



# KOBIETY NA 5+ :: BIEG

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** "Kobiety na 5+" Jastrzębski Bieg Kobiet  
**Organizator:** Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój  
**Data:** 2023-05-21  
**Miejsce:** Jastrzębie-Zdrój  
**Dystans:** 5.3 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: 50-59 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Drużyna 2	Czas startu	Zawrotka 2.5km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
1	<b>GOS Barbara</b>	<b>195</b>	RUN&FUN	50-59 lat	1	Run&Fun		00:00:00	00:09:26	<b>00:21:51.65</b>	<b>00:21:51.65</b>		4:07	14.6
2	<b>MALEJKA Katarzyna</b>	<b>460</b>		50-59 lat	2	Run&Fun	E&K	00:00:00	00:09:36	<b>00:22:30.00</b>	<b>00:22:30.00</b>	+00:00:38	4:14	14.1
3	<b>NOWAK Ewa</b>	<b>548</b>		50-59 lat	3	Run&Fun	E&K	00:00:00	00:10:28	<b>00:24:39.25</b>	<b>00:24:39.25</b>	+00:02:47	4:39	12.9
4	<b>NOWAK Beata</b>	<b>550</b>		50-59 lat	4	Olza Cieszyn	BiS	00:00:00	00:10:29	<b>00:24:57.00</b>	<b>00:24:57.00</b>	+00:03:05	4:42	12.7
5	<b>KILAROVÁ Jana</b>	<b>308</b>	MK SEITL	50-59 lat	5			00:00:00	00:10:35	<b>00:25:19.35</b>	<b>00:25:19.35</b>	+00:03:27	4:46	12.6
6	<b>FURMANEK Ela</b>	<b>154</b>	HURAGAN LIGOTA	50-59 lat	6			00:00:00	00:11:21	<b>00:25:51.40</b>	<b>00:25:51.40</b>	+00:03:59	4:52	12.3
7	<b>PAWŁOWSKA Beata</b>	<b>598</b>	RADLINIOKI W BIEGU	50-59 lat	7			00:00:00	00:10:46	<b>00:25:58.85</b>	<b>00:25:58.85</b>	+00:04:07	4:53	12.2
8	<b>POPEK Barbara</b>	<b>626</b>	SOBIESKI6	50-59 lat	8	Sobieski6	Sobieski6	00:00:00	00:10:40	<b>00:26:12.65</b>	<b>00:26:12.65</b>	+00:04:21	4:56	12.1
9	<b>RAZIK Grażyna</b>	<b>645</b>		50-59 lat	9		Golden Team	00:00:00	00:11:11	<b>00:26:16.60</b>	<b>00:26:16.60</b>	+00:04:24	4:57	12.1
10	<b>SICH-SOSNA Agnieszka</b>	<b>675</b>		50-59 lat	10	Matki żony i biegaczki		00:00:00	00:11:45	<b>00:26:38.65</b>	<b>00:26:38.65</b>	+00:04:47	5:01	11.9
11	<b>BASISTA Kasia</b>	<b>20</b>	PIRATKI Z SZARLOTY	50-59 lat	11	Piratki z Szarloty	Piratki z Szarloty	00:00:00	00:11:25	<b>00:26:44.30</b>	<b>00:26:44.30</b>	+00:04:52	5:02	11.9
12	<b>RAŻNIAK Beata</b>	<b>646</b>	KOBIETY NA 5+	50-59 lat	12	Kobiety na 5+		00:00:00	00:11:40	<b>00:27:01.05</b>	<b>00:27:01.05</b>	+00:05:09	5:05	11.8
13	<b>MRACHACZ Dorota</b>	<b>511</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	13	Miechowicka Grupa Biegowa	LIGÓWKI	00:00:00	00:12:20	<b>00:27:13.95</b>	<b>00:27:13.95</b>	+00:05:22	5:08	11.7
