:39:19.10 | 00:39:30.65 | 7:25 | 8.1 |
| 842 | ŁASTÓWKA MARZENA | 1079 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 297 | 842 | 00:16:16 | 00:38:59.50 | 00:39:31.05 | 7:21 | 8.2 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|---------------------------------|------|--------------------------------|------------------------|----------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 843 | GRZYWACZ ANNA | 1033 | | JASTRZĘBIE ZDRÓJ | POLSKA | 50-59 | 50 | 843 | 00:16:20 | 00:39:24.65 | 00:39:31.25 | 7:26 | 8.1 |
| 844 | PIETER ANNA | 471 | | JASTRZĘBIE -ZDRÓJ | POLSKA | 30-39 | 353 | 844 | 00:16:36 | 00:39:10.00 | 00:39:34.20 | 7:23 | 8.1 |
| 845 | SARNECKA-BĘBENEK ALEKSANDRA | 1161 | GB GALOPUJACE ŚLIMAKI | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 350 | 845 | 00:16:30 | 00:38:58.70 | 00:39:34.65 | 7:21 | 8.2 |
| 846 | ŻARSKA KATARZYNA | 266 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 357 | 846 | 00:16:47 | 00:39:36.65 | 00:39:36.65 | 7:28 | 8 |
| 847 | ZIEJA IZA | 1133 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 295 | 847 | 00:15:48 | 00:38:47.25 | 00:39:43.00 | 7:19 | 8.2 |
| 848 | ZIEJA MARTYNA | 1137 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 123 | 848 | 00:15:48 | 00:38:47.95 | 00:39:43.00 | 7:19 | 8.2 |
| 849 | FRYSZTACKA BARBARA | 701 | | WODZISŁAW ŚLAŚKI | POLSKA | 40-49 | 296 | 849 | 00:15:41 | 00:38:47.75 | 00:39:44.60 | 7:19 | 8.2 |
| 850 | PLUCHOWSKA GRAŻYNA | 890 | BIELSZCZANKI BIEGAJĄ | BIELSKO- BIAŁA | POLSKA | 40-49 | 300 | 850 | 00:15:37 | 00:39:29.05 | 00:39:45.00 | 7:27 | 8.1 |
| 851 | CHOLEWA MAGDALENA | 1194 | | BIELSKO-BIAŁA | POLSKA | 30-39 | 348 | 851 | 00:15:32 | 00:38:51.10 | 00:39:45.25 | 7:19 | 8.2 |
| 852 | SIĄKAŁA ADRIANNA | 930 | | RUDZICA | POLSKA | 30-39 | 356 | 852 | 00:15:38 | 00:39:30.00 | 00:39:45.30 | 7:27 | 8.1 |
| 853 | MACHOCZEK ALEKSANDRA | 1214 | | ŻORY | POLSKA | 30-39 | 355 | 853 | 00:16:41 | 00:39:14.35 | 00:39:48.40 | 7:24 | 8.1 |
| 854 | GRANIECZNY SIMONA | 156 | | RACIBÓRZ | POLSKA | 20-29 | 127 | 854 | 00:15:48 | 00:39:34.90 | 00:39:50.55 | 7:28 | 8 |
| 855 | STACHERSKA ELZBIETA | 440 | SK ČERNE PLÍCE | FRYDLANT NAD OSTRAVICI | CZECH | 30-39 | 352 | 855 | 00:16:28 | 00:39:08.90 | 00:39:58.75 | 7:23 | 8.1 |
| | | | | | REPUBLIC | | | | | | | | |
| 856 | PRASAK SABINA | 311 | POGORIA BIEGA | SOSNOWIEC | POLSKA | 40-49 | 298 | 856 | 00:16:37 | 00:39:08.30 | 00:39:59.25 | 7:23 | 8.1 |