14	<b>PŁASKA Barbara</b>	<b>620</b>	KOBIETY NA 5+	50-59 lat	14	Kobiety na 5+		00:00:00	00:11:43	<b>00:27:37.65</b>	<b>00:27:37.65</b>	+00:05:46	5:12	11.5
15	<b>NYKIEL Małgorzata</b>	<b>556</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	15	Miechowicka Grupa Biegowa	LIGÓWKI	00:00:00	00:11:46	<b>00:27:40.85</b>	<b>00:27:40.85</b>	+00:05:49	5:13	11.5
16	<b>WERNIK Katarzyna</b>	<b>799</b>		50-59 lat	16			00:00:00	00:11:49	<b>00:27:43.50</b>	<b>00:27:43.50</b>	+00:05:51	5:13	11.5
17	<b>FRYSZTACKA Barbara</b>	<b>153</b>		50-59 lat	17			00:00:00	00:11:30	<b>00:27:51.30</b>	<b>00:27:51.30</b>	+00:05:59	5:15	11.4
18	<b>SKRZYPOSZEK Małgorzata</b>	<b>689</b>	WARTKIE PIERONY	50-59 lat	18	Wartkie Pierony		00:00:00	00:12:04	<b>00:28:01.70</b>	<b>00:28:01.70</b>	+00:06:10	5:17	11.4
19	<b>WYCISK Lidia</b>	<b>835</b>		50-59 lat	19			00:00:00	00:12:07	<b>00:28:15.20</b>	<b>00:28:15.20</b>	+00:06:23	5:19	11.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Drużyna 2	Czas startu	Zawrotka 2.5km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
20	ZARAŃSKA Izabela	845		50-59 lat	20	Miechowicka Grupa Biegowa		00:00:00	00:12:30	00:28:46.95	00:28:46.95	+00:06:55	5:25	11.1
21	RANSZ Beata	643	PRZYJACIÓŁKI DO SPÓŁKI	50-59 lat	21			00:00:00	00:12:17	00:28:54.90	00:28:54.90	+00:07:03	5:27	11
22	CHROBOK Józefa	85	OLZA CIESZYN	50-59 lat	22	Olza Cieszyn		00:00:00	00:12:13	00:28:55.65	00:28:55.65	+00:07:04	5:27	11
23	RZEPECKA Bożena	667	OLZA CIESZYN	50-59 lat	23	Olza Cieszyn		00:00:00	00:12:14	00:28:55.75	00:28:55.75	+00:07:04	5:27	11
24	KULIŃSKA Bożena	394	CHWALISZ CZY NIE CHWALISZ LOTEJ Z NAMI	50-59 lat	24			00:00:00	00:12:06	00:28:57.45	00:28:57.45	+00:07:05	5:27	11
25	GABRUŚ Iwona	156	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	50-59 lat	25			00:00:00	00:12:35	00:29:10.35	00:29:10.35	+00:07:18	5:30	10.9
26	CHYTROSZEK Eleonora	87		50-59 lat	26			00:00:00	00:12:31	00:29:12.35	00:29:12.35	+00:07:20	5:30	10.9
27	KMIECIAK Grażyna	325		50-59 lat	27			00:00:00	00:12:20	00:29:28.00	00:29:28.00	+00:07:36	5:33	10.8
28	PYTEL Renata	638	SOBIESKI	50-59 lat	28		Sobieski6	00:00:00	00:12:11	00:29:36.30	00:29:36.30	+00:07:44	5:35	10.7
29	PUDA Dorota	636	KOBIETY NA 5+	50-59 lat	29	Kobiety na 5+		00:00:00	00:12:37	00:29:36.70	00:29:36.70	+00:07:45	5:35	10.7