| 857 | STAŚKIEWICZ MONIKA | 49 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 305 | 857 | 00:16:31 | 00:40:01.35 | 00:40:07.90 | 7:33 | 7.9 |
| 858 | BEDNARZ ANNA | 285 | BIEGAM BO LUBIĘ | GLIWICE | POLSKA | 40-49 | 301 | 858 | 00:15:34 | 00:39:34.50 | 00:40:13.80 | 7:27 | 8 |
| 859 | MACIOŃCZYK KATARZYNA | 410 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 359 | 859 | 00:16:45 | 00:39:50.90 | 00:40:15.10 | 7:31 | 8 |
| 860 | DARNOWSKA-HYLA JULIA | 957 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 360 | 860 | 00:16:27 | 00:40:02.10 | 00:40:18.65 | 7:33 | 7.9 |
| 861 | SPYRKA MAŁGORZATA | 846 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 303 | 861 | 00:16:54 | 00:39:59.75 | 00:40:19.00 | 7:32 | 8 |
| 862 | ŻEBROWSKA WERONIKA | 862 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 20-29 | 124 | 862 | 00:16:08 | 00:39:23.55 | 00:40:19.60 | 7:25 | 8.1 |
| 863 | WRONA ALEKSANDRA | 943 | | CHYBIE | POLSKA | 20-29 | 125 | 863 | 00:16:09 | 00:39:24.85 | 00:40:19.75 | 7:26 | 8.1 |
| 864 | WÓJCİK MAŁGORZATA | 952 | | BRZEŹNICA | POLSKA | 20-29 | 126 | 864 | 00:16:10 | 00:39:25.00 | 00:40:19.90 | 7:26 | 8.1 |
| 865 | STEFANIK - KARCZEWSKA KATARZYNA | 286 | | JASTRZĘBIE - ZDRÓJ | POLSKA | 30-39 | 358 | 865 | 00:17:59 | 00:39:49.15 | 00:40:30.65 | 7:30 | 8 |
| 866 | FOLDA ANITA | 836 | KOLONIE | MIKOŁÓW | POLSKA | 40-49 | 302 | 866 | 00:16:56 | 00:39:54.20 | 00:40:30.75 | 7:31 | 8 |
| 867 | DAMIS DARIA | 759 | | JASTRZĘBIE ZDRÓJ | POLSKA | 20-29 | 128 | 867 | 00:17:58 | 00:39:47.90 | 00:40:30.75 | 7:30 | 8 |
| 868 | PROCNER DOROTA | 658 | | BIELSKO-BIAŁA | POLSKA | 40-49 | 309 | 868 | 00:15:53 | 00:40:09.75 | 00:40:31.55 | 7:34 | 7.9 |
| 869 | WELET MARZENA | 672 | | OCHABY MAŁE | POLSKA | 40-49 | 308 | 869 | 00:15:46 | 00:40:09.45 | 00:40:31.65 | 7:34 | 7.9 |
| 870 | BURYAN KAMILA | 931 | | NULL | POLSKA | 30-39 | 361 | 870 | 00:16:58 | 00:40:23.60 | 00:40:37.25 | 7:37 | 7.9 |
| 871 | SZCZUCHNIAK ADRIANA | 823 | | JASTRZEBIE-ZDRÓJ | POLSKA | 40-49 | 304 | 871 | 00:16:18 | 00:40:00.60 | 00:40:39.15 | 7:33 | 7.9 |
| 872 | BRZANA ANNA | 254 | KOLONIE | MIKOŁÓW | POLSKA | 40-49 | 307 | 872 | 00:16:56 | 00:40:06.80 | 00:40:43.15 | 7:34 | 7.9 |
| 873 | KUNERT KATARZYNA | 402 | KOLONIE | MIKOŁÓW | POLSKA | 40-49 | 306 | 873 | 00:17:19 | 00:40:06.70 | 00:40:43.25 | 7:34 | 7.9 |