30	KUSA Aleksandra	403		50-59 lat	30			00:00:00	00:12:37	00:29:55.15	00:29:55.15	+00:08:03	5:38	10.6
31	GRABOWSKA Katarzyna	203		50-59 lat	31			00:00:00	00:12:51	00:30:03.90	00:30:03.90	+00:08:12	5:40	10.6
32	SKOTNICKA Urszula	685	NIE ZRZESZONA	50-59 lat	32			00:00:00	00:12:33	00:30:21.00	00:30:21.00	+00:08:29	5:43	10.5
33	JANICKA Sylwia	249	DRUZYNA KOPERNIKA	50-59 lat	33			00:00:00	00:13:08	00:30:30.00	00:30:30.00	+00:08:38	5:45	10.4
34	GORYCKA Katarzyna	193	GRUPETTO POGWIZDÓW	50-59 lat	34			00:00:00	00:13:23	00:30:31.35	00:30:31.35	+00:08:39	5:45	10.4
35	BAJCAR Beata	11	KOBIETY NA 5+	50-59 lat	35	Kobiety na 5+		00:00:00	00:12:53	00:30:34.90	00:30:34.90	+00:08:43	5:46	10.4
36	MAĆKÓW Agnieszka	450		50-59 lat	36			00:00:00	00:13:11	00:30:59.60	00:30:59.60	+00:09:07	5:50	10.3
37	SOCHA Marlena	709	WARTKIE PIERONY	50-59 lat	37	Wartkie Pierony		00:00:00	00:13:21	00:31:26.55	00:31:26.55	+00:09:34	5:55	10.1
38	HORAK Alina	233	-----	50-59 lat	38			00:00:00	00:13:35	00:31:33.60	00:31:33.60	+00:09:41	5:57	10.1
39	JASTRZĘBSKA Ewa	266		50-59 lat	39			00:00:00	00:13:31	00:31:33.95	00:31:33.95	+00:09:42	5:57	10.1
40	CIEŚLA Edyta	92		50-59 lat	40			00:00:00	00:13:49	00:31:34.45	00:31:34.45	+00:09:42	5:57	10.1
41	MAŚLANKA Sabina	476		50-59 lat	41			00:00:00	00:14:34	00:31:38.25	00:31:38.25	+00:09:46	5:58	10.1
42	KRZYŻOWSKA Izabela	378		50-59 lat	42			00:00:00	00:13:37	00:31:44.10	00:31:44.10	+00:09:52	5:59	10
43	POCIENNIK Justyna	623	BRYKAJĄCA GRUPA BIEGOWA	50-59 lat	43			00:00:00	00:13:16	00:31:46.50	00:31:46.50	+00:09:54	5:59	10
44	KASPRZYCKA SZUBARSKA Katarzyna	300	PARKRUN CIESZYN	50-59 lat	44			00:00:00	00:13:50	00:32:00.75	00:32:00.75	+00:10:09	6:02	9.9
45	OZDARSKA Beata	571	WARTKIE PIERONY	50-59 lat	45	Wartkie Pierony		00:00:00	00:13:21	00:32:05.85	00:32:05.85	+00:10:14	6:03	9.9

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46	<b>GOJ Hanna</b>	<b>187</b>	MORS HUBERTUS MYSŁOWICE	50-59 lat	46	Mors Hubertus		00:00:00	00:13:31	<b>00:32:06.05</b>	<b>00:32:06.05</b>	+00:10:14	6:03	9.9
47	<b>DZIUK Jolanta</b>	<b>136</b>		50-59 lat	47			00:00:00	00:12:55	<b>00:32:10.25</b>	<b>00:32:10.25</b>	+00:10:18	6:04	9.9
48	<b>CICHECKA Jolanta</b>	<b>88</b>		50-59 lat	48		rude ze śląska	00:00:00	00:13:52	<b>00:32:22.55</b>	<b>00:32:22.55</b>	+00:10:30	6:06	9.8
49	<b>ŁUSZCZ Magdalena</b>	<b>448</b>	SILESIA MARATHON CLUB	50-59 lat	49			00:00:00	00:13:43	<b>00:32:37.90</b>	<b>00:32:37.90</b>	+00:10:46	6:09	9.7
50	<b>GĘBOŁYŚ Beata</b>	<b>177</b>	CHWALISZ CZY NIE CHWALISZ LOTEJ Z NAMI	50-59 lat	50	Chwalisz czy nie chwalisz lotej z nami	B&S	00:00:00	00:13:39	<b>00:32:44.60</b>	<b>00:32:44.60</b>	+00:10:52	6:10	9.7
51	<b>KORCZEWSKA Beata</b>	<b>349</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	51	Miechowicka Grupa Biegowa		00:00:00	00:13:44	<b>00:32:45.30</b>	<b>00:32:45.30</b>	+00:10:53	6:10	9.7
52	<b>PIJARSKA Bożena</b>	<b>609</b>		50-59 lat	52			00:00:00	00:13:52	<b>00:33:12.60</b>	<b>00:33:12.60</b>	+00:11:20	6:15	9.6
53	<b>NALEWAJKA Wioleta</b>	<b>526</b>	KOBIETY NA 5+	50-59 lat	53	Kobiety na 5+		00:00:00	00:13:05	<b>00:33:22.30</b>	<b>00:33:22.30</b>	+00:11:30	6:17	9.5
54	<b>WAWER Kasia</b>	<b>794</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	54	Miechowicka Grupa Biegowa		00:00:00	00:14:37	<b>00:33:32.85</b>	<b>00:33:32.85</b>	+00:11:41	6:19	9.5
55	<b>KORNACKA Wioletta</b>	<b>351</b>		50-59 lat	55			00:00:00	00:14:08	<b>00:33:40.70</b>	<b>00:33:40.70</b>	+00:11:49	6:21	9.4
56	<b>CELER Iwona</b>	<b>80</b>		50-59 lat	56			00:00:00	00:14:16	<b>00:33:48.50</b>	<b>00:33:48.50</b>	+00:11:56	6:22	9.4
57	<b>LUBER Beata</b>	<b>437</b>	JUST FOR FUN	50-59 lat	57	JUST FOR FUN		00:00:00	00:13:48	<b>00:33:49.45</b>	<b>00:33:49.45</b>	+00:11:57	6:22	9.4
58	<b>BURNAGIEL Agata</b>	<b>73</b>	HRMAX DZIOŁSZKI	50-59 lat	58	HRmax dziółszki		00:00:00	00:15:00	<b>00:34:02.75</b>	<b>00:34:02.75</b>	+00:12:11	6:25	9.3
59	<b>KOHUTKOVÁ Miroslava</b>	<b>332</b>	OSTRAVSKÉ BĚHNIČKY	50-59 lat	59			00:00:00	00:14:50	<b>00:34:07.95</b>	<b>00:34:07.95</b>	+00:12:16	6:26	9.3
60	<b>DOBOSZ Ilona</b>	<b>114</b>		50-59 lat	60			00:00:00	00:13:54	<b>00:34:11.15</b>	<b>00:34:11.15</b>	+00:12:19	6:26	9.3
61	<b>ADAMCZAK Renata</b>	<b>3</b>		50-59 lat	61			00:00:00	00:14:42	<b>00:34:21.00</b>	<b>00:34:21.00</b>	+00:12:29	6:28	9.3
62	<b>DĘBOWSKA Beata</b>	<b>111</b>		50-59 lat	62			00:00:00	00:14:11	<b>00:34:27.40</b>	<b>00:34:27.40</b>	+00:12:35	6:30	9.2
63	<b>BEDNAREK Jolanta</b>	<b>25</b>		50-59 lat	63			00:00:00	00:14:32	<b>00:34:40.20</b>	<b>00:34:40.20</b>	+00:12:48	6:32	9.2
64	<b>KALITA Anna</b>	<b>288</b>	INCOLA	50-59 lat	64	INCOLA TEAM		00:00:00	00:15:24	<b>00:35:26.05</b>	<b>00:35:26.05</b>	+00:13:34	6:41	9
65	<b>BIELA Małgorzata</b>	<b>38</b>	KOBIETY NA 5+	50-59 lat	65	Kobiety na 5+		00:00:00	00:14:48	<b>00:35:48.30</b>	<b>00:35:48.30</b>	+00:13:56	6:45	8.9