| 874 | JURCZYK DANUTA | 553 | STUDIO ENERGIA FITNESS RYBNIK | RYBNIK | POLSKA | 40-49 | 314 | 874 | 00:17:10 | 00:40:48.00 | 00:40:48.00 | 7:41 | 7.8 |
| 875 | WOŹNIAK ANNA | 829 | | BYTOM | POLSKA | 40-49 | 310 | 875 | 00:17:23 | 00:40:11.25 | 00:40:56.25 | 7:34 | 7.9 |
| 876 | TKACZ ANIA | 76 | MORSY NA KOKSIE | KĘDZIERZYN KOŹLE | POLSKA | 30-39 | 362 | 876 | 00:17:28 | 00:40:57.55 | 00:40:58.75 | 7:43 | 7.8 |
| 877 | SZATANIK IWONA | 573 | OLZA CIESZYN | HAŻLACH | POLSKA | 40-49 | 311 | 877 | 00:16:56 | 00:40:11.30 | 00:40:59.55 | 7:34 | 7.9 |
| 878 | DĄBROWSKA SYLWIA | 1256 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 312 | 878 | 00:16:40 | 00:40:32.00 | 00:41:00.10 | 7:38 | 7.8 |
| 879 | ŁUCARZ ANNA | 121 | NESSI TEAM | BRZEZINKA | POLSKA | 40-49 | 313 | 879 | 00:16:46 | 00:40:38.85 | 00:41:10.25 | 7:40 | 7.8 |
| 880 | ARASZCZUK MAGDALENA | 1288 | DECATHLON ŻORY | RYBNIK | POLSKA | 20-29 | 129 | 880 | 00:15:47 | 00:40:17.80 | 00:41:13.85 | 7:36 | 7.9 |
| 881 | NIESTROJ JUSTYNA | 463 | OSP MARKOWICE | RACIBÓRZ | POLSKA | 20-29 | 131 | 881 | 00:16:38 | 00:41:01.55 | 00:41:16.50 | 7:44 | 7.7 |
| 882 | ROŻEK DAGMARA | 615 | | BYTOM | POLSKA | 20-29 | 130 | 882 | 00:17:13 | 00:40:35.40 | 00:41:22.40 | 7:39 | 7.8 |
| 883 | NOWAKOWSKA JOANNA | 372 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 316 | 883 | 00:16:40 | 00:40:58.30 | 00:41:26.85 | 7:43 | 7.8 |
| 884 | MAZUR MAŁGORZATA | 801 | KOBIETY NA 5+ | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 317 | 884 | 00:16:08 | 00:41:08.60 | 00:41:31.45 | 7:45 | 7.7 |
| 885 | SZYMANEK KARINA | 722 | | PUNCÓW | POLSKA | 40-49 | 315 | 885 | 00:17:25 | 00:40:57.85 | 00:41:35.70 | 7:43 | 7.8 |
| 886 | PISAREK DOROTA | 805 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 320 | 886 | 00:17:13 | 00:41:22.60 | 00:41:41.30 | 7:48 | 7.7 |
| 887 | PISAREK MAGDALENA | 1004 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 134 | 887 | 00:16:35 | 00:41:22.70 | 00:41:41.40 | 7:48 | 7.7 |
| 888 | SZÓTEK SYLWIA | 647 | | CIESZYN | POLSKA | 20-29 | 132 | 888 | 00:17:13 | 00:41:11.95 | 00:41:42.30 | 7:46 | 7.7 |
| 889 | PIETRZYK SYLWIA | 625 | | KOŃCZYCE MAŁE | POLAND | 20-29 | 133 | 889 | 00:17:15 | 00:41:12.00 | 00:41:42.35 | 7:46 | 7.7 |
| 890 | LEKSTON EWA | 298 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 321 | 890 | 00:16:43 | 00:41:27.45 | 00:41:51.70 | 7:49 | 7.7 |