66	<b>MATUSZEK Dorota</b>	<b>480</b>		50-59 lat	66			00:00:00	00:15:29	<b>00:35:48.60</b>	<b>00:35:48.60</b>	+00:13:56	6:45	8.9
67	<b>OBERSKA Sylwia</b>	<b>557</b>		50-59 lat	67			00:00:00	00:14:56	<b>00:35:52.95</b>	<b>00:35:52.95</b>	+00:14:01	6:46	8.9
68	<b>SKÓRA Joanna</b>	<b>686</b>		50-59 lat	68			00:00:00	00:14:59	<b>00:35:54.85</b>	<b>00:35:54.85</b>	+00:14:03	6:46	8.9
69	<b>WOJTOŃ-STAWICKA Małgorzata</b>	<b>819</b>	RUNTEAM PAWŁOWICE	50-59 lat	69	RUNTEAM Pawłowice		00:00:00	00:15:43	<b>00:36:01.15</b>	<b>00:36:01.15</b>	+00:14:09	6:47	8.8

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70	<b>PAJĄK Małgorzata</b>	<b>578</b>	KOBIETY NA 5+	50-59 lat	70	Kobiety na 5+		00:00:00	00:14:37	<b>00:36:07.10</b>	<b>00:36:07.10</b>	+00:14:15	6:48	8.8
71	<b>KOMOROWSKA Bożena</b>	<b>337</b>	DRUŻYNA KOPERNIKA	50-59 lat	71			00:00:00	00:15:31	<b>00:36:13.75</b>	<b>00:36:13.75</b>	+00:14:22	6:50	8.8
72	<b>RESZTAK Małgorzata</b>	<b>649</b>		50-59 lat	72			00:00:00	00:14:55	<b>00:36:33.90</b>	<b>00:36:33.90</b>	+00:14:42	6:53	8.7
73	<b>MICHALSKA Beata</b>	<b>493</b>	WARTKIE PIERONY	50-59 lat	73	Wartkie Pierony		00:00:00	00:15:10	<b>00:36:35.40</b>	<b>00:36:35.40</b>	+00:14:43	6:54	8.7
74	<b>MACHEJ Małgorzata</b>	<b>449</b>		50-59 lat	74			00:00:00	00:15:29	<b>00:36:36.45</b>	<b>00:36:36.45</b>	+00:14:44	6:54	8.7
75	<b>TOCHACZEK Barbara</b>	<b>777</b>	PARK RAN	50-59 lat	75	Cieszyn		00:00:00	00:15:10	<b>00:36:40.55</b>	<b>00:36:40.55</b>	+00:14:48	6:55	8.7
76	<b>LESZCZYŃSKA Violetta</b>	<b>426</b>		50-59 lat	76			00:00:00	00:16:36	<b>00:36:42.25</b>	<b>00:36:42.25</b>	+00:14:50	6:55	8.7
77	<b>FRANKOWSKA Ania</b>	<b>152</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	77	Miechowicka Grupa Biegowa		00:00:00	00:15:32	<b>00:36:43.20</b>	<b>00:36:43.20</b>	+00:14:51	6:55	8.7
78	<b>MAJER Marzena</b>	<b>457</b>	TEAM AERO ŻÓŁWIKI	50-59 lat	78			00:00:00	00:17:33	<b>00:36:51.95</b>	<b>00:36:51.95</b>	+00:15:00	6:57	8.6
79	<b>OLCZYK Wioletta</b>	<b>558</b>	KOBIETY NA 5+	50-59 lat	79	Kobiety na 5+		00:00:00	00:14:30	<b>00:37:40.60</b>	<b>00:37:40.60</b>	+00:15:48	7:06	8.4
80	<b>WAWRZYK Iwona</b>	<b>796</b>	OLZA CIESZYN	50-59 lat	80	Olza Cieszyn		00:00:00	00:16:08	<b>00:37:44.70</b>	<b>00:37:44.70</b>	+00:15:53	7:07	8.4
81	<b>KOWALSKA Małgorzata</b>	<b>361</b>		50-59 lat	81			00:00:00	00:15:59	<b>00:37:47.45</b>	<b>00:37:47.45</b>	+00:15:55	7:07	8.4
82	<b>HABER Katarzyna</b>	<b>219</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	82	Miechowicka Grupa Biegowa		00:00:00	00:16:05	<b>00:37:49.00</b>	<b>00:37:49.00</b>	+00:15:57	7:08	8.4
83	<b>KNAP Beata</b>	<b>326</b>		50-59 lat	83			00:00:00	00:15:49	<b>00:37:53.00</b>	<b>00:37:53.00</b>	+00:16:01	7:08	8.4
84	<b>POCENTAJŁO Beata</b>	<b>622</b>	INTERNATIONAL RUINING KLUB	50-59 lat	84			00:00:00	00:15:32	<b>00:37:55.70</b>	<b>00:37:55.70</b>	+00:16:04	7:09	8.4
85	<b>KLUSKA Sylwia</b>	<b>318</b>	HURAGAN LIGOTA	50-59 lat	85			00:00:00	00:15:49	<b>00:38:10.35</b>	<b>00:38:10.35</b>	+00:16:18	7:12	8.3
86	<b>ZWIOREK - ROTKEGEL Anna</b>	<b>859</b>		50-59 lat	86	Miechowicka Grupa Biegowa		00:00:00	00:16:12	<b>00:38:27.35</b>	<b>00:38:27.35</b>	+00:16:35	7:15	8.3
87	<b>STYRNOL Beata</b>	<b>734</b>		50-59 lat	87			00:00:00	00:17:13	<b>00:38:28.40</b>	<b>00:38:28.40</b>	+00:16:36	7:15	8.3
88	<b>RĘKAL Dorota</b>	<b>651</b>		50-59 lat	88	Byle Do Mety		00:00:00	00:15:39	<b>00:38:29.95</b>	<b>00:38:29.95</b>	+00:16:38	7:15	8.3
89	<b>BRODA Beata</b>	<b>62</b>		50-59 lat	89			00:00:00	00:16:17	<b>00:38:41.70</b>	<b>00:38:41.70</b>	+00:16:50	7:17	8.2
90	<b>KOŁODZIEJ Ewa</b>	<b>335</b>		50-59 lat	90			00:00:00	00:15:36	<b>00:38:41.80</b>	<b>00:38:41.80</b>	+00:16:50	7:17	8.2
91	<b>SOKÓŁ-OLEŚ Ewelina</b>	<b>711</b>	RUNTEAM PAWŁOWICE	50-59 lat	91	RUNTEAM Pawłowice	RUNTEAM....ówki	00:00:00	00:17:09	<b>00:38:55.25</b>	<b>00:38:55.25</b>	+00:17:03	7:20	8.2
92	<b>NIEDZIOŁKO Bożena</b>	<b>537</b>	KOBIETY NA 5+	50-59 lat	92	Kobiety na 5+		00:00:00	00:16:11	<b>00:39:00.50</b>	<b>00:39:00.50</b>	+00:17:08	7:21	8.2
93	<b>KOWALSKA Dorota</b>	<b>362</b>	SBD ENERGETYK RYBNIK	50-59 lat	93			00:00:00	00:16:18	<b>00:40:08.10</b>	<b>00:40:08.10</b>	+00:18:16	7:34	7.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Drużyna 2	Czas startu	Zawrotka 2.5km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
94	<b>ZIEJA Iza</b>	<b>853</b>		50-59 lat	94	Sądówki		00:00:00	00:16:55	<b>00:40:24.15</b>	<b>00:40:24.15</b>	+00:18:32	7:37	7.9
95	<b>BLOCH Katarzyna</b>	<b>47</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	95	Miechowicka Grupa Biegowa		00:00:00	00:16:35	<b>00:40:29.25</b>	<b>00:40:29.25</b>	+00:18:37	7:38	7.9