| 891 | CAŁKA SYLWIA | 918 | DECATHLON RYBNIK I PRZYJACIELE | JEJKOWICE | POLSKA | 30-39 | 363 | 891 | 00:16:44 | 00:41:42.05 | 00:41:53.90 | 7:52 | 7.6 |
| 892 | CZERWIŃSKA EWELINA | 489 | | CZERWIONKA-LESZCZYNY | POLSKA | 20-29 | 135 | 892 | 00:16:59 | 00:41:32.70 | 00:42:07.60 | 7:50 | 7.7 |
| 893 | SŁOTA JUSTYNA | 332 | MIECHOWICKA GRUPA BIEGOWA | RUDA ŚLAŚKA | POLSKA | 40-49 | 318 | 893 | 00:16:27 | 00:41:14.60 | 00:42:07.85 | 7:46 | 7.7 |
| 894 | CZARNECKA MAŁGORZATA | 75 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 319 | 894 | 00:16:22 | 00:41:20.70 | 00:42:07.95 | 7:47 | 7.7 |
| 895 | JEZIOROWSKA-CAPANDA PATRYCJA | 419 | | CZERWIONKA | POLSKA | 20-29 | 136 | 895 | 00:16:59 | 00:41:33.45 | 00:42:08.35 | 7:50 | 7.7 |
| 896 | SKOCZYKŁODA IWONA | 290 | KOLONIE | MIKOŁÓW | POLSKA | 40-49 | 324 | 896 | 00:17:25 | 00:42:16.80 | 00:42:52.75 | 7:58 | 7.5 |
| 897 | MALINOWSKA JUSTYNA | 1222 | KOLONIE | MIKOŁÓ | POLSKA | 40-49 | 323 | 897 | 00:17:22 | 00:42:15.65 | 00:42:52.80 | 7:58 | 7.5 |
| 898 | GAJDA ALEKSANDRA | 477 | | RYBNIK | POLSKA | 40-49 | 325 | 898 | 00:17:50 | 00:42:24.10 | 00:42:57.50 | 8:00 | 7.5 |

KOBIETY NA 5+ :: BIEG, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 2.5km | Netto | Brutto | min/km | km/h |
|------|---------------------------|------|--|----------------------|--------|-------|--------|-----|----------|-------------|-------------|--------|------|
| 899 | LORENZ IWONA | 1302 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 326 | 899 | 00:16:56 | 00:42:43.55 | 00:43:01.80 | 8:03 | 7.4 |
| 900 | KĄDZIOŁKA EMILIA | 55 | | GLIWICE | POLSKA | 50-59 | 51 | 900 | 00:17:18 | 00:42:20.75 | 00:43:02.40 | 7:59 | 7.5 |
| 901 | WAJMAN KATARZYNA | 44 | | GLIWICE | POLSKA | 30-39 | 365 | 901 | 00:17:59 | 00:42:21.20 | 00:43:02.40 | 7:59 | 7.5 |
| 902 | HAJDUCZEK-ZIELONKA TERESA | 646 | KAJ TA META | RYBNIK | POLSKA | 60+ | 12 | 902 | 00:17:53 | 00:42:43.35 | 00:43:02.45 | 8:03 | 7.4 |
| 903 | MAGIEREK MAGDALENA | 645 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 364 | 903 | 00:17:58 | 00:42:19.70 | 00:43:02.45 | 7:59 | 7.5 |
| 904 | ARENDARCZYK ANNA | 559 | BIELSZCZANKI BIEGAJĄ | KĘTY | POLSKA | 40-49 | 322 | 904 | 00:17:11 | 00:42:09.85 | 00:43:05.85 | 7:57 | 7.5 |
| 905 | SPYRKA NATALIA | 261 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 137 | 905 | 00:17:18 | 00:43:00.00 | 00:43:14.85 | 8:06 | 7.4 |
| 906 | VAIDYAN GRAŻYNA | 574 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 60+ | 13 | 906 | 00:17:08 | 00:43:15.55 | 00:43:18.10 | 8:09 | 7.3 |
| 907 | GIBAS AMANDA | 569 | KLUB BIEGACZA FARTLEK | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 367 | 907 | 00:17:18 | 00:43:18.15 | 00:43:51.75 | 8:10 | 7.3 |
| 908 | SZCZEGODZINSKA KASIA | 601 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 366 | 908 | 00:17:51 | 00:43:00.40 | 00:43:55.65 | 8:06 | 7.4 |
| 909 | DUBIEL JOANNA | 651 | DUBIEL CLUB | WODZISŁAW ŚLĄSKI | POLSKA | 40-49 | 327 | 909 | 00:18:16 | 00:43:06.85 | 00:43:59.10 | 8:08 | 7.4 |
| 910 | STAROŃ MARLENA | 855 | MORS HUBERTUS MYSŁOWICE | DĄBROWA GÓRNICZA | POLSKA | 30-39 | 368 | 910 | 00:17:14 | 00:43:19.70 | 00:44:00.75 | 8:10 | 7.3 |
| 911 | PIETRASZEK EWA | 552 | WARAHA ŚLĄSK | CHORZÓW | POLSKA | 50-59 | 52 | 911 | 00:18:37 | 00:43:16.40 | 00:44:02.35 | 8:10 | 7.3 |
| 912 | SITARSKA AGNIESZKA | 493 | WATAHA | RUDA ŚLĄSKA | POLSKA | 40-49 | 328 | 912 | 00:18:37 | 00:43:17.20 | 00:44:02.45 | 8:10 | 7.3 |
| 913 | ŁEMPICKA LILIANA | 756 | POZYTYWNE BIELSKO | BIELSKO-BIAŁA | POLSKA | 60+ | 14 | 913 | 00:18:13 | 00:43:28.90 | 00:44:06.65 | 8:12 | 7.3 |
| 914 | MAJCHRZYK LIDIA | 1011 | | KNURÓW | POLSKA | 50-59 | 53 | 914 | 00:18:19 | 00:43:36.15 | 00:44:22.85 | 8:13 | 7.3 |
| 915 | VAIDYAN ELIZA | 557 | | OPOLE | POLSKA | 30-39 | 370 | 915 | 00:18:26 | 00:44:22.40 | 00:44:25.20 | 8:22 | 7.2 |
| 916 | WOJTAŁ DANKA | 770 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 330 | 916 | 00:17:41 | 00:43:48.15 | 00:44:46.60 | 8:15 | 7.3 |
| 917 | DANIKIEWICZ WIOLLETTA | 937 | ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE | CZECHOWICE-DZIEDZICE | POLSKA | 40-49 | 331 | 917 | 00:18:43 | 00:44:01.05 | 00:44:54.40 | 8:18 | 7.2 |
| 918 | WOLNIK EWELINA | 623 | | MIKOŁÓW | POLSKA | 40-49 | 333 | 918 | 00:18:01 | 00:44:56.50 | 00:45:07.15 | 8:28 | 7.1 |
| 919 | ŚLEDŹ ANNA | 563 | SZARE MORSY | ŻORY | POLSKA | 40-49 | 332 | 919 | 00:18:54 | 00:44:50.85 | 00:45:32.35 | 8:27 | 7.1 |
| 920 | DOMINIAK MONIKA | 201 | | ŻORY | POLSKA | 40-49 | 334 | 920 | 00:18:58 | 00:45:05.80 | 00:45:47.75 | 8:30 | 7.1 |
| 921 | SADOWSKA NATALIA | 461 | | TYCHY | POLSKA | 50-59 | 54 | 921 | 00:18:55 | 00:45:16.55 | 00:45:59.80 | 8:32 | 7 |
| 922 | KALUS WIOLETTA | 898 | | SUSZEC | POLSKA | 30-39 | 371 | 922 | 00:18:53 | 00:45:13.30 | 00:45:59.90 | 8:31 | 7 |