96	<b>KAWCZYŃSKA Wiesława</b>	<b>302</b>		50-59 lat	96			00:00:00	00:17:59	<b>00:40:43.90</b>	<b>00:40:43.90</b>	+00:18:52	7:40	7.8
97	<b>GAPIŃSKA Agata</b>	<b>167</b>		50-59 lat	97			00:00:00	00:16:49	<b>00:40:55.60</b>	<b>00:40:55.60</b>	+00:19:03	7:43	7.8
98	<b>MARUSZCZAK Justyna</b>	<b>473</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	98	Miechowicka Grupa Biegowa		00:00:00	00:17:03	<b>00:41:11.05</b>	<b>00:41:11.05</b>	+00:19:19	7:46	7.7
99	<b>PAWŁOWICZ Marzena</b>	<b>597</b>		50-59 lat	99			00:00:00	00:17:00	<b>00:42:03.55</b>	<b>00:42:03.55</b>	+00:20:11	7:56	7.6
100	<b>KOSOWSKA Grażyna</b>	<b>354</b>	KOBIETY NA 5+	50-59 lat	100	Kobiety na 5+		00:00:00	00:18:39	<b>00:42:06.85</b>	<b>00:42:06.85</b>	+00:20:15	7:56	7.6
101	<b>CZARNECKA Małgorzata</b>	<b>96</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	101	Miechowicka Grupa Biegowa		00:00:00	00:17:33	<b>00:42:32.25</b>	<b>00:42:32.25</b>	+00:20:40	8:01	7.5
102	<b>WOJTAL Danuta</b>	<b>816</b>		50-59 lat	102			00:00:00	00:18:53	<b>00:44:44.95</b>	<b>00:44:44.95</b>	+00:22:53	8:26	7.1
103	<b>KROCHMAŁSKA Jadwiga</b>	<b>372</b>	MIECHOWICKA GRUPA BIEGOWA	50-59 lat	103	Miechowicka Grupa Biegowa		00:00:00	00:18:42	<b>00:45:06.60</b>	<b>00:45:06.60</b>	+00:23:14	8:30	7.1
104	<b>WILK Izabela</b>	<b>806</b>	WATAHA	50-59 lat	104	WATAHA		00:00:00	00:18:52	<b>00:45:47.00</b>	<b>00:45:47.00</b>	+00:23:55	8:38	6.9
105	<b>KODURA Joanna</b>	<b>331</b>	OCZEK TEAM	50-59 lat	105		Oczek Team	00:00:00	00:20:26	<b>00:46:01.35</b>	<b>00:46:01.35</b>	+00:24:09	8:40	6.9
106	<b>KUŚMIRSKA-KUBAS Alina</b>	<b>410</b>	KLUB BIEGACZA FARTLEK	50-59 lat	106	Klub Biegacza Fartlek		00:00:00	00:18:52	<b>00:46:48.05</b>	<b>00:46:48.05</b>	+00:24:56	8:49	6.8
107	<b>WIŚNIEWSKA Janina</b>	<b>809</b>		50-59 lat	107			00:00:00	00:19:59	<b>00:47:08.60</b>	<b>00:47:08.60</b>	+00:25:16	8:53	6.7
108	<b>ARENDARCZYK Anna</b>	<b>9</b>		50-59 lat	108			00:00:00	00:19:15	<b>00:47:17.05</b>	<b>00:47:17.05</b>	+00:25:25	8:55	6.7
109	<b>CIEŚLIŃSKA Jola</b>	<b>93</b>		50-59 lat	109			00:00:00	00:20:53	<b>00:47:53.60</b>	<b>00:47:53.60</b>	+00:26:01	9:02	6.6
110	<b>JANKOWSKA Anita</b>	<b>255</b>		50-59 lat	110			00:00:00	00:21:18	<b>00:50:22.60</b>	<b>00:50:22.60</b>	+00:28:30	9:30	6.3
111	<b>BUJOK Urszula</b>	<b>559</b>	PIGULY	50-59 lat	111	PiguaTeam		00:00:00	00:23:31	<b>00:53:29.85</b>	<b>00:53:29.85</b>	+00:31:38	10:05	5.9

Znaleziono 111 wynik(ów)