| 923 | STRZODA BARBARA | 222 | PSZCZYNA BIEGA | CZARKÓW | POLSKA | 30-39 | 369 | 923 | 00:18:42 | 00:43:47.55 | 00:46:09.65 | 8:15 | 7.3 |
| 924 | GUZENDA EWA | 771 | | RYBNIK | POLSKA | 40-49 | 329 | 924 | 00:19:36 | 00:43:36.80 | 00:46:11.20 | 8:13 | 7.3 |
| 925 | KORDOŃ ŻANETA | 297 | SGB LET'S GO | SUSZEC | POLSKA | 20-29 | 139 | 925 | 00:19:06 | 00:46:02.10 | 00:46:21.75 | 8:41 | 6.9 |
| 926 | KROCHMAŁSKA JADWIGA | 813 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 40-49 | 336 | 926 | 00:18:58 | 00:45:31.60 | 00:46:26.70 | 8:35 | 7 |
| 927 | MATUĆ KAROLINA | 398 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 20-29 | 138 | 927 | 00:19:00 | 00:45:33.30 | 00:46:26.85 | 8:35 | 7 |
| 928 | ZACHŁOD JOANNA | 473 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 30-39 | 372 | 928 | 00:18:59 | 00:45:32.65 | 00:46:27.00 | 8:35 | 7 |
| 929 | GÓRNICZ PATRYCJA | 633 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 30-39 | 373 | 929 | 00:18:36 | 00:46:07.45 | 00:46:52.15 | 8:42 | 6.9 |
| 930 | BAZGIER MAGDALENA | 607 | | JASTRZĘBIE ZDRÓJ | POLSKA | 30-39 | 374 | 930 | 00:18:36 | 00:46:20.10 | 00:47:04.80 | 8:44 | 6.9 |
| 931 | BAGIŃSKA PAULINA | 561 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 20-29 | 141 | 931 | 00:18:40 | 00:46:36.00 | 00:47:06.35 | 8:47 | 6.8 |
| 932 | BAGIŃSKA BEATA | 665 | | JASTRZĘBIE-ZDRÓJ | POLSKA | 40-49 | 337 | 932 | 00:18:40 | 00:46:36.30 | 00:47:06.65 | 8:47 | 6.8 |
| 933 | GRZESICA AGNIESZKA | 883 | MORS HUBERTUS MYSŁOWICE | SIEMIANOWICE ŚLĄSKIE | POLSKA | 20-29 | 140 | 933 | 00:19:35 | 00:46:27.35 | 00:47:11.35 | 8:45 | 6.8 |
| 934 | DZIENDZIEL RENATA | 1087 | FABRYKA FORMY ŻORY | GOGOŁOWA | POLSKA | 40-49 | 335 | 934 | 00:20:26 | 00:45:25.90 | 00:48:02.30 | 8:34 | 7 |
| 935 | TRELA KRYSZYNA | 822 | MORS HUBERTUS MYSŁOWICE | MYSŁOWICE | POLSKA | 50-59 | 55 | 935 | 00:20:37 | 00:48:57.60 | 00:49:40.85 | 9:14 | 6.5 |
| 936 | MECHA DOROTA | 775 | | SKOCZÓW | POLSKA | 50-59 | 56 | 936 | 00:20:48 | 00:49:36.70 | 00:50:20.90 | 9:21 | 6.4 |
| 937 | FERENC SONIA | 1054 | | JASTRZĘBIE ZDRÓJ | POLSKA | 40-49 | 338 | 937 | 00:21:30 | 00:50:31.95 | 00:53:10.25 | 9:32 | 6.3 |
| 938 | DYGAN JAGODA | 988 | | KRAPKOWICE | POLSKA | 30-39 | 375 | 938 | 00:21:52 | 00:52:31.25 | 00:53:27.70 | 9:54 | 6.1 |
| 939 | KRAKOWSKA ANGELIKA | 175 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | POLSKA | 20-29 | 142 | 939 | 00:21:41 | 00:50:52.80 | 00:53:30.75 | 9:36 | 6.2 